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AND
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Official Province of Nova Scotia information
visit <https://novascotia.ca/coronavirus>

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AND
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Official Government of Canada information visit
<https://canada.ca/coronavirus> or call 1-833-784-4397

Official Cape Breton Regional Municipality information
<http://cbrm.ns.ca/coronavirus> or call 902-563-2276



FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 10, No. 27 - JULY 8th - 2020



Pig & Whistle Show

Wednesday, July 8th
2:00 - 4:00

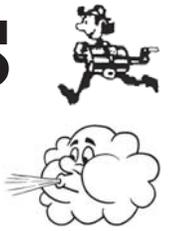
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PIERCE ST., NORTH SYDNEY



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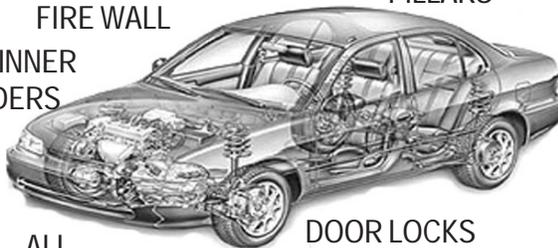
794-7500

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NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

BINGO	7	25	44	57	62
	15	22	40	50	70
	11	30	46	74	
	2	28	37	55	68
	10	27	39	59	75

WHEN: SUNDAY - 2:00 pm

Sunday BINGO CANCELLED indefinitely Updates will follow



BIRTHDAY WISHES

I would like to extend Special Birthday Wishes to my sister, Diane Bussey from Louisbourg, who will be celebrating her birthday on July 9th - Lots of love and Best Wishes from her children, her grandchildren and many, many friends - Happy Birthday Diane.

BIRTHDAY WISHES are going out to Melanie Skinner, North Sydney, who will be celebrating her birthday on July 10th - Happy Birthday from Paul and your family and Friends - Enjoy your Special Day.

HAPPY BIRTHDAY to my niece Brittany Cooke who will be celebrating her birthday on July 11th - we wish you Best Wishes and we will be able to visit you now, so save us some cake!! - Happy Birthday Brittany - Peggy and Bruce.

If you have a family member who is celebrating a birthday, simply email us the information and we will print it here in the paper free of charge.

Send you informaton to the following email address - thisweek@kleeradio.com

North Sydney Fire Hall

NOW OPEN - 10 - 11
MONDAY - SATURDAY
SUNDAY - 12 - 11
Firehouse Pizza

Thursday 4 - 12

CONTACT INFORMATION

GLEN GRAY, EDITOR
PH: 902-564-9022

Email Address
glengray@kleeradio.com

PHANTOM COUNTRY with Kenny Walsh airs on K-LEE RADIO on Sundays at 6:00, Wednesday 8:30 - the best in Classic Country Music - tune in to hear Kenny at www.kleeradio.com



Join us on our radio station every day, 24 hours a day for the very best selection of Cape Breton and Celtic Music - logon to our website to listen - www.kleeradio.com

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See TAX TIPS on page 8 and see how much you can save on this year's tax return
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MLA -Victoria-The Lakes

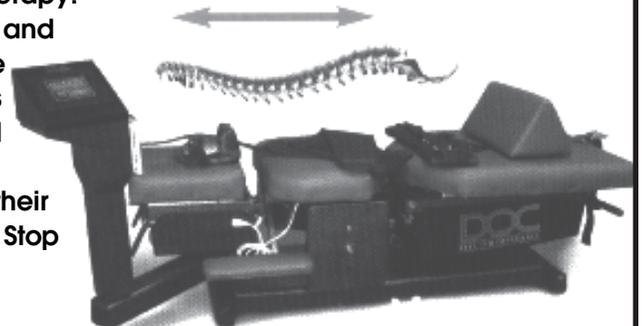
1415 Highway 105, Bras d'Or, NS, B1Y 2N5
902-736-0301 (Office)
902-736-0411 (Fax)
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

Liven Up Your Next Bar-B-Q or Campfire With Free Music Podcasts From K-LEE RADIO

This Summer while you're gathering around the campfire or enjoying a Family Bar-B-Que, let us provide the music for you. We have several Music Podcasts available on our website for you to download for your Summer entertaining.

We have the following shows available -

Jack Cool's Late Nite Oldies - 2 hours

Phantom Country with Kenny Walsh - 2hours

Glen's Golden Oldies - 1 hour format

The Sing Along Show - 1 hour format

The Pig & Whistle - hour format

Logon to or website - click on the K-LEE RADIO 2 link and download your favorite shows



* Also 150 Kids Craft Projects, Kids Radio Shows and Old Time Radio Shows available on The Podcast Page Link

www.kleeradio.com



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COMMUNITY NEWS ITEMS


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Member of Parliament
SYDNEY - VICTORIA

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jaime.battiste@parl.gc.ca

(902) 567-6275



Since the Libraries are closed and we have to stay indoors for a while, K-LEE RADIO is providing some relief in the form of audio books you can download and listen to at home.

