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FREE

## THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE

Vol. 13 - MAY 24th - 2023

### New Book Published

See story on Page 5 of this edition



CAPE BRETON OUTHOUSE  
 TALES & TRIVIA



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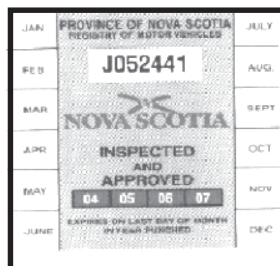
## TIRECRAFT

126 SEAVIEW DRIVE -- NORTH SYDNEY

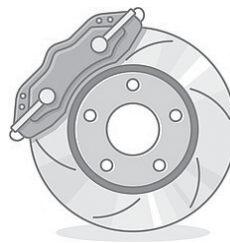
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Gospel Hour with Pierre Chiasson Sunday mornings 9 am - Logon to our website [www.kleeradio.com](http://www.kleeradio.com)

**Royal Canadian Legion  
Branch 83 Florence**



**BINGO**  
starting at 7:00

**TARABISH**

Tuesday 7:00 p.m.  
Downstairs

**POOL**

Wednesday 7:00 p.m.  
Downstairs

**BINGO**

Thursday 7:00 p.m.  
Upstairs

**WASHER TOSS**

Friday 7:00 p.m.  
Downstairs

**THE CIRCLE**

Saturday 7:00 p.m.  
Upstairs  
Branch 83

**736-6313**

### SILENT AUCTION

St Matthew Wesley United Church will be holding their annual Silent Auction on Friday May 26th, at St John's Anglican Church hall at 28 King Street North Sydney.

The silent auction will be held from 10:00 am till 6:00 pm with all bids closing at 5:45 pm.

You will be notified by phone if you are the successful bidder if you are not present at the time of closing bids. And that's not all....

There will be a chili or chicken soup dinner or supper, dessert included for \$9.00

Take Out Only! Pick up from 11:00 am - 5:30 pm. Tickets available at the church office.

A home bake table will be available while supplies last...come out and join in the fellowship, place your bids on beautiful items and take home a hot chili or soup lunch or supper.

Free admission, all are welcome. All of us at St Matthew Wesley United Church look forward to seeing you there.



North Sydney Garden Club is holding its annual PLANT SALE on Saturday, June 3, 10-12 am, at the Cenotaph, Archibald Ave, North Sydney Perennials \$2-\$5 See you there!

### SUNDAY BINGO

Sydney Mines Seniors & Pensioners Club Fraser Avenue, Sydney Mines - 2:00 pm

Toonie Jackpot went

**JACKPOT**

**\$650.00**

on 51#s or less

If you would like to send out Birthday Greetings to a family member or friend, simply email us with the information and we'll publish it free of charge - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

### MONDAY FUN NIGHT - 7 PM

**45<sup>S</sup> CARD GAME**

**Wednesdays - 7:00 pm  
SATURDAY DANCE**

8:00 - 12:00

\$5.00 at the Door

MUSIC BY

**ERNIE WELLS**

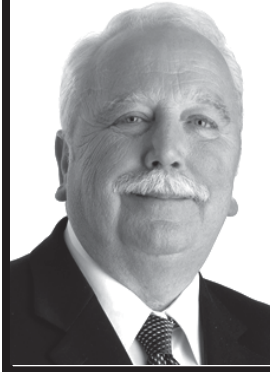
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## Keith Bain

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902-736-0301 (Office)

902-736-0411 (Fax)

[keithbainmla@bellaliant.com](mailto:keithbainmla@bellaliant.com)

### NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



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PLUS TAX

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Large Fries, Med. Gravy, 2 Med. Salad,  
6 rolls **\$58.65**  
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Highway

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**11:00 AM - 9:00 pm**  
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**BENEFIT DANCE**

for Lucas Dunphy on Friday, June 2nd at the North Sydney Fire Hall, Pierce Street.

Dancing 9:00 - 1:00 with music supplied by Tommy Capstick - Donation at the door - Silent Auction, 50/50 Draw.

