42 FRASER AVENUE SYDNEY MINES PHONE 736-2280

G. MacDonald - Denturist

By Appointment

HIGH STREE1 BADDECK **PHONE** 295-2516



NORTHSIDE COMMUNITY NEWS

FREE

Vol. 15 - M A Y 21st - 2025



NESS RACING NORTHSIDE DOWNS

105 REGENT ST. - NORTH SYDNEY **EVERY SATURDAY - 1:00 pm BEGINNING M AY 10TH**



ALPH IVEY'S





DO IT - IT CAN'T BE DONE!

93 KING STREET BY THE TRACKS

Bring your Vehicle in for Auto Servicing

794-7500

McCormick's

126 SEAVIEW DRIVE - - NORTH SYDNEY COMPLETE AUTO SERVICING



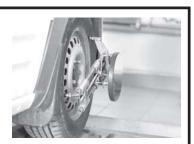
The Only Treatment That Can Be Applied **All Year Round**



MOTOR VEHICLE **INSPECTION**



COMPLETE **BRAKE SERVICE**



WHEEL ALIGNMENT **SPECIALISTS**

OPEN MONDAY - FRIDAY 8:00 - 5:00 PM PHONE 794-49



BRANCH 19 LEGION UPCOMING EVENTS

SHOTZ FIRED, MAY 31, 9 PM TILL 1 AM, TICKETS \$15.00, **AVAILABLE NOW**

KARAOKE IS HERE SUNDAYS Karaoke will start at 5PM and go till 9 PM - No cover charge.

Come in, sing a song, or just enjoy the music,

EXECUTIVE MEETING - May 27/ 2025 @ 7pm

GENERAL MEETING - May 28 / 2025 @ 7PM

Legion Branch19 Hall is available to rent for all occasions, come check it out if you are looking for a great spot to host an event.

EVERY FRIDAY, Happy Hour prices from 5:00 p.m. Till 8:00 PM

We have 2 Pool tables that are open to public daily, with the exception of Tuesday (Member Night Tournament).

Big screen TV,come in and watch some sporting events.

Royal Canadian Legion Branch 83 Florence



BINGO THURSDAY

7:00 pm

TARABISH

Tuesday 7:00 pm **DOWNSTAIRS**

POOL

Wednesday, 7:00 pm **DOWNSTAIRS**

WASHER TOSS

Friday, 7:00 pm **DOWNSTAIRS**

THE CIRCLE

SATURDAY7 PM **UPSTAIRS**

45s CARD GAME EVERY MONDAY -7:30 pm



May 23 - 8:00 - 12:00 MUSIC BY

DOWNHOUSE BAND

736-6313



The Mens Club, Holy Family Parish, Main Street, Sydney Mines, are hosting FRIDAY NIGHT BINGO in their Hall at 7:00 pm.

\$20.00 for 6 cards - \$30.00 for 9 cards - Bingo before Bingo, 50/50 Draw.

BIRTHDAY WISHES



Belated Birthday Wishes to George Osmond from his wife Rose & Family and all your friends from Central Court.

SYDNEY MINES SENIORS & PENSIONERS CLUB

Fraser Avenue, Sydney Mines



TURKEY BURGER SALE

FRIDAY, JUNE 6TH \$12.00

TAKE OUT ONLY

45s Card Game Lessons

Bras d'Or Seniors Club is offering free 45 card game lessons on Thursday afternoon starting April 17th at 2:00 pm.

> **66 MAIN STREET** LITTLE BRAS D'OR

SUNDAY BINGO

Sydney Mines Seniors & Pensioners Club - Fraser Avenue, Sydney Mines

2:00 pm - SUNDAY

Single Door - \$3.00 - Double Door \$5.00 - Regular Games \$100.00

JACKPOT \$1.275 on 54#s or less **TOONIE \$758+**

MONDAY FUN NIGHT - 7 PM

45° CARD GAME

WEDNESDAYS - 7:30 PM

SATURDAY DANCE

8:00 - 12:00 \$5.00 At Door



HIGH BOYS

ANNIIAL PLANT SALE



North Sydney Garden Club's Annual Plant Sale will take place on Saturday, May 24, 10 am -12 am at the EX, 105 Regent Street in North Sydney

Lots of Perennials, and a sale table of garden items (pots, vases, wreaths, etc.)