There are some classic books like Sherlock Holmes, Tom Sawyer, Jeckyl & Hyde and other mystery and adventure books like Jack London's Adventures. Logon to www.kleeradio.com and go to the DOWNLOADS PAGE and get your free audio books.

MURRAY RYAN, MLA - Northside-Westmount

174 Commercial Street
North Sydney, NS
B2A1B4

PHONE
902-794-1030
FAX - 902-794-1029
mla@murrayryan.ca



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NOVA SCOTIA



**Official Province of
Nova Scotia information**



visit <https://novascotia.ca/coronavirus>



Sydney Mines Legion

NOW OPEN - 11:00 - 9:00

Monday - Saturday



I would like to send a special **Thank You** to the staff at **Open Hearth Park** for their use of the park facilities and help with the setting up of the equipment for our **Canada Day Party** - we met several families out enjoying the day and had some fun with the kids and the trivia questions and Giveaway Prizes - Thank you everybody for your **kind words** and support of our Canada Day event.... We have **two radio remotes** coming up next week - the first one will be broadcast from the North Sydney Fire Hall on Pierce Street on Wednesday, **July 8th** fromn 2:00 - 4:00 pm - we will be recording a Pig & Whistle Show for later broadcast on our station stop by and be a part of the broadcast - great music and we have lots of **Free Giveaways** for you to take home - the second remote is at **Ed's Bookstore** on Charlotte Street in Sydney on Thursday from 1:00 - 3:00 in the afternoon and this show will also be recorded for later **broadcast and download** on our Podcast Page - stop by if you are in the area on these days - we will be announcing more local **radio remotes** as the Summer continues and have more shows on the Northside - **Ron Gillis** has penned another song "**CNR Railroad Line**" about his life in Iona - and we will be featuring the song at the **Pig & Whistle** remote on Wednesday - **Kenny Walsh** performs the vocals and music on this song businesses are still in the start up phase as they begin to slowly open and adhere to the **COVID Guidelines** to protect their customers - the slight spark in the COVID cases are due to out of province travellers, I hope this doesn't become a big problem as we need to have our businesses open and running - don't forget to support your local **business operators** to help them during this crisis - **BUY CAPE BRETON FIRST** - Churches are slowly opening but you have to register to attend and abide by the COVID Guidelines and observe **Social Distancing** but it will be worth it to attend church services again - if your business is having a special or offering new services, please let us know and we will publicize this for you **FREE OF CHARGE** as our response to helping businesses re-open - See you at the shows - **GLEN**



Waiting On You!
DAILY SPECIALS - SENIOR MENU
CHILDREN'S MENU - TAKE OUT

Social Distancing Guidelines In Effect
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NORTHSIDE COMMUNITY NEWS/EVENTS

FREE PODCASTS TO DOWNLOAD & LISTEN

In response to the "Stay The Blazes Home" rules, K-LEE RADIO has provided several audio programs from Old Time Radio such as; Dragnet, Our Miss Brooks, Boston Blackie, Abbott & Costello, The Lone Ranger, Gunsmoke, Sherlock Homes, Irish music podcasts, local stories free to download and help relieve the boredom - Logon today - we update weekly www.kleeradio.com

LICK A TREAT



BRAS d'OR

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COMMUNITY RADIO PROGRAMMING

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences.

We broadcast 24 Hours a Day - 7 Days A Week with the Best in Cape Breton & Celtic Music - Tune in to our station



Check out the list of Kids activities we have on our website to keep your children occupied during their extended stay at home - Logon to the "DOWNLOAD" page www.kleeradio.com



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Sydney Mines Seniors & Pensioners Centre
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 Last Friday of the month 45s Card Game starting at 7:30

SUPPORT LOCAL MUSICIANS ATTEND A SHOW TODAY



The need is even greater now, please help out.

What's In A Word?

Have some fun with this puzzle - Guess the word, it is a rhyming answer. For example, a shoe tying contest is a Lace Race. The rest of the answers all rhyme. See how many you can get.

