

MacDONALD DENTURE CLINIC

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SYDNEY MINES
PHONE
736-2280

G. MacDonald - Denturist
By Appointment - Masks Mandatory

HIGH STREET
BADDECK
PHONE
295-2516



FREE

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 11 - APRIL 28th - 2021

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OIL CHANGE SPECIAL

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OIL CHANGE \$42.95**

**SYNTHETIC
OIL CHANGE \$69.95**

OPEN MONDAY - FRIDAY 8:00 - 5:00 PM PHONE 794-4947

**North Sydney Fire Hall
MONDAY - SATURDAY**

10 am - 11 pm

SUNDAY - 12 - 11

Thursday 5:00 - 8:00

NOTE - The Regular Thursday Nite Entertainment with Ernie, Todd & Wayne has been cancelled due to COVID for the next 3 weeks we'll re-assess again on May 13th

The Kitchen will remain open for Pick Up & Delivery

BACON**CHEESEBURGER****\$10.25**

**KEEP YOUR 6 FOOT
DISTANCE IN PUBLIC**

**Royal Canadian Legion
Branch 83 Florence**



**Washer
and
Fridge**

THE CIRCLE

**SATURDAYS
7 - 10 PM**

OPEN

MON. - TUES. -

WED. - THURS.

12:00 - 10:00 pm

Fri. & Sat.

12:00 - 12:00

736-6313

GIFTS AND ACCESSORIES

**We're Back
The Lemon Tree
Gifts and
Accessories
has re-opened**

Drop by and shop our line of exclusive hand-crafted items, lovely Spring/Summer fashion and beautiful home decor

Open Wednesday through
Saturday 10:30 til 3:00

Like us on Facebook

**6 Fraser Avenue
Sydney Mines**

For the Best In Classic Country Music, join Kenny Walsh every Sunday Night at 6:00 pm for Phantom Country - Logon to www.kleeradio.com

**Late Nite Oldies with
Jack Cool Fridays 11 pm**

**COVID CLOSES
DOWN PROVINCE**

Starting Wednesday, Nova Scotia will be in lockdown for two weeks.

This is distressing news for many businesses who were just recovering from recent COVID restrictions.

The Premier and Dr. Robert Strang, Nova Scotia's chief medical officer of health, "We need strong, quick action to drive this virus out of our province. If we took an incremental approach, we'd likely end up in the same place. We need to regain control over this virus."

Northside This Week News will still publish a digital edition of our paper each Wednesday until we are able to open freely again.

Check K-LEE RADIO for special programming - website - www.kleeradio.com



**BIRTHDAY
WISHES**

Would you please send out Happy Birthday Wishes for my wonderful husband, Carl Tobin, who celebrates his 44th birthday on Sunday. With lots of Love from Brittany, Angela and Richie.

Thank You

To all our community Vounteers

during Vounteer Month



food shoppe
Heat & Serve Meals - Fresh Meal
Selections - Frozen Selections

Grab 'n Go Lunch

Soups - Sandwiches - Salads

Ph: 217-0280

**212 Commercial Street
NORTH SYDNEY**



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

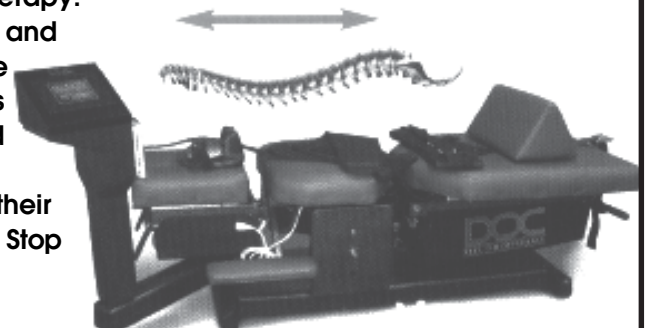
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444