FLEA MARKET!

May 31st 10:00 am -1:00 pm \$2 admission

NORTH SYDNEY SENIORS' & PENSIONERS' CLUB

Vendors: Book a table by May 17th by calling Sandy at

902-794-4085

\$10/table (arrive at 9:00 am to set up)

Branch 008 Legion Hall available for rent for adult birthdays, anniversaries, wedding receptions, reunions, baby & bridal showers - Phone Debbie (902) 217-2847

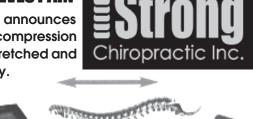


NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.





793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

BR. 008 LEGION SYDNEY MINES

EVERY WEDNESDAY - Weight Watchers Program, Upstairs Hall - 5:00 - 6:30.

KARAOKE

Big Party Pulse Mobile DJBRANCH 008 LEGION

Main Street - Sydney Mines **Every Friday Night**

9:00 - 1:00 - Door Prize

FREE ADMISSION

BRAS D'OR SENIORS CLUB - Weekly 45's card game Thursdays at 7:30, 8 ways to win - Hall rentals, call 902-544-0893



8 PIECE CHICKENLarge Fries, Medium Gravy, med. salad

4 rolls **\$39.99** PLUS TAX



12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad, 4 rolls PLUS TAX **\$4.9.99**



Large Fries, Med.
Gravy, 2 Med. Salad,
6 rolls
PLUS TAX

Located in Little Bras d'Or on Trans Canada Highway - OPEN DAILY

- HOURS OF OPERATION - 11:00 AM - 9:00 pm PHONE 902-736-9496

SHAMROCK PUB

- DOMINION -

Presents



DYNAMIC DUO

Kenny Walsh & Guitarist James MacDonald SUNDAY, MAY 25TH 3:00 PM - 6:00 PM

MS WALK - EMERA CENTRE

I had the pleasure of doing Zoom interviews with

K y I e
Peterson &
J o c e I y n
Hynes. Kyle
once again is
organizing
the MS Walk



this year at the Emera Centre, and Jocelyn will be singing the national anthem. Our guest speaker this year will be Jayson Baxter, and MC is Bill Bradley. here the details - Registration: Starts at 1 PM, Opening Ceremonies: Kick off at 2:00 PM - JACK COOL

DANCE FLORENCE LEGION

May 23 - 8:00 - 12:00 \$10.00 per person Music by

DOWNHOUSE BAND

HALL AVAILABLE FOR RENT

- The North Sydney Seniors & Pensioners Club is available for rent for anniversaries, birthdays, showers, or funerals. To book, call John Lapare 902-794-9436.

GOSPEL HOUR with Pierre Chiasson Sunday mornings at 9:00 am - Logon to -

www.kleeradio.com



1415 Highway 105, Bras d'Or, NS B1Y 2N5

902-736-0301 (office) 902-736-0411 (fax)

diannetimminsmla@gmail.com





THE HILLS OF BOISDALE COMMUNITY ASSOCIATION

SPRING TEA & PLANT SALE

SUNDAY JUNE 1ST, 2025

1:00 - 3:00 pm - \$12.00 Boisdale Firehall (Hwy.223)

In support of HBCA community
Support Programs



SYDNEY MINES HUNTING & FISHING OUTDOOR WEEKEND SYDNEY MINES RINK JUNE 7TH & 8TH

Saturday June 7th - 10:00 - 5:00 Sunday - June 8th - 10:00 4:00



FRED TILLEY

902-736-0546



1 Elliot Street, Sydney Mines, NS, B1V 2N2 TEL: - 902-736-0546 - FAX - 902-736-9213 mla@northsidewestmount.ca

™ Take 2

PAUL POWER

William Broad, better known as Billy Idol, will turn 70 this year and he's just released his ninth studio album titled 'Dream **Into It**'. It's been 11 years since his last album, but he did release a 4 song FP in 2021 which was absolutely amazing. Billy rose through the ranks of the punk scene in the late 1970's as the lead singer of the band Generation X and then had huge critical and commercial success in the 1980's. He moved away from the limelight in the 1990's a bit-only releasing 4 albums between 1990 and 2005, but did do some acting. FYI-did you know that director James Cameron originally had Billy in mind to play the T-1000 robot in "Terminator 2-Judgment day" but a serious motorcycle accident in February of 1990 put Billy out of the picture-literally. This is a concept album about Idol's life: it started when he was working on a documentary, "Billy Idol Should Be Dead" with filmmaker Jonas Akerlund, Idol said "with



