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Grab 'n Go Lunch Soups - Sandwiches - Salads **Ph: 217-0280**

212 Commercial Street NORTH SYDNEY



BIRTHDAY WISHES

Happy Birthday Wishes to my good friend Paul Forrest - from Jennifer - XXOO





Visit our Branch to view NHL playoffs, as well as all upcoming sporting events, on our big screen TV.

POOL TABLE available during Branch hours with the exception of Tuesday evenings (member only pool event).

DISTRICT MEETING, April 21, 2024, 2:00 to 4:00, (members welcome).

EXECUTIVE MEETING, April 23, 2024, 7:00 p.m.

GENERAL MEETING, April 24, 2024, 7:00 p.m.

We welcome Legion Hall rental applications for all occasions.

PANCAKE BREAKFAST AND FLEA MARKET

The Boisdale Firehall Ways and Means will be having a Pancake Sausage Breakfast with Highland Gold Maple Syrup Sunday, May 5, from 9:00 -12:00 - Admission 15.00 Children 7.00 - Pancakes, sausages, baked beans, maple syrup, toast, biscuits, juice, tea and coffee.Highland Gold will also have their products on sale. Also a Flea Market will be held during this time. Proceeds will go to the upkeep of St. Andrew's Parish Cemetery.



SUNDAY



If you would like to send out Birthday Greetings to a family member or friend, simply email us with the information and we'll publish it free of charge - **thisweek@kleeradio.com**



jaimebattiste.ca jaime.battiste@parl.gc.ca 207A-201 Churchill Drive Membertou, NS B1S 0H1

(902) 567-6275



Keith Bain

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.





793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444





BINGO every Friday Night - 7:00 pm - at the Parish Hall, Main Street, Sydney Mines.



"Time Flies" and in your case, it seems to have taken a 747! We all wish you well and the bowling team chipped in to buy you a portable ball carrier that can hook onto a walker very easily - we're always thinking of you Dave and we remember when you were a young man. Happy Birthday on April 18th from all your much younger team mates.



899 MAIN STREET SYDNEY MINES Call Norma for tickets

902-202-2972 \$50.00 per person Sponsored by The Good Samaritans



2 Elliot Street, Sydney Mines - Nova Scotia B1V 3G1

(902) 736-0546 mla@northsidewestmount.ca



PHONE (902) 736-3206

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Take 2

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Since 1818 when Mary Shelley's "Frankenstein" novel was first published the monster commonly known as Frankenstein (or Dr. Frankenstein's monster) has been a big part of horror creature royalty. I really liked the first movie to feature him, and to me most of the early cinematic efforts portraying this often misunderstood 'freak of nature', or 'abomination' (as some would see him) are the best. To that end there are 2 recent movie releases that are the polar opposite of each other; "Lisa Frankenstein" is a light-hearted romantic comedy/horror story about a teenage goth girl who falls in love with a reanimated Victorian era corpse. What develops is kind of what "Pretty in Pink" might be like if Tim Burton directed it, with a little dash of campy horror thrown in for good (or bad?) measure. It's cute, guirky, odd and entertaining, but it does take a different path towards the end-which I shall not divulge here. The polar opposite of this movie would be "Pretty



Things", a very dark comedy starring Willem Dafoe as an eccentric surgeon with the face of...well ...Frankenstein, and Emma Stone as a creation of the madman. This is Emma Stone as you have never seen her before (literally!) in a role that starts with baby steps (no spoiler intended) and develops into something that almost defies description. This movie is very twisted, dark, forceful and very engaging. However, it is definitely not something for everyone, especially younger viewers. The story takes place in what has been described as a 'steampunk wonderland', and is indeed visually stunning and mesmerizing. This one is more faithful to the Frankenstein mystique-but finds a way to tell the tale like no one else ever has. Enjoy!

FREE

SUNDAY BREAKFAST

Join us for Sunday Mass & Breakfast start your day off right with food for the soul and delicious food, tea or coffee, and relaxation. ALL ARE WELCOME!

ALL ARE WELCOME!