AROUND THE TOWN

Just when we thought things were starting to turn around again, we started to get more **COVID** cases - this was inevitable with the "Bubble" opening up and it shows that the disease can be transmitted quickly if more people are travelling - this does not bode well for the upcoming tourist season - Cape Bretoners were adhering to the COVID protocols and had very few cases reported - let's hope this is only a quick spike and we do not go into lockdown again..... if you check **page 6**, you will see a story about a phone scam that happened to me last Friday, it's worth reading and understanding that people are trying to get your credit information to **swindle you** out of your money - beware - if a caller sounds suspicious, don't give out **any information**, if a bank or credit card company was calling you, they would already have your account information, check the story..... **Sunday Bingo** has returned to the Sydney Mines Seniors & Pensioners Club.... The **North Sydney Fire Hall** also sponsors a Thursday evening music entertainment from 5:00 - 8:00 pm with kitchen specials... we have another story for you on **page 7** of this edition from our Cape Breton humour books - we also have a selection of books you can purchase online at our website - see **page 6** for details on how to order these books..... if you are claiming Medical Expenses on your tax return, check out page 8 for this week's **TAX TIPS** and your eligible medical deductions..... I wanted to say a very **Special Thank You** to all local Volunteers who donate their time and talents to many of our community groups all year long - without your generous support, we could not provide the many events - We salute your generous donation of your time and expertise - **Thank You** if you check the opposite column, you'll see this year's **Cape Breton Classic Cruisers Events** - if you enjoy classic cars and lots of community interaction, check out these dates and attend one of their **Wheels and Deals** Summer events..... the Executive and General Meetings for the North Sydney Legion scheduled for Wednesday, **April 28th**, have been cancelled due to COVID concerns... **FREE PUBLICITY** - If your community group or organization is planning a local event and you want some free publicity, simply email us your information and we will make sure it gets included on our weekly paper - it's **FREE**, just email us with your event information to this address - thisweek@kleeradio.com

Cape Breton Classic Cruisers' 2021 Events

The Cape Breton Classic Cruisers are pleased to announce the tentative dates for their 2021 Events! The Wheels and Deals Show & Shine and Swap Meet is scheduled for Saturday, June 12th and Sunday the 13th at Centre 200.



The Fall Classic Show & Shine is scheduled for Saturday, September 18th on Charlotte St. The MacIntyre All GM Show is scheduled for Saturday, October 2nd on Disco St, Sydney.

All events will follow all COVID-19 Guidelines and Restrictions, for further information call 902-794-8680 or visit capebretonclassiccruisers.com



TAX PROFESSIONALS

222 Commercial Street - North Sydney - B2A 1B7

902 - 794-7117 - FAX 902-241-3088

sharon.matthews@hrblock.ca

DROP OFF & ONLINE SERVICE AVAILABLE

See TAX TIPS On Page 8 Of This Edition

YOUR FREE SODUKO WEEKLY PUZZLE

2	6	3		7				
5				2			7	8
					3			9
					6	8	4	
		6	7		8	5		
	3	8	5					
6			1					
4	8			6				5
				8		4	6	7

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!



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*** SNOW REMOVAL**



FREE
ESTIMATES

- Owners -

Elmer Blinkhorn

Leah Blinkhorn

SERVING ALL CAPE BRETON

45s CARD GAME

The Sydney Mines Seniors & Pensioners Club is hosting a 45s Card Game every Wednesday, 7:30 pm.

There will be a Mini Jackpot, a Regular Jackpot and a Loonie pot.

1st, 2nd and 3rd Prizes. There will also be two Even Split draws.

All COVID restrictions will be in effect.

FREE PODCAST - Songs With Girls Names in the title - download your copy www.kleerradio.com



Branch 19 Legion North Sydney

Open Monday
to Friday
COVID
12:00

Door Buzzer after 6:00

LARGE 75" TV,
POOL TABLE
VLTs 10 - 11:45

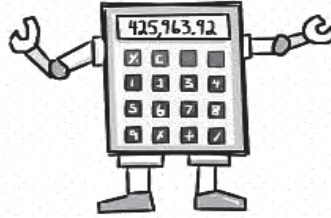
MEETINGS CANCELLED -
BRANCH 19 Legion, North
Sydney, Executive Meeting,
Wednesday - 7:00 pm -
General Meeting 8:00 pm.

WANTED - SOMEONE WHO WILL WORK HARD, DREAMS TO HAVE INCOME \$100 000 CD EACH YEAR, AND WILL OWN A LOBSTER & HALIBUT LICENSES AFTER .