this album, I wanted to really talk about all of my life. Lyrically, I couldn't help but bounce off the documentary, sequencing the album so it told the story of my life." There's 9 songs here; on the opening title track Billy recalls his childhood dreams, and the sona '77' is a duet with Avril Lavigne (like the songdon't like her) and it does sound more like one of her songs than his. The song 'Wildside' is a duet with Joan Jett and it is a great number. As for some of the other tracks Billy gets introspective on the uptempo 'People I Love', an apologetic I am who I am. The album is a mix of rock, punk rock, new wave and glam rock and closes out with the great song, 'Still Dancing', which is pure Billy Idol, and it's the best song here. He is indeed still dancing-and still rocking.

NORTH SYDNEY SENIORS & PENSIONERS CLUB

309 Commercial St. - (BEHIND THE LIBRARY)

We are so excited to announce that we are no longer old achool. Our Bingo machine is fixed and we are ready to go for

WEDNESDAY MAY 21ST

5:30 PM DOORS OPEN - BINGO STARTS 7:00 PM

ENTRY CARD \$3.00 - EXTRA BOOKS \$5.00 Regular Games Prizes \$75.00

JACKPOT \$2,000

on 53 #'s or less Come one, come all, enjoy our family atmosphere and try your luck

CANTEEN SPECIAL

Hot Dog, Water or Pop, Chips or Cheesies all for \$5.00

Shear Madness Hair Designs



Friday 9:00 - 5:00 **363 MAIN STREET**

FLORENCE

Saturday 900 - 4:00 T-ZONE VIBRATION AVAILABLE **736-7777**

Come Check Us Out

Tues. & Wed. 9:00 - 5:00

Thursday 9:00 - 7:00

HANDICAP ACCESSIBLE

NORTH SYDNEY

FIRE HALL PIERCE ST. - NORTH SYDNEY

THURSDAYS

Ernie, Todd & Wade Kitchen Open 4:30 Music 5:00 - 8:30 KITCHEN OPEN



has over 100 Free Podcasts you can download Old Time Radio Shows, Free music concerts, & Oldies Podcasts. www.kleeradio.com

BRANCH 008 LEGION - SYD

TUESDAY NIGHT BINGO - 7:30 PM JACKPOT - \$600 ON 49#° OR LESS \$25.00 ADDED EACH WEEK TO JACKPOT

NEW HOURS - 1:00 - 12:00 - Monday - Saturday

EVERY WEDNESDAY - Weight Watchers Program, Upstairs Hall 5:00 - 6:30.

EVERY FRIDAY - KARAOKE from 9:00 -1:00 pm



Every Friday Evening 9-1 **NO ADMISSION**

PHONE (902) 736-3206

Kids Say The Darndest Things

There was an early radio and TV show hosted by Art Linkletter where he interviewed young kids and often had them say funny things or reveal family secrets.

That's similar to what happened in this next story from my troubled past. My father had the habit, when he didn't know a particular person, he would call him "Arsehole McGinty". For example, if a new individual moved into our neighbourhood and did something not approved of by the established crew, my father would say something like, "Arsehole McGinty didn't cut his lawn"

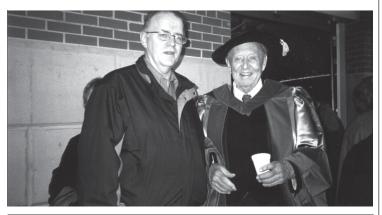
As a young boy of seven, I naturally thought that Mr. McGinty was a real person. The pastor of our church came for a Sunday visit and asked my father if he knew the name of the new neighbour who just moved in.

My father told the pastor, "No, I haven't been introduced to him yet." Hearing this, I immediatley piped in, "No daddy, his name is Arsehole McGinty." Needless to say I was banished to my bedroom and my parents had to come up with a good excuse as to my language.