**ANNUAL SPRING TEA**

The Hills of Boisdale Community Association are hosting their annual Spring Tea and Plant Sale Sunday June 4th at the Boisdale Firehall Sent from 1:00 - 3:00 pm. Sandwiches, sweets, tea, coffee and lemonade. Admission \$10.00

**Somestories Courtesy Of**  
**SWING OVER THE MOUNTAIN NEWS**

**BRANCH 19 LEGION IS HOLDING A RAFFLE!!**

1st Prize \$5000, 2nd Prize \$2000, 3rd Prize \$1000, 4th Prize \$500, 5th Prize \$100  
\$50/ Ticket - Draw Date  
**December 9, 2023**

There are only 500 tickets available so get your tickets early!  
**HAPPY HOUR EVERY FRIDAY 3 PM – 6 PM**  
**Come watch the Playoffs on the Big Screen TV**

The next General Meeting of Branch 19 will be held on Wednesday May 24th at 7:00 pm  
**NOTE:** the Executive meetings will be held Tuesday May 23rd at 7:00 pm

**North Sydney Fire Hall**

**Pierce Street, North Sydney**  
**OPEN 7 Days a Week**  
**From 10:00 - Midnight**  
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**St. Andrew's Presbyterian Church**  
**Will Celebrate their 182nd Anniversary**

On Saturday, May 27th at 7 p.m. St. Andrew's Presbyterian Church here in Sydney Mines will be celebrating their 182nd Anniversary as a congregation and you are all invited to join us for this wonderful celebration time.

This year the congregation has decided to celebrate with a Hymns, Hopes and Inspirational concert with the band Chalk Dust. In the past two years the church was forced to put off any and all celebrations for their Anniversary due to Covid and now this year with restrictions lifted they have decided it was time to celebrate life once again.

The members of Chalk Dust will entertain you with a variety of hymns, plus inspirational and contemporary music. Roy Dawson, Ian MacLeod, Jimmie Campbell and Jennifer MacDonald will certainly make this evening one which will leave your heart just a little lighter.

During the concert there will be a short break where the ladies of St. Andrew's will be serving tea, coffee and homemade cookies for a snack at a very low price. This is a time to come out and socialize and meet old friends or people you haven't seen in a while.

So please join the congregation of St. Andrew's in celebrating their 182nd Anniversary on Saturday, May 27th at 7 p.m. Come and enjoy a night out and just relax as you listen to old time hymns and other beautiful music provided by Chalk Dust.

Who: St. Andrew's Presbyterian Church  
What: Hymns, Hopes and Inspiration Concert with Chalk Dust  
Where: 642 Main Street, Sydney Mines, May 27th @ 7 P.M.  
Why: To celebrate their 182nd Anniversary  
Fee: Free will offering in support of the Church's Anniversary

**BRANCH 008 LEGION - SYDNEY MINES**

**Tuesday Night Bingo - 7:30 pm**

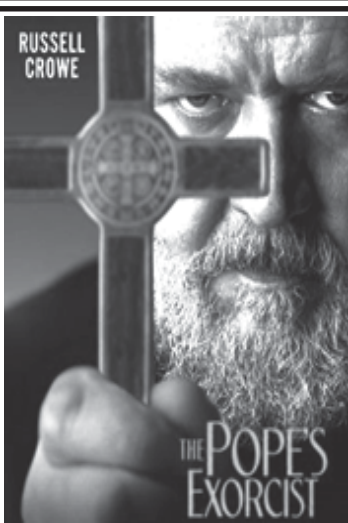
**JACKPOT - \$625.00 - 54#s or less**

**NEW HOURS - 1:00 - 12:00 - Monday - Saturday - Closed Sunday**



**PHONE (902) 736-3206**





When I first saw the trailer for Russell Crowe's latest movie, "The Pope's Exorcist" I was very keen to see it; it was later on that I realized it was about Father Gabriele Amorth. The director of 1973's "The Exorcist" (William Friedken) directed a Netflix documentary on the same priest in 2017. Amorth purportedly performed over 50,000 exorcisms in Italy since becoming an "official" exorcist in 1986. However, this priest was also known for claiming that Harry Potter books can lead towards the devil, and that yoga was satanic. He saw the devil in everything- and to be honest in the documentary he comes across as one creepy and (in my opinion) truly evil person. The opposite can be said here about Russell Crowe. How much of this movie is factual no one knows, but Crowe brings a hard-nosed intensity to the role as Father Amorth; Crowe is charismatic, funny and likes a little nip now and then. In the film he is called out to a very disturbing 'possession' at an old abbey in Spain. What happens next is a