Location: Holy Family Parish Hall, 899 Main Street, Sydney Mines

Cate: Sunday, April 28th, 2024 Time: Mass 10:00 Am Breakfast: 11:15 Am AROUND THE TOWN NORTHSIDE COMMUNITY NEWS EVENTS GLEN GRAY - EDITOR

Well, we survived the eclipse and we can rest as the next one is scheduled for 2044 and will be in British Columbia and Alberta. it amazed me the misinformation that was out there for the eclipse, fears of birds and airplanes falling from the skies and asteroids headed for earth and oceans flooding etc. - we are well aware of today's existing technology but can you imagine what was going through the minds of 16th and 17th century citizens?.... I read with interest the recent announcement that the College of Cape Breton would receive \$600.000 dollars for a feasibility study for potential rail service in Cape Breton - it will take 15 weeks to produce the study - I am offering a bargain for the government, here's the gist of what would be in my report - we need a vamped up rail service and the existing rail tracks and infrastructure need a major overhaul - I would submit a bill for \$100.00 and a receipt from Montana's Steak House and save the rest of the money to help get the service opened..... Branch 19 Legion News - DIS-TRICT MEETING, April 21, 2024, 2:00 to 4:00, (members welcome) - EXECUTIVE MEETING, April 23, 2024, 7:00 p.m. and GENERAL MEETING, April 24, 2024, 7:00 p.m.... FLEA MAR-KET - Sydney Mines Seniors & Pensioners Club Flea Market -May 4th from 10 - 12. Tables \$7.00 each - Call Ann 736-9740 -CANTEEN available - 6 Fraser Avenue, Sydney Mines.... Holy Family Parish BINGO every Friday Night - 7:00 pm - at the Parish Hall, Main Street, Sydney Mines..... see also page 3 for Holy Family Parish Fund Raiser - Italian 3 Course Dinner, details The Local Branch of the Canadian Tire Jump Start Program is always on the lookout for used books to be donated for their used book sale in the SPAR Canadian Tire - drop off your used books in store and help the kids get involved in sports.... North Sydney Seniors & Pensioners Club Mothers Day Luncheon, May 7th from 12:00 - 2:00 - hamburger soup, half sandwich, trifle for desset - \$10.00 at the door or tickets can be purchased from Mella at 902-794-4073....Branch 83 Florence Legion, Friday, April 19th from 9:00 - 1:00 - BANDIT - tickets on sale at the Bar.....NOTICE - to all Church groups, Legions, Seniors Clubs, Fire Halls and Community associations - if you want free publicity for your upcoming event, simply email us with your information and we'll publish it in our printed edition and our digital edition - email us at - thisweek@kleeradio.com



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NORTH SYDNEY FIRE HALL PIERCE ST. - NORTH SYDNEY THURSDAYS

Ernie, Todd & Wade Kitchen Open 4:30 Music 5:00 - 8:30

APRIL 27th - 8:00 PM Comedian Tina Randell

\$25.00 per ticket **KITCHEN OPEN**

USED BOOK DONATIONS Sought for Jumpstart

The Local Branch of the Canadian Tire Jump start program is always on the lookout for used books to be donated for their used book sale in the SPAR Canadian Tire.

Drop off your used books in store and help the kids get involved in sports, 100% of funds raised stay in the local area. Date: April 1 – June 30, 2024



Friday, April 19th from 8:00 -12:00 - Music by Theresa Rideout - \$5.00 per person come and have fun with good music.

MOTHERS DAY LUNCHEON

May 7th from 12:00 - 2:00 hamburger soup, half sandwich, trifle for desset - \$10.00 at the door or tickets can be purchased from Mella at 902-794-4073.

Our Latest Cape Breton Humour Book, "**Outhouse Tales & Trivia**" is now available and it is just \$4.95!! This book contains stories selected to represent the fun we had using a Cape Breton outhouse. These stories include true life adventures and family remembrances.





If you are planning a trip to Sydney in the near future, please be aware that there is a major traffic development in the downtown core.

Construction began on Monday for phase three of the upgrade to Charlotte Street. Charlotte Street, from Wentworth Street to Townsend Street, will be closed to vehicular traffic until August 2024. Sidewalks will remain open.