I had the pleasure of meeting Art Linkletter in Prince Edward Island when he was guest speaker for the University of Prince Edward Island Graduation when our daughter graduated.

There is a connection to the Island that he shared with the audience. Art Linkletter's father was an itinerent preacher and often moved around a lot. The Linkletter family lived on the Island until Art was 14 years old before his father moved on. Art said that he remembered fondly his short stay on the island.

In the picture below, you can tell it was a while ago as I had some hair then.



Videotapes wear out so save your precious memories before it's too late

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We can transfer VHS, 8mm tapes and Mini-DV at Great Prices! We also do audio cassettes to CD's

Phone (902) 736-9402 (Paul)



P DID YOU KNOW?

You can download a Digital Copy of our weekly paper www.kleeradio.com

CELEBRATE!

This year, 2025, CBRL celebrates 75 years of public library service in Cape Breton communities. In recognition of this amazing milestone, branches in CBRM and Victoria County will host events and initiatives throughout the year to celebrate literacy, learning and community connections, and we welcome you to be a part of the fun!

Whether you are a new member, have been accessing collections, programs, and service since 1950, or just want



to get back to using the library branch in your area, there are so many reasons to join us for CBRL's Diamond Jubilee!

NOW OPEN TO SERVE YOU





LOBSTER & SNOW CRAB



KAYLA CELL - 902-577-7357 brogansoffice@gmail.com



Guaranteed Quality Lobster - Open Now - July 15th LOCATED AT 127 Queen St., North Sydney We are OPEN now!! and selling Lobsters

Great Gift For Mother's Day or Father's Day



KWIK KOPY PRINTING

CHARLOTTE STREET - SYDNEY

PHONE 562-2122

NORTH SYDNEY LIBRARY



STORYTIME - on Saturdays at 2:30 pm.

FIBRE LUNCH - Thursdays 1:00 pm on Thursdays.



Something special is brewing at the library... and you're invited!

We're excited to launch our pop-up InSidewalk Café, happening three Thursdays in MAY - Come sip, relax, and connect at the North Sydney Library!

We'll have warm coffee, fluffy muffins, and comfy spaces.

Thursday, May 22nd, and May 29th from 10:30 am - 12:00 pm

THE 2025 SYDNEY CRUISE SHIP SCHEDULE ON PAGE 7

HOLY FAMILY PARISH

BINGO every Friday night 7:00 pm at the Parish Hall, Main Street, Sydney Mines

BRANCH 008 LEGION -

Sydney Mines is available for rental for anniversaries, adult birthday parties, reunions and weddings - Phone 902-736-3206.



NORTH SYDNEY URGENT CARE CENTRE HOURS

Monday, Tuesday & Thursday 8 am - 7:30 pm Wednesday & Saturday 9:00 am - 4:30 **ON A GLUTEN-FREE DIET?** - Are you living with celiac disease? Or perhaps your child suffers from gluten allergies? If so, you know all too well that avoiding gluten-based meals is imperative, but not always simple.

The good news? There are excellent gluten-free food alternatives in the market. The bad news is that gluten-free food presents an economic burden, as it's usually more expensive and product availability is greatest in upscale health food stores and restaurants.

Naturally, purchasing these expensive alternatives on a regular basis can add up over the year. With rising food costs brought on by inflation, managing celiac disease poses a potential challenge to families all over the country. On the bright side, it turns out that tax time is your opportunity to recoup some of those food expenses!

Since those suffering from celiac disease need to spend more on food for health and medical reasons, the Canadian government has a program to lessen some of the financial burden. We've answered some common questions on tax credits and support available below.

What do I need to do to claim my gluten-free food expenses? - Food expenses due to allergies can be claimed as medical expenses, though it does take preparation and organization throughout the year. Here are some tips to keep in mind to help come tax time. Make sure that you're eligible to receive this tax return and that it's in line with your doctor's recommendations. To qualify, you'll need to submit a form and letter from a medical practitioner confirming that you or your child has celiac disease and needs a gluten-free diet. Only gluten-free food expenses incurred by someone with a medically documented gluten-allergy can be claimed.