1. Sad church song
2. Scalding cauldron
3. Sheep jelly
4. Short sorrow
5. Solar joke
6. Snail pace performance
7. Single, 2000 pounds
8. Sick want
9. Silent piccolo
10. Skinny smile



See How Many You Can Guess

ANSWERS - 1. Grim Hymn, 2. Hot Pot, 3. Lamb Jam, 4. Brief Grief, 5. Sun Pun, 6. Slow Show, 7. One Ton, 8. Ill Will, 9. Mute Flute, 10. Thin Grin



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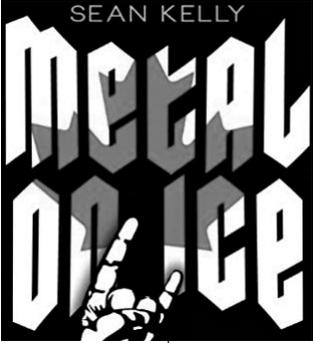


Check out our website for Kids Storytime Monday - Friday at 6 pm and also visit our **DOWNLOADS** Page and The Kids Radio Page to download over 150 Craft files, several games and audio stories for your kids to listen to at home.

- VISIT US AT THIS WEBSITE ADDRESS -
www.kleeradio.com



Canadian Sean Kelly is a guitarist who fronts his own band-Crash Kelly; he's worked with Alice Cooper, Nelly Furtado, Helix and Gilby Clarke to name just a few. Kelly's book, **"Metal on Ice: Tales from Canada's Hard Rock and Heavy Metal Heroes"** details his experiences living the 'rock and roll fantasy', and includes very interesting interviews with a number of Canadian musicians who were key players in the



Canuck hard rock scene during the 1980's and early 1990's, as they plugged it out, gig after gig, in dingy dives and hockey rinks from the east coast to the west coast, and all points in-between. On page 13 Sean wrote the following paragraph while he was on the Sunset Strip in Hollywood; "The road to Canadian musical glory is not lined with the palm trees of this fabled strip or the top down convertibles I am watching pass by. It is a road slick with black ice, obscured by blizzards and littered with moose and deer that could cause peril for a band strung out from too little sleep and too much excess as they thunder along the Trans-Canada Highway in a cube van." When I read these

lines I was immediately sold on this book. What made the book such a great read were the nods to small towns in Northwestern Ontario that I was familiar with like Wawa, North Bay, Kapuskasing, Geraldton, etc. and the litany of Canadian hard rock bands in the book like Sven Gali, Sword, Slik Toxik, Anvil, Voivod, Helix, Harem Scarem, Honeymoon Suite, and many more that I

listened to over the years. Most of them dreamed of getting that elusive record deal and making it big in America, but a lot of the time that very same record deal worked against the artist, as they

saw their dreams go 'south of the border' in a totally different way. The book has great insights into how, for instance, Lee Aaron made it big in Europe long before even being considered a serious artist in Canada; how Anvil got screwed over by record labels, and how the whole Grunge movement decimated hard rock and metal-but the internet helped revive it. I read a lot of music-based books and this one is written for hard rock fans-by a hard rock fan; it's all about the players, the musicians who dared to dream, and dared to play the game. It's a great insight into the history of Canadian hard rock/metal music and those who made history.

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NORTHSIDE COMMUNITY NEWS



NORTH SYDNEY LIBRARY NEWS

See story on page 7 for Partial re-opening Library News



BRANCH 008 LEGION NEWS

Legion Is now open

If you like Soduko Puzzles, logon to our website and enjoy a Daily Puzzle along with a new Daily Crossword Puzzle - Logon at -

www.kleeradio.com



Don't Forget our Food Banks during the Corona Outbreak

Check out our website for things to occupy you and your children's time www.kleeradio.com



Whaddya Mean "They're All Gone??"

If you missed out on Northside This Week just go to our website www.kleeradio.com and you can download an electronic copy or print a copy on your home computer. Great for sending to folks "away."

Senior Fitness Classes

Free Senior Functional Fitness Classes for men & women Classes focus on activities of daily living including strength, balance, focus, & multi joint flexibility. Classes start Wednesday, Mar.11th, 12.30 —1.30 pm. at the Florence Legion. Sponsored by the Sydney Vincent de Paul Conference with a grant from the Community Health Board.

Instructor Patsy MacKenzie. Come join us as we venture into this new experience .



JACK COOL K-LEE RADIO DJ NEWS

Last week I had the honour and great pleasure of interviewing singer Crystal Gayle who is the younger sister of Loretta Lynn.

Her big 1977 hit song Don't It Make My Brown Eyes Blue.

Three years ago in 2017 celebrated its 40th anniversary. that same year she was inducted into the Grand Ole Opry Hall of Fame



I also had a great pleasure a few months ago of interviewing Marilyn McCoo and Billy Davis Jr who were once the members of a great



band called 5th Dimension.

They also had a great solo career their 1978 song You Don't Have to Be a Star (To Be in My Show. reached #6 on Billboard's Easy Listening chart and #7 on the UK Singles Chart.[2]

it also won them a Grammy Award for Best R&B Performance by a Duo or Group with Vocals in 1977.