I have a good fishing boat, good traps, the lobster and Halibut licenses, but I am getting old and not very strong any longer, So I look for a young fisherman with at least 5 years of experience, Who Kindness, love sea, hard work. no smoking. do not drink. Strong, agile, Having dreams to own a lobster & Halibut license to fish and to take care of my fishing boat my fishing gears, So I pay \$ 250 /a lobster fishing day plus 1/4 lobster income and I pay \$500 CD per fishing halibut day plus 1/4 income, You will get more than \$100 000 CD income each year, Then I will sell all of licenses to you when I retire.

Please Call: Tom - 902 577 2543

TAXES



Free Income Tax Help For Seniors

Volunteers will be at the Sydney Mines Seniors & Pensioners Club, 1000 Avenue, Sydney, on the following dates to help you with your Income Tax return.

APRIL 1, 8, 15, 22 and 29.

The times for all these dates are from 10 am - noon and from 1:00 - 3:00 pm each date.

Walk In service only - Masks are mandatory and COVID restrictions will be in effect.

**SYDNEY MINES &
DISTRICT
LITTLE LEAGUE 50/
50 DRAW** - Last



week's winner was Mark Lyle and the amount - \$12,752. Thank you for your continued support.



JACK COOL K-LEE RADIO DJ NEWS

I had the absolute pleasure last week of interviewing again Donelle Dadigan.



As mentioned before, Donnelle is the founder of the

Hollywood Museum in Hollywood the historic Max Factor building. She's also the god-daughter of Jose Iturbi.

This conversation was about the Family Film Awards which took place on April 22nd on the Reelz network.

Dadigan is the recipient of the FOUNDERS AWARD for the 24TH FAMILY FILM AWARDS. The executive producer of the AWARD show was Rodger Neal. It was hosted by Dean Cain what made the Zoom interview so cool was when I interviewed her she was on the 4th floor at the Hollywood Museum and she was at the Pointer Sister exhibit which looked pretty cool from what I saw.

If you would like to hear my interview with Donelle please go to <https://www.youtube.com/watch?v=I-injWdsTW4> any questions please email me djack@gmail.com.

Have a great week everyone BEST JACK special thanks to Roger Neal for asking me to do this interview.

I had the pleasure a few weeks ago of doing a Zoom interview with actor and writer Raymond Power.



Raymond power is best known for the movie Vengeance Where he played youngm Jason Realotti.

Power is joining the series called Arm Betty's where he will be playing the character of Raider and they will start to film that in the summertime.

He also got booked in the lead in the last movie that had on Amazon Prime called the Pale-faced Assassin where he plays the character of Max.

He just booked a movie on major Network and he also booked a couple of other big movies that should be on networks as well.

If you would like a copy of my Zoom interview with Raymond please email me this address djack@gmail.com



BIRTHDAY WISHES

Please send out this Happy Birthday Wish to Raymond Serroul who will be celebrating his 50th birthday on April 29th - Best Wishes for a great day and Lots Of Love from Bonnie, Benjamin and Rose.

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THISWEEK@KLEERRADIO.COM**

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**155 QUEEN STREET
NORTH SYDNEY**

NORTHSIDE NEWS



NORTH SYDNEY LIBRARY NEWS

BOOK SALE - Now ongoing - get your Winter Reading books now at \$1.00.

FIBRE LUNCH will resume again on Thursdays from 1:00 - 3:00 pm.

We have some free masks still available. Craft Bags to take home are still available.

Ongoing Science experiments available to be taken home.

Outside Pickup available and drop off in Book Bin at the Library

April 28 - Healthier Home Webinar - Renovations and DIY Projects.

K-LEE TRIVIA

1 - What did Dr. John Pembroke concoct in 1886?

2 - What does the Latin phrase "mea culpa" mean?

3 - What is the Roman Numeral for the number 1000?

4 - This food is a staple for one third of the world.

5 - He invented the flush toilet.

6 - KLM is the national airline of what country?

7 - The average person spends 1 year of their life doing what?

8 - This famous person failed his high school exams at 16.

9 - Rex Stout created this famous detective.

10 - Who was born at the Daisy Hill Puppy Farm?

11 - What does a Zamboni do in hockey?

12 - What part of the body would you find the fibula?

13 - Americans eat 3 billion of these each year.