spine-tingling ride for the viewer. The horror effects are very imaginative, and a nice break from the usual 'gore porn' often seen nowadays in the horror film genre. Also, there's an incredible revelation about the Spanish Inquisition later on in the movie that was mind blowing. The movie "Gladiator" is one of my top 2 favourite movies of all time- and Crowe became a cinematic icon because of it. He was also amazing as the over-the-top road rage driver in the movie "Unhinged", as well as dozens of other top notch films. Russell Crowe's presentation here is the polar opposite of the real Father Amorth, but Crowe breathes new life into the portrayal of a very, very dark subject. This is a movie well worth watching.

## CRUISE SHIP SCHEDULE 2023



- WED. MAY 24 - Zaandam
- THURS. MAY 25 - Seven Seas
- TUES. MAY 30 - Zaandam
- TUES. June 6 - Seven Seas
- WED. June 7 - Zaandam
- TUES. June 13 - Zaandam
- FRI. June 16 - Seven Sea
- WED. June 21 - Zaandam
- TUES. June 27 - Zaandam
- THURS. June 29 - 7 Seas
- WED. July 5 - Zaandam

### Cape Breton Chorale Midsummer Concert

The Cape Breton Chorale will be singing in Baddeck at the Alexander Graham Bell Museum National Historic Site on Saturday, June 17th as part of the Midsummer Music Series. Doors open at 7:00 p.m. and concert starts at 7:30 p.m. Tickets are \$25. Advance tickets available at the Flying Kite shop or you may buy at the door.

## OLD TIME RADIO & MUSIC PODCASTS

Benny Goodman, born Benjamin David Goodman, was an American jazz musician and virtuoso clarinetist, known as "King of Swing", "Patriarch of the Clarinet", "The Professor", and "Swing's Senior Statesman".

Born into a large, poverty stricken family, Benny began playing the clarinet at an early age.

By the time he was twelve, Goodman appeared onstage imitating famous bandleader/clarinetist Ted Lewis. It was at this concert that Ben Pollack heard the young clarinetist and Benny was soon playing in Pollack's band. Goodman's first recordings were made with the Pollack group in 1926, and give a strong example of Benny's influences at the time. During this period Goodman recorded his first sides as a leader with members of the Pollack band.

To get your free Podcast, logon to our website and download it - click on the **PODCAST** Link [www.kleeradio.com](http://www.kleeradio.com)