Have a great and safe weekend, God bless - Jack Cool

Late Night Oldies

with Jack Cool Friday at 11 pm on KLEE RADIO 2 www.kleeradio.com



BIRTHDAY WISHES

If you would like to send in a Birthday request for a friend or family member, we'll publish it free of charge - send to us at this email address -

thisweek@kleeradio.com

Lots of Free Downloads available on our website www.kleeradio.com

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com Mike Little updates his listings each week.

Some News Items courtesy of Swing Over The Mountain Newsletter - Login to read it at - <http://sotmnews.weebly.com>

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Boy Hood Heroes - Ron Gillis

Boyhood Heroes is a day in the life of an eleven year old boy which takes place in a rural setting, that rural setting being, Iona Cape Breton, where my father Martin was station master. Also mentioned in Boyhood Heroes are two personalities ,John S. Mac Neil a teamster and Capitan Dan Mac Donald skipper of the mail and passenger boat, Shenacadie which derived her name from that small community. My story centers around this little steamer and Transport.

Getting back to Boyhood Heroes. In that era, 40's, 50's the Shenacadie made two trips daily , six day's a week from Baddeck to Iona, it arrived in the morning around 8:00 to meet number 9 train coming from Sydney and 4:00 in the evening to meet number 5 train enroute to Sydney.

John s. was a local freight hauler with his horse January transported mail and freight to the waiting trains, I was a constant companion riding atop of cargo sometimes accompanied by Cap'n Dan. Passengers had to walk about a quarter mile.

Captain Dan hailed from Baddeck, he along with Wishie Rose crew member ,also from Baddeck sometimes invited me for a trip across the lake, it was a well known fact amongst oldsters that Alexander Graham Bell used this mode of transportation on his way to Beinn Breagh. One more item I would like to mention on my trip across the lake Cap'n Dan allowed me a few minutes on the wheel imagine the adventure.



If you are looking for something to help entertain your children or to take up some time during the long nights we are required to stay indoors, then your search is over. THIS WEEK and K-LEE RADIO have teamed up and

are offering BINGO for the whole family. If you logon to our website and go to the "DOWNLOADS" page you will see links to print your own Bingo Cards and also a Bingo Calling program that calls the random Bingo numbers.

This can be a fun activity for the whole family or you can have some small prizes for a Family Night.

While you're on the page, take a look at the other Crafts and files you can download for FREE.

There are lots of activities to help entertain your children plus we also have several audio stories and previously broadcast shows you can download and listen to at home during rainy days or around the campfire at night.

Logon to get your own BINGO card and calling program at -

www.kleeradio.com

LIBRARIES PARTIAL RE-OPENING

We would like to thank you for your continued patience and support of the library during this time. We know everyone is eager for the library to re-open.

There are many changes and precautions that need to be implemented prior to re-opening our library buildings. Library buildings will not be open initially but will begin offering limited services starting June 10th.

LIBRARY CATALOGUE: - You will be able to access your online account to see what items you still have checked out and to place new holds on items starting June 10th.

You can check your account by going to cbri.ca and clicking on My Account. You will need your library card number and PIN to sign-in.

RETURNS: - Book-drops will be available at all branches starting June 10th. For branches which do not have permanent book-drops large bins will be placed outside the branch. To find out what hours the bin will be available please phone or e-mail your local branch. The book-drop at McConnell Library in Sydney is available 24/7 and can accept returns from any other branch.

LIBRARY TAKE-OUT: - Library members with items on hold will be contacted by library staff to arrange a time to pick-up the holds. This will be contactless curbside pick-up.

CBRL continues to offer access to eBooks, eAudiobooks, newspapers and magazines through our online library. Go to cbri.ca/collections to learn more.



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FREE OLD TIME RADIO SHOWS

For those of you who like to listen to nostalgic radio shows, K-LEE RADIO has over 70,000 hours of Old Time Radio shows from the 40s and 50s such as Boston Blackie, Dragnet, Dick Tracy, Baby Snooks, Fibber McGee and Molly, Our Miss Brooks, The Inner Sanctum and Only The Shadow Knows.

We also have many classic detective shows and suspense serials available for download.

Included in this show list is a selection of the Big Band shows such as Glenn Miller, Tommy Dorsey, Artie Shaw and Benny Goodman.

Logon to our website and click the Podcast link and download your favorite shows - www.kleeradio.com

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	7			8	9	4
			7		5	

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!



Pig & Whistle Show

North Sydney Firemen's Hall

Join us at the North Sydney Fire Hall

Wednesday, July 8

2:00 - 4:00 pm

as we record a

Pig & Whistle Show

for broadcast on

K-LEE RADIO

We will have lots of great music and Free Giveaways



MUSIC

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