Have receipts on hand for each gluten-free food product that you want to claim. We recommend saving the original receipt in a folder, as well as taking a photo and saving it somewhere safe on your computer to ensure you have back-up. The key is to make this a part of your grocery shopping routine.

You'll need to keep a summary of each gluten-free food product bought during the year that's being claimed, along with the incremental cost and amount to claim. You'll also need to keep tabs on the cost of its conventional version. The dollar amount that'll be returned to you is dependent on the incremental costs that these specialty food products incurred. For example, if the box of gluten-free pasta is \$4.00, and its durum-wheat version is \$1.00, then you can claim \$3.00.

H&R BLOCK

TAX PROFESSIONALS

220 Commercial Street, North Sydney, B2A 1B7

Office 902-794-7117 - Fax 902-241-3088

lisa.tobin@hrblock.ca

Walk In Or Drop Off Service Available

If you would like to send out Birthday Greetings to a family member or friend, simply email us with the information and we'll publish it free of charge thisweek@kleeradio.com



SYDNEY MINES LIBRARY

BABIES & BOOKS on Fridays from 2:30-3:30 pm. at Registration is required for this program





TRIVIA NIGHT NORTH SYDNEY FIREMENS CLUB

Pierce Street, North Sydney EVERY FRIDAY NIGHT

7:00 pm

E V E N T S

BINGO - Every Sunday, 2 PM at Sydney Mines Seniors & Pensioners Club.

BINGO - Br. 008 Legion, Tuesday at 7:30 pm.

MAY 19 - From Tunes & Wooden Spoons at Holy Family Parish Hall, 899 Main Street, Sydney Mines - see page 3 for details.

MAY 23 - Florence Legion - Dance with DOWNHOUSE BAND - 8:00 - 12:00.

May 24 - North Sydney Garden Club's Annual Plant Sale - 10 am -12 am at the EX, 105, Regent Street in North Sydney. MAY 31 - DANCE-SHOTZ FIRED 9 PM TILL 1 AM, TICKETS \$15.00 at the door - at North Sydney Legion, Archibald Avenue.

MAY 25 - MS Walk - registration at 100 pm at Emeral Centre, North Sydney, with Opening Ceremonies at 2:00 pm.

EXECUTIVE MEETING - May 27/ 2025 @ 7pm - Branch 19 Legion. GENERAL MEETING - May 28/ 2025 @ 7PM - Branch 19 Legion BROGAN'S FISHERIES open now for the sale of lobsters & Bellas Food Truck open May 12.

MSWALK



Will take place on Sunday, May 25th at the Emera Centre, North Sydney - Registration will begin at 1:00 pm and the Opening Ceremonies will start at 2:00 pm with Jocelym Hynes performing.

K-LEE RADIO has over 100 Free Podcasts that you can download - Old Time Radio Shows, Free music concerts, Cape Breton & Oldies Podcasts. Logon to our website and click the "DOWNLOADS" Page.



CRUISE SHIP SCHEDULE 2025

May 28 - Zuiderdam - 1964 pas June 3 - Zuiderdam - 1964 pas June 5 - Carnival - 2134 pas June 7 - Is. Princess - 2210 ps June 11 - Zuiderdam - 1964 pas June 16 - Volendam - 1432 pas June 18 - Zuiderdam - 1964 pas June 24 - Zuiderdam - 1964 pas June 27 - Is. Princess - 2210 pas Juny 2 - Zuiderdam - 1964 pas July 2 - Zuiderdam - 1964 pas June 3 - Volendam - 1432 pas July 8 - Zuiderdam - 1964 pas July 8 - Zuiderdam - 1964 pas

YOUR FREE SODUKO WEEKLY PUZZLE								
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8	5							
				2				

A Daily Crossword Online Puzzle available at -www.kleeradio.com click on FEATURES link