ANSWERS - 1 Coca Cola, 2 My Fault, 3 M, 4 Rice, 5 John Crapper, 6 Holland, 7 On the phone, 8 Albert Einstein, 9 Nero Wolfe, 10 Snoopy, 11 Cleans the ice, 12 Leg, 13



SCAM ALERT

Last Friday morning I received a phone call stating that my TD bank account had suspicious activity on it.

Apparently some company was trying to purchase an Amazon Gift Card for \$699.

The phone caller tried to get me to call another number to stop this transaction.

Many people, when getting such a call would want to rectify the error right away and call the number suggested. Don't Do it!!! This is a scam.

The first red flag was that the call was a robotic voice call, the second red flag was the \$699. Most people would buy an even amount such as \$500.

Use common sense. If it was really the bank they would ask you to confirm or deny the transaction. No additional phone call would be necessary.

When the call first started, it did not identify the caller or the bank which a true TD call would.

The number that showed up on my Call Display was a 564 phone number and when I did a Canada 411 reverse lookup, it was a local Sydney School number.

If you get such a call, do not call any additional number until you check with your bank or credit card company.

If somebody was calling from the credit card company they would have your account information already.

Where Can I Get My Free Copy?

NORTH SYDNEY - North Sydney Library, MLA Murray Ryan, Bianchinis Pizzeria, Branch 19 Legion, Strong's Chiropractic, North Sydney Fire Hall, - Kenny's Pizza, Ralph Ivey Auto, A-1 Auto

SYDNEY MINES - Sydney Mines Library, Seniors & Pens. Club, Robins Donuts, Branch 008 Legion, Needs Convenience, MacDonald Denture, MacIntyre Hardware

FLORENCE - Florence Legion, Shear Madness, Florence Library, CH Tax Services

BRAS D'OR - LICK A CHICK, 1409 Restaurant, Jane's Restaurant, Bras d'Or Convenience, MLA Keith Baines

Don't let a caller pressure you into disclosing your banking information because if you give them that information, they will immediately drain your account and transfer the funds.

In such cases as this, the bank or credit card company is NOT responsible as you voluntarily gave your information to the caller.

There will be more calls such as this in the future. Incidentally, a half hour later they called me back. This shows that the callers can be very persistent.

Look at the number that shows up in your call display and look it up yourself with such websites as Canada 411.

Don't accept things at face value. If the call seems a little off, ignore it. It's better to be safe than sorry.

Contact your local bank or credit card company and they will advise you regarding your account.

CONTACT INFORMATION

GLEN GRAY, EDITOR

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Email Address

glengray@kleeradio.com

?? TRIVIA ??

If you like Trivia, download the Trivia Podcast from our website - it has 20 General knowledge questions, a Cape Breton question and a music question - Use the **PODCAST LINK** - www.kleeradio.com



SYDNEY MINES LIBRARY NEWS

April-June is Adopt A Book Campaign - help us raise funds for our operating budget.

You can "adopt" a book by donating its cost, also audiobooks and DV Ds can be adopted.

If the book is in honor of somebody, we'll send them a



Adopt-a-Book

notice informing them of your gift.

Your contribution is tax deductible. The Adopt A Book Campaign accounts for 3% of our operating budget.

Ask for details and give the Gift Of Reading.

FREE MOTHER'S DAY & SPRING CRAFTS are available to take home. - We also have Coloring pages for you to take home and color.

Ask for them at the Library Desk.

Shear Madness

HAIR DESIGNS
HANDICAP ACCESSIBLE



Come Check Us Out!

Tues. & Wed. 9 - 5
Thurs. 9 - 7 - Fri. 9 - 5 - Sat. 9 - 4

Gift Certificates Available

T-Zone Vibration Available

363 Main St.
Florence

736-7777

BOULARDERIE FOOD BANK - With COVID happening, donations of non perishable food items would be appreciated.

Items can be dropped off at the churches or the school.

We try to give extra this month. -

We Hit The Motherlode

Cape Bretoners are very spirited hunting and fishing enthusiasts. They take their sport seriously and any advantage, however slight, is cause for joy and celebration.

This story involves trout fishing anglers who believed they uncovered the Holy Grail one fine Spring day at St. Peter's. Piper MacKenzie was the ringleader and he was returning from visiting his daughter in Port Hawkesbury when he stopped in a little café for a snack.