The \$9 million price tag is funded in equal parts by CBRM, N.S. and federal governments.

NORTH SYDNEY SENIORS & Pensioners Club News

The North Sydney Seniors & Pensioners Club is available for rentals - anniversaries, showers, funerals. To book, call Virginia Lewis 902-794-2235.

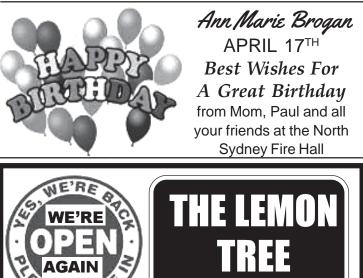
BINGO GAME every Saturday Night, doors open at 5:30, game starts at 6:30 - Jackpot, Toonie and Even Split games.

TRIVIA GAME - April 22nd, doors open at 7:00 pm, game starts at 8:00 pm. Come with your own team or by yourself and we'll find you a team - \$5.00 at the door. To register a team or yourself, call Virginia 902-794-2235.

K-LEE RADIO is your local Community Radio Station and provides local music programming meant for Cape Breton audiences. We broadcast 24 Hours a Day - 7 Days A Week with the Best in Cape Breton & Celtic Music - Tune in to us at www.kleeradio.com



Now that the weather is starting to warm up, I guess we can relate to this sign after the first mosquito hatch.



6 Fraser Avenue - Sydney Mines

Gifts, Decor and So Much More



GIFTS AND ACCESSORIES

-- HOURS --TUESDAY THROUGH SATURDAY 11:00-3:00



Friday Nights at 9:00 pm the Best In 50s, 60s and 70s Oldies tunes.



Digital copies are available at **www.kleeradio.com**

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NORTH SYDNEY LIBRARY

FIBRE LUNCH - Thursdays from 1:00 - 3:00

STORYTIME Saturdays at 2:30.



LEGO AFTERNOON DROP-IN on the 2nd & 4th Tuesdays of the month starting April 23rd from 3:30 - 4:30, Elementary school age.

WRITERS GROUP meets every Wednesday at 6:00 pm.

GARDEN CLUB - meets April 30th - 1:00 - 3:00.

SEED PROGRAM - Free vegetable seeds for the public all you need is a Library card.

Souls Harbour Rescue Mission Now Open In Sydney Mines



848 Main St, Sydney Mines



Cape Breton MS Walk 2024 will take place on Sunday May 26th at Emera Centre, North Sydney. Registration begins at 1230 pm, with opening ceremony starting at 2:00 pm.

You can pre-register at msspwalk.donordrive.com MC Bill Bradley & O Canada performance by Canada's Got Talent finalist, The Turnbull Brothers. For more information check out our Facebook page for updates MS Walk Cape Breton



TAX TIPS & VALUABLE DEDUCTIONS

Are you receiving emails insisting you click on a link? Text messages promising a benefit payment or refund? Phone calls threatening to send the police if you don't pay up? Not only are all of these really annoying, they are all signs of scams!

Scammers continue to pose as the Canada Revenue Agency (CRA) and other government departments and agencies, to trick you into giving them money or personal information. Unfortunately, they're still having some success. The amount of money that people have lost to scams and fraud has increased over the years.

So what can we do? - The two most important things individuals have in defence of scams are awareness and time. Knowing what to expect when the CRA contacts you can help you tell the difference between real communications from the CRA and scams.

Scammers will try to pressure you and get you to act quickly. Why? Because the more time you have to think about what you're being asked to do, and the more time you have to go to official Canada.ca web pages to check if it's legitimate, the more likely you are to recognize it as a scam. The CRA scam alerts page can help you stay up-to-date and avoid the latest scams that may target you.

Remember - when it comes to scams, time is on your side! Take a minute to think about the text, email, letter, or phone call you received. What are you being asked to do? Does it seem unusual, or too good to be true? Are you being pressured with aggressive language or threats?

If you are unsure and want to confirm if a message is from the CRA, please contact us: In the provinces - individuals:

1-800-959-8281 - Businesses: 1-800-959-5525

If it turns out to be a scam, you can report it through the options on the Scams and fraud page, which also includes additional tips and helpful information.