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# AROUND THE TOWN

## NORTHSIDE COMMUNITY NEWS EVENTS

### GLEN GRAY - EDITOR

We're getting a lot more sunshine in the local forecast and this is a **welcome sign**, I'm looking forward to warmer days and being able to go fishing without freezing... St Matthew Wesley United Church will be holding their **annual Silent Auction** on Friday May 26th, at St John's Anglican Church Hall at 28 King Street North Sydney - see page 2 for additional information.... On Saturday, May 27th at 7:00 p.m. St. Andrew's Presbyterian Church here in Sydney Mines will be celebrating their **182nd Anniversary** as a congregation and you are all invited to join them - see **page 3** for further details..... The Sydney Mines Seniors Club are hosting Sunday Bingo, Monday Fun Night, Wednesday card games, Saturday Night Dance and Sunday Bingo see **page 2** for details.... The North Sydney Garden Club will be sponsoring a **Plant Sale** on June 3rd at the Cenotaph from 10 - 12.... The Hills of Boisdale Community Association are hosting their annual **Spring Tea and Plant Sale** Sunday June 4th at the Boisdale Firehall from 1:00 - 3:00 pm..... Branch 19 Legion n North Sydney is holding a **Raffle** - 1st Prize \$5000, 2nd Prize \$2000, 3rd Prize \$1000, 4th Prize \$500, 5th Prize \$100 - \$50/ Ticket - Draw Date December 9, 2023.... The Cruise Ship visits are increasing and the **schedule** is on page 4.... Another **Free Old Time Radio Podcast** is available for download from our website - [www.kleeradio.com](http://www.kleeradio.com) - click on the **PODCAST** link..... North Sydney Poet **Ron Gillis** has another poem for us on page 4.... Good News for those on a budget - the federal government will be sending **Grocery Rebate** payments on July 5th with the GST - see **page 5** for details.... I have published a new Cape Breton Humour Book that is available in local Book Stores and it's called "**Cape Breton Outhouse Tales & Trivia**" featuring stories, trivia and cartoons - there is a **sample story** on page 5 of this edition... page 6 has this week's **Library News** and the Boularderie Island Seniors Free Guest Speaker Luncheon dates and speakers.... the weekly **Trivia** and **Weekly Horoscope** are on page 7 - see you all next week.... welcome to 3 new advertisers this week, **Bellas Food truck**, **Brogan Fisheries** and **Earls Greenhouses**.... **FREE PUBLICITY** for all Clubs and community organizations, simply email us with your information and we'll publish it free of charge in our weekly paper - just email us with your event information to us at our website - email address - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

## Grocery Rebate Coming July 5th

The Grocery Rebate, intended to offset the rising cost of groceries, has been granted royal assent, promising to grant eligible single Canadians up to \$234 and families up to \$467. Seniors are eligible for up to \$225.

It takes the form of a supplement to the January 2023 GST credit payment (which is based on 2021 tax returns), up to those \$234, \$467 and \$225 maximums. So only GST credit-eligible residents are eligible for the Grocery Rebate.



### BROGANS FISHERIES

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**Guaranteed Quality Lobster - Open May 5th - July 15th**  
**LOCATED AT 127 Queen St., North Sydney**

## New Humour Book Published

A new Cape Breton Humour book has been published this week. It is written by Glen Gray and contains trivia, stories and cartoons and is called "Cape Breton Outhouse Tales & Trivia." Below is a sample story from the book.

### Knock Knock, Who's There

As you travel around Cape Breton you'll find many picnic parks and Provincial parks to stop for a rest and to have lunch or a picnic.

Since these parks are in rural areas, there is no running water and they are all equipped with outhouses and they are well maintained and stocked.

On one memorable trip around the Cabot Trail we stopped at a Provincial park and had our meal and of course my father demanded that we visit the facilities as he wasn't planning to stop once he got on the road.

We headed down the path to the outhouses and when my brother and I came out, we decided to have one last look around the park before getting back in the car.

As we were returning on the path, we saw my father banging on the outhouse door and hollering, "Come on, we haven't got all day, get a move on!"

Just then the door opened and an elderly lady came out a said to my father, "That's the rudest thing I ever experienced!!"

My father turned and saw us and his face was red. We ran back to the car and my father got in and roared away without saying anything. It wasn't until we were home later that my brother and I burst out laughing.





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**NORTH SYDNEY LIBRARY**

**STORYTIME** every Saturday at 1:00 pm.

**FIBRE LUNCH** - Thursdays from 1:00 - 3:00

**SEED LIBRARY** - up to 10 packages of vegetable seeds are available.

**ONGOING BOOK SALE & CDs** - Great selection for Spring Reading.

**FREE COMPUTER** training for Seniors - 1 on 1, call 794-3272

**INTERNET & PHONE SAFETY FOR SENIORS** - May 31st from 3:00 - 4:00 pm. Call 794-3272 to register. Learn what to watch



for when dealing with scam emails and phone calls and how to choose safe websites to use when searching online.