Sitting across from him were two St. Peter's Hatchery workers and Piper heard one saying, "Hey Charlie, what about that special delivery you have to make today? Are they getting the whole lot?"

The driver answered Charlie, "No, not the whole lot, we have to save half for the folks at Campbell Lake." Piper's ears perked up and he immediately made the connection that they were dumping half their load of fish at one destination and the other half at Campbell's Lake.

Piper jumped up and got to the telephone and called his two partners in crime, Allie "Babba" Cormier and Darrell Peters. He told them to grab their fishing gear and bring an extra rod for him. He said to take an extra cell phone and explained what he had overheard. "I'm gonna follow them and see where they dump the fish. We can switch cars when you get here so they don't become suspicious."

The two workers finished their meal and then headed back to the fish hatchery with Piper following like a character out of Mission Impossible. About an hour and a half later, he got a call on his cell phone from Allie Babba. Piper said to park just outside the Hatchery Road and he would call them to take over surveillance.

After a 45 minute wait, Piper phoned and gave this cryptic message, "Mother Lode moving, don't lose them." The chase was on. Visions of endless trout greedily snapping at their bait filled the anglers with enthusiasm. The hatchery truck made one stop at a convenience store. Piper suggested he take over so the truck wouldn't notice the same car following them.

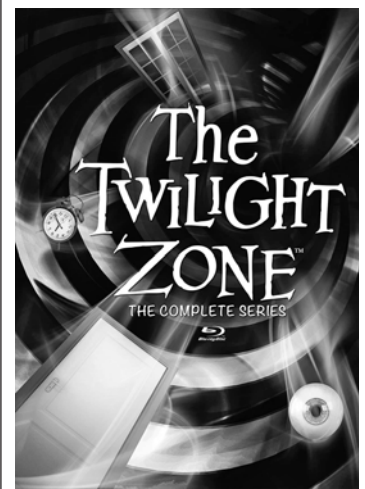
Ten minutes later, Piper was back on the phone to Allie Babba. "Get ready guys, I think this is it! He's turning up a dirt road." Piper could barely contain his excitement. The road wound around a small hill and suddenly ended at a farm house. Piper stopped the car behind the hatchery truck at a loss what to do. One of the workers asked him how he could help him. Piper was so startled he said, "I was just looking for a place to go fishing." The worker said, "Me and Charlie can help you. He's just dropping off two kittens here and he has two more for his uncle at Campbell's Lake."

Alas, the motherlode did not appear and Allie Babba and Darrell never tire of telling the story at every opportunity they get. One bright side to the story, it cured Piper from eavesdropping.

(Reprinted from "Tall Tales & Udder Lies" available online from our website - www.kleerradio.com)



I can't remember when it was that I first saw an episode of "The Twilight Zone" but I do know that in college I would often leave a Friday night party early to get back to the apartment and catch the show at midnight on what I think was TVOntario at the time (how's that for a geek alert!) so imagine my delight when I found all 156 episodes of the original series in a Blu-ray box set....at Walmart...for \$15!!! The store had the collection lumped in with Halloween-themed Blu-ray box sets, and over the next week I checked all 4 stores on the island to find another set, with no luck, so methinks it was a mistake in pricing on the store's part. Of course "The Twilight Zone" was an American anthology series created and hosted by Rod Serling that first ran from 1959 to 1964 (with a new series running in the 1980's, and in 2019). When one thinks of 1959 it's amazing how cutting-edge the black and white series was for it's day as episodes touched on themes of fantasy, science fiction, suspense, the supernatural, dark comedy and even horror- and almost every episode ended with a twist that carried a moral or a cautionary warning. CGI was non-existent and practical special effects for television were in their infancy, so Serling and company had to depend more on character development and story-line to carry the episodes, which they



did to perfection. Rod Serling helped push for television industry standards, and was known as the "angry young man" of Hollywood for clashing with television executives and sponsors over issues such as censorship, racism and war; he was a multi-decorated war veteran and said that his flashbacks and nightmares led to many of the stories he wrote. To this day it's fair to say that "The Twilight Zone" was one of the most influential shows for modern day masters of science fiction, fantasy and horror. In later years Rod Serling created the more terrifying "Night Gallery" series in 1969. His insatiable smoking habit (the ever-present cigarette in hand on-air) no doubt contributed to his three heart attacks, the last of which claimed his life while he was on the operating table for open-heart surgery in 1975. Rod Serling was only 50 years old; his wife Carolyn Kramer died in January of last year at the age of 90.