By staying informed, you can avoid scams, and can proudly say - not today, scammer... not any day!



TAX **PROFESSIONALS**

222 Commercial Street - North Sydney - B2A 1B7

902 - 794-7117 - FAX 902-241-3088 sharon.matthews@hrblock.ca **DROP OFF & ONLINE SERVICE AVAILABLE**

THIS WEEK - NORTHSIDE COMMUNITY NEWS - email - thisweek@kleeradio.com - 902-595-4171 SYDNEY MINES LIBRARY THURSDAY After School Class starting at 2:30. HOURS OF OPERATION

Monday 1:00 pm - 5:00 pm 6:00 pm - 8:00 pm Tuesday 9:30 am – 8:00 pm Wednesday 9:30 am- 8:00 pm Thursday 9:30 am – 8:00 pm Friday 9:30 am - 5:30 pm Saturday 9:30 am - 12:00 pm 1:00 pm - 5:00 pm Sunday Closed

Are you or a good friend celebrating a birthday? Send your Birthday Greetings free send info to this email address thisweek@kleeradio.com

OLD TIME RADIO & MUSIC PODCASTS

scroll down and click on the "PODCAST" link and start your Free download. Check back each week as we feature a new podcast regularly.

www.kleeradio.com

The popular Late Nite Oldies Show with DJ Jack Cool returns to K-LEE

RADIO on Friday evenings at 9:00 Join Jack pm. as he plays the



very best in 50s, 60s and 70s Oldies each week on his show.



See page 7 for an amusing true story taken from our new book "Cape Breton Outhouse Tales & Trivia".

LOOK BEFORE YOU LEAP

This good piece of advice was often uttered to me and my brother through the years and we tried to heed it whenever possible.

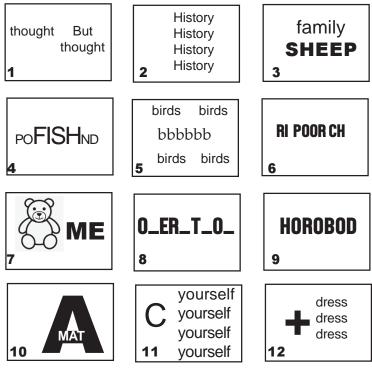
But his next incident occurred at Gillis Lake one bright Summer evening. My father liked to fish trout and we had a 12 foot aluminum boat that he usually took out each night.

I went down at nightfall each evening to give him a hand to drag the boat onto shore to tie it to a tree. He had caught a few trout and was rowing back in to shore to tie up the boat. He started to pick up his fish and some gear and started to untangle a knot he had in his fishing line.

He always brought the boat in backwards to make it easier to tie up to the tree. On this night, there was a slight breeze and when the boat grounded, it started to drift out from shore. My father finally got the knot out and stepped out the side of the boat assuming he was still near the shore. Down he went into six feet of water sputtering and splashing and cursing like a sailor. He dropped the tackle box in the water and lost a lot of lures and hooks. I thought of the "Look before you leap" phrase but was wise enough not to say it. On the plus side I learned quite a few new curse words.

WUZZLE PUZZLE

Below are some common word phrases, see how many you can guess correctly.



<u>ANSWERS -</u> 1 But On Second Thought, 2 History Repeating Itself, 3 Black Sheep In The Family, 4 Big Fish In A Little Pond, 5 Birds And The Bees, 6 Take From The Rich And Give To The Poor, 7 Bear With Me, 8 Painless Operation, 9 Robin Hood, 10 Matinee, 11 See For Yourself, 12 Addresses

KIWANIS GOLDEN K Klondike 50/50

Come play our Klondike 50/50 Draw. Boxes are located in various locations around the Northside.

Draw every Thursday. For tickets call Paul at 902-577-4239.

DEADLINE FOR NEWS ITEM SUBMISSIONS

A Reminder to all Clubs, and Organizations that our deadline for news is Tuesday at 5:00 pm in order to make it into Wednesday's edition.