### **Boularderie Island Seniors Guest Speaker Dates**

Free Guest Speaker Luncheons 2023, a light lunch will follow at the Big Bras d'Or Fire Hall on Fridays from 10:00 - 12:00.

**MAY 26th** - Experience Victoria Transit - Meet at the Hall at 10 am. Space is Limited - book early.

**JUNE 9th** - Dr. Jeannine Ferguson - Dementia and Anxiety.

To Register, email or call deniseoake@hotmail.com or call 902-674-2636 or 902-577-4340.

For any updates, follow Boularderie Island Connected on Facebook.

## **- TAX TIPS 2022 -**

### **SPECIALIZED MEDICAL CARE**

If you or a loved one needed specialized medical care during the year (like palliative care or another health-related expense), you might have some additional medical expenses that others don't. The Canada Revenue Agency (CRA) and Revenu Québec offer some relief by using the cost of your eligible medical expenses to lower the taxes you owe. The more you claim, the more you'll get from your return.

**COMMONLY MISSED MEDICAL EXPENSES** - When it comes to claiming medical expenses, there's a long list of the potential expenses you can claim. You might be eligible to claim the cost of expenses such as hearing aids, insulin, and diabetic supplies. Depending on your situation, you might also be able to claim lesser-known expenses like marijuana (if you had a prescription).

**ARE THERE ANY NEW MEDICAL EXPENSES I CAN CLAIM?** - Acupuncturists are now an eligible expense for Nova Scotia residents. Speech language therapists are now an eligible expense for Nova Scotia residents.

**I WANT TO CLAIM MEDICAL MARIJUANA ON MY RETURN** — what should I know? - If you wanted to claim the cost of medical marijuana on your return, you'll need a prescription from an approved medical practitioner (like your doctor) and you'll need to make sure you bought your cannabis from a licensed producer (keep your receipts!).

**SPECIALIZED MEDICAL CARE** - Specialized medical care refers to medical expenses that have a specific or specialized component to it. This might include people who need individual therapy plans or treatments, or even those who need assistance from someone with specific training.

**WHAT ARE SOME EXAMPLES OF SPECIALIZED MEDICAL CARE?** - Common examples of specialized medical care include: Personal therapy plans: - You can claim the cost of their personal therapy plans, such as one created by psychologists, physiotherapists, acupuncturists, chiropractor, etc. as specialized medical care if they meet certain eligibility criteria

**SERVICE ANIMALS** - You can claim the cost of purchasing and caring for (including the cost of buying food and veterinarian care) a specially trained service animal if: You're blind, You're profoundly deaf, You have a severe and prolonged physical impairment that restricts the use of your arms or legs; You're autistic; You're epileptic; or You're affected by severe diabetes.

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**Millville Community Centre**  
**MAY 27** - Takeout Turkey Dinner with all the fixings \$15 each, you can pick up between 11:00 - 1:00 & 4:00 - 6:00.

**The North Sydney Museum will open June 5th from 10:00 - 5:00 Monday through Saturday until September 1st.**

[www.kleeradio.com](http://www.kleeradio.com)

## **Untethered**

My field sleeps in Winter, beneath a blanket of snow. Patiently awaiting in Spring to be sowed.

Crop bursting to fullness, in warm Summer sun, Untethered in Autumn, my harvest is done.

- RON GILLIS

# WEEKLY TRIVIA FUN

- 1 - What is the most common element found in the universe?
- 2 - What Soviet gymnast performed the first back somersault on a balance beam?
- 3 - What M word defines anything that occupies space?
- 4 - Who wrote the music for the film ET (both names)?
- 5 - What song is sung the most?
- 6 - What city is known as the worlds chocolate capital?
- 7 - What phantom ship is said to haunt The Cape of Good Hope?
- 8 - In what magazine does Alfred E Newman appear?
- 9 - In 1986 Graceland was the Grammy album of the year who is the artist?
- 10 - McLean Stevenson played which character in MASH?
- 11 - Which company slogan was "We're No 2 We try harder"?