AROUND THE TOWN

NORTHSIDE COMMUNITY
NEWS EVENTS
GLEN GRAY - EDITOR



Finally the weather is getting into the double digits and sunny. It won't be long before I get fishing the mackerel on the wharf or down at **Indian Beach** - it will be good to get out again and enjoy some of the wonderful musical entertainment the Northside has to offer..... COMMUNITY **EVENTS** - Harness racing has begun again at Northside Downs on Regent Street in North Sydney, every Saturday afternoon beginning at 1:00 pm, take a look and enjoy some great harness races, canteen service is also available.... BRANCH 19 LEGION EVENTS - SHOTZ FIRED, MAY 31, 9 PM TILL 1 AM, TICKETS \$15.00, AVAILABLE NOW - KARAOKE IS HERE SUNDAYS - will start at 5PM and go till 9 PM - No cover charge. Come in, sing a song, or just enjoy the music, the EXECU-TIVE MEETING - May 27/2025 @ 7pm, GENERAL MEETING May 28 /2025 @ 7PM.... **FLEA MARKET** - May 31st 10:00 am -1:00 pm \$2.00 admission at NORTH SYDNEY SENIORS' & PEN-SIONERS' CLUB - Vendors: Book a table by May 17th by calling Sandy at 902-794-4085 - \$10/table.... Sydney Mines Seniors & Pensioners Club, Fraser Avenue, Sydney Mines, Turkey Burger Sale, Friday, June 6th - \$12.00, Take Out Only..... North Sydney Garden Club's Annual Plant Sale will take place on Saturday, May 24, 10 am -12 am at the EX, 105 Regent Street in North Sydney, lots of Perennials, and a sale table of garden items (pots, vases, wreaths, etc.)... DANCE at the FLORENCE LEGION, May 23 - 8:00 - 12:00 \$10.00 per person, Music by **DOWNHOUSE BAND**..... The Hills of Boisdale Community Association Spring Tea & Plant Sale SUNDAY JUNE 1ST, 2025, 1:00 - 3:00 pm - \$12.00 at the Boisdale Firehall, (Hwy.223), In support of HBCA community support Programs..... SYDNEY MINES HUNTING & FISH-ING OUTDOOR WEEKEND - SYDNEY MINES RINK JUNE 7™ & 8^{TH} -Saturday June 7th - 10:00 - 5:00 and Sunday - June 8th -10:00 4:00 pm the North Sydney Library, in conjunction with their **75th Anniversary** - Something special is brewing at the library... and you're invited! - We're excited to launch our pop-up InSidewalk Café happening two Thursdays in MAY - Come sip, relax, and connect at the North Sydney Library! - We'll have warm coffee, fluffy muffins, and comfy spaces - Thursday, May 22nd, and May 29th from 10:30 am - 12:00 pm.... Lobster season is open and Brogan's Fisheries are selling lobsters and Bella's From The Sea Food Truck is also open for some summer treats..... the Broadway Musical "Come From Away" will be playing at the Savoy Theatre in August - see page 8 for details and ticket information, get your tickets early as this event will sell out quickly.... we have two stories for you this week from "Oh. Me Shattered Nerves" book, one about Bingo and Crispy Crunch bars and the other one is from my youthful past and concerns **Art Linkletter.... NOTE** - Clubs and organizations can have Free Publicity of ther events by emailing us by Monday at 5:00 pm and we'll publish it free email us at - thisweek@kleeradio.com

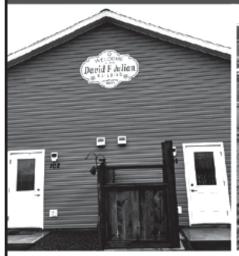


We are a not-for-profit organization led by a volunteer Board of Directors, supporting our community for over 42 years — from employment assistance to creating affordable housing for seniors.



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- ✓ Affordable Housing for Seniors & Families
- √ 22 NEW seniors units opened in October 2024
- ✓ NOW 42 total affordable housing units
- ✓ We are presently planning 6 quads (4 units/building), totalling 24 apartments

JOIN US FOR OUR ANNUAL HERITAGE FESTIVAL

July 25, 26 & 27 - 3 days of fun for the whole family! Main Street, Sydney Mines

Live Entertainment on the outdoor stage • Kido' Games es Bouncy Tents Craft Sale at Firemen's Centre • Food Trucks, Vendors & more

Also, check out our "Welcome to Sydney Mines" sign on the corner of Main & Pitt Streets. Thanks to the community for your continuing support.

765 Main Street, Sydney Mines 902-736-3796 newdeal_d@hotmail.com Coffee is always on – drop in and say hello