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WEEKLY HOROSCOPE

ARIES (MARCH 21-APRIL 19) - This is a powerful day for you because the Sun is in your sign. However, Mercury retrograde is also in your sign, which means you're dealing with old business plus, ex partners and old friends. Fortunately, Venus, in your sign as well, guarantees that you'll be smooth and charming with everyone.-

TAURUS (APRIL 20-MAY 20) - You can get a tremendous amount done today, especially if you're working with others - teams, clubs and organizations. Someone older might give you advice or assistance.

GEMINI (MAY 21-JUNE 20) - You will get a lot done today because you are motivated. Your ambition is aroused and fortunately, your follow-through energy is right there as well. Whatever you do will impress bosses and authority figures. Share your goals for the future with someone else to get their feedback. **CANCER (JUNE 21-JULY 22)** - Believe it or not, this is one of the most productive days of the year! You can get a lot done because you look good to bosses, parents, VIPs and even the police.

LEO (JULY 23-AUG. 22) - Your focus might be on publishing, legal matters, medicine or travel plans today; nevertheless, you have a strong driving energy to clear up loose details about insurance issues, inheritances and shared property. Get as much done as possible today because the gods are with you.

VIRGO (AUG. 23-SEPT. 22) - This is an extremely productive day, one of the best days to get things done in the entire year. However, you might encounter opposition from a partner or close friend. The secret is to harness that energy and work for a winwin solution. Is this possible?

LIBRA (SEPT. 23-OCT. 22) - You will get an enormous amount of work done today because planetary vibes can make this one of the most productive days of the year for you. You're keen to work and get results! Appeal to others, especially experts for support. Renegotiate old business.

SCORPIO (OCT. 23-NOV. 21) - Those of you in the performing arts or in sports can make great strides today because this is a fantastic day to practice and hone your technique. Meanwhile, every Scorpio can be productive today, especially finishing old business and wrapping up stuff that needs to get done.

SAGITTARIUS (NOV. 22-DEC. 21) - Despite your desire to enjoy fun times, including vacations, today you can make major headway with domestic improvements. Buckle down and get stuff done that will make a difference.

CAPRICORN (DEC. 22-JAN. 19) - Family and domestic issues will go well today, especially if you're finishing home repairs or redecorating projects. You are proactive and convincing, which is why others will listen to you today. Count on getting a lot done! (This will please you.)

AQUARIUS (JAN. 20-FEB. 18) - You'll be pleased at how productive you can be today, especially because your communications with others will get the results you want. Be firm about financial issues and financial arrangements. Ask for what you expect to get. Today your hard work will pay off!

PISCES (FEB. 19-MARCH 20) - Today has the potential to be one of the most productive days of the year for you because fiery Mars in your sign is lined up with stern Saturn. In a word - you mean business! Financial discussions will go well. This is an excellent time to rethink financial deals. Do get out of bed.

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Mother's Day MARKET VENDOR'S								

KELLYS ALL NATURAL BEAUTY PRODUCTS SCENTSY WITH KIANA -CRAFTED BY CORTNEY -CHARLIES BAKE SHOP -HANDMADE WITH LOVE BY LENNEX -MARY KAY -DELICIOUS LOAVES -JESSNSTITCHES -KITCHEN 1409 -VICKERS FUDGE -NORMA MATHESON -AN APPLE A DAY HANDMADE -CRICUT CRAFTS BY ASHLEY -ETHEREAL & ALLURING FISHERMANS DAUGHTER -SHORELINE CRAFTER -LELANSONS CRAFT SHACK

-BODES

-FROST & FRINGE -LEX LYNN AUTHOR -EPICURE -GWEN MACDONALD-HOMEMADE SOAP -LOLA'S CREATION -KAYLAS ART AND DESIGNED -SUNNIDREAMS -CHOCOLATE TREATS WITH BELLA -THE PAINTED LADIES

LIVE MUSIC 1-3 Reaturing Featuring Featuring For severe and the severe Walsh Ball Ball Bow

50/50 & BASKET AT THE DOOR

PROCEEDS WILL BE DONATED TO HAND MADE BY LENNEX FOR HER DONATION TO THE BREAST CANCER SOCIETY IN HONOUR OF HER MOM JUSTINE MACKINNON