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GRASS FIRE SAFETY

A grass fire differs from other fires by its extensive size, the speed at which it can spread out from its original source, its potential to change direction unexpectedly and its ability to jump gaps such as roads, rivers and fire breaks. To prevent dangerous grass fires, assess your property to determine its risk. Tall trees, wild grass, shrubs and any other combustible materials can all contribute to spreading a fire. During drought or extended lengths of dry weather, this vegetation can become perfect fuel for a fire driven by strong winds. Some simple planning will greatly reduce the threat to your home, property and community.



* Do not throw cigarette or cigar butts on the ground or out of a vehicle. Dispose of them properly and make sure they are completely extinguished.

* Keep a 30 foot "safety zone" surrounding your home. This area should be clear of brush, with grass cut short. Store firewood and other combustible materials at least 30 feet away from any buildings. For homes that sit on a steep slope, the safety zone should be increased accordingly.

* Keep your yard healthy, cut and watered - it is a natural firebreak.

* Clean up dead leaves and twigs from yard, roof and gutters. Cut tree limbs within 15 feet of the ground and remove dead branches that extend over the roof.

* Do not park cars, trucks or recreational vehicles on dry grass or shrubs. Exhaust systems on vehicles can reach temperatures of more than 500° C. It only takes about 200° C to start a grass fire in the Summer.

* Use an approved spark arrester on all internal combustion engine power equipment. This special muffler helps ensure that sparks generated by off road vehicles, chainsaws and other equipment don't start grass fires.

* Parents should emphasize to their children the dangers of playing with fire. Children who have no idea how quickly flames can grow and spread, start many grass fires.

* Homeowners who barbecue should maintain a 10 foot area free of brush and shrubbery around grills and propane tanks. Never leave a grill unattended.

* Keep a shovel, buckets of water, fire extinguisher or garden hose on hand any time while burning outside.

* If conducting a controlled burn, have a water hose close by and inform your local fire department before burning.

From your Public Fire Educator Ed Fudge any questions or information contact me at 902 371-4044

TAX TIPS COLUMN

ELIGIBLE MEDICAL EXPENSES

For purposes of the medical expense tax credit (METC), eligible medical expenses include, but are not limited to

- amounts paid to medical practitioners, dentists, nurses, and certain other medical professionals. Note that for the cost of the service by a medical practitioner to qualify as an allowable medical expense, the person providing the service must be recognized as a "medical practitioner" according to the laws of the jurisdiction in which the service is provided. For instance, a registered massage therapist (in BC, registered with the College of Massage Therapists of BC) is recognized as a medical practitioner in BC, Ontario, and some other provinces, but not in all provinces.

- amounts paid to public or licensed private hospitals
- payments made to organizations for medical services rendered by their employees or partners. Examples are physiotherapy or homemaker services rendered in the taxpayer's home.

- eyeglass frames and lenses and contact lenses prescribed by a medical practitioner

- travel medical insurance (must be insurance which will cover only eligible medical expenses. Fees paid for a provincial or territorial health care plan (medical or hospitalization) do not qualify, but premiums for Nova Scotia Pharmacare do qualify. If a person is self employed, the premiums paid for a private health services plan can be deducted from self employment income, instead of being claimed as a medical expense. This would result in greater (or at least equal) tax savings, and is a way to provide a tax-free benefit to employees of a small business.

- Nova Scotia Seniors' Pharmacare program,
- program deductibles and copayments under the Nova Scotia Pharmacare Program

- transportation service costs, where the taxpayer has to travel at least 40 km to the location where the required medical services are provided, as long as substantially equivalent medical services are not available in the taxpayers locality. If the taxpayer has been certified by a medical practitioner to be incapable of traveling without the assistance of an attendant, then the transportation service costs of the attendant may also be claimed.

- travel at least 80 km one way for medical services: reasonable travel expenses (meals, lodging, vehicle expenses including parking) may also be claimed.

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