**ANSWERS** - 1 Hydrogen, 2 Olga Korbut, 3 Matter, 4 John Denver, 5 Happy Birthday, 6 Hershey Pennsylvania, 7 The Flying Dutchman, 8 MAD, 9 Paul Simon, 10 Colonel Blake, 11 Avis Rent A Car

# YOUR WEEKLY HOROSCOPE

**Aries (March 21-April 19)** - This is an excellent day to make financial plans, especially about home improvements or redecorating projects that require money. Trust in your ability to find the money to do what you want because wealth will come your way.

**Taurus (April 20-May 20)** - Discussions with older people, especially in a group situation, will benefit you today. Someone might have advice. Or they might tell you a story or share their experiences, which in turn, cause you to refine your own goals. Today your dealings with others are warm and supportive.

**Gemini (May 21-June 20)** - Financial discussions will go well today, especially if you're talking to bosses, people in authority or perhaps a parent. It looks like you've done your homework and you've got your ducks in a row. Although you might be spending money, you will attract money to you as well.

**Cancer (June 21-July 22)** - This is an excellent day for an important discussion with a friend or a member of a group about practical plans for the future. These plans might even impact your career. Someone older or more experienced might have advice for you. A friend might help you shop for wardrobe bargains.

**Leo (July 23-Aug. 22)** - Use the fact that you make a great impression on others now for an important discussion with someone. This might relate to wills, inheritances or how to deal with shared property, insurance matters or the wealth of your partner. Meanwhile, a sly flirtation might become public. (Busted.)

**Virgo (Aug. 23-Sept. 22)** - This is the perfect day to make travel plans or plans related to publishing or a media project. It's also an excellent day for legal or medical matters. You'll enjoy exploring things that are out of the norm or different because you're curious about fresh possibilities. A friend will be supportive.

**Libra (Sept. 23-Oct. 22)** - Today you have a stronger than usual focus on shared property, wills, estates, inheritances, taxes and debt. Someone older might have advice for you. (Possibly, you are the older person giving advice.) Someone younger might develop a crush on you today.

**Scorpio (Oct. 23-Nov. 21)** - Discussions with spouses, partners and close friends will be productive today; nevertheless, you have to be prepared to cooperate and be accommodating. Trust that things will flow smoothly and people will help you or have good suggestions for you. Travel plans are possible.

**Sagittarius (Nov. 22-Dec. 21)** - Today you are confident, upbeat and ready to work, which is why this will be a productive day for you. Because you're focused, you won't overlook details. Look for ways to increase your budget or get help from a third party, including a bank or a financial institution.

**Capricorn (Dec. 22-Jan. 19)** - This is a playful, fun-loving day! If you're involved in creative projects, teamwork will help you achieve your aims. You will also enjoy involvement with children's activities as well as sports events and certainly, anything to do with the entertainment world or the hospitality industry.

**Aquarius (Jan. 20-Feb. 18)** - Family discussions, especially about practical, long-term plans for the future will be productive today. These plans might relate to home repairs or home improvements. They might also involve a parent or an older family member.

**Pisces (Feb. 19-March 20)** - You have the right mindset today to make future plans or to study and learn something new. Possibly, you will teach or write? Whatever the case, work with others to achieve your objectives, especially if you are involved with kids or younger people or anything related to sports.

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*We book for Private Parties, Birthdays, Benefit Dances*

**UPCOMING  
 EVENTS**

**FRIDAY  
 STEAK  
 NIGHT**  
 5:00 - 7:00  
 \$17.99  
 or 2 \$30.00  
 5:00 - 8:00  
**NOAH REASHORE**  
 9 - 1 Thick As  
 Thieves

**WEDNESDAY  
 WING  
 NIGHT**  
 6:00 - 10:00

**FRIDAY  
 IN HOUSE**  
 5 - 8 Noah Reashore  
 9 - 1 Thick As Thieves

**THURSDAY  
 BEST TRIVIA  
 ON THE ISLAND**  
 \$5.00 Cover  
 7:00 - CLOSE

**SATURDAY  
 CLOSED  
 FOR  
 PRIVATE PARTY**