MacDONALD DENTURE CLINIC

42 FRASER AVENUE
SYDNEY MINES
PHONE
736-2280

G. MacDonald - Denturist
By Appointment

THIS WEEK

NORTHSIDE COMMUNITY NEWS

FREE FREE

Vol. 16 - NOVEMBER 4th - 2026

Help Support Our Local Legions During The Annual Poppy Campaign
Purchase And Wear A Poppy
"Lest We Forget"

RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

BRING YOUR CAR IN FOR ALL YOUR SERVICING

IF WE CAN'T DO IT - IT CAN'T BE DONE!

93 KING STREET
BY THE TRACKS

Bring your Vehicle in for Auto Servicing

794-7500

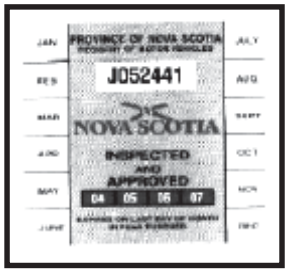
McCormick's TIRECRAFT

126 SEAVIEW DRIVE - - NORTH SYDNEY

COMPLETE AUTO SERVICING

MCCORMICKS KROWN

The Only Treatment That Can Be Applied All Year Round



MOTOR VEHICLE INSPECTION

COMPLETE BRAKE SERVICE AVAILABLE

WHEEL ALIGNMENT SPECIALISTS

OPEN MONDAY - FRIDAY 8:00 - 5:00 PM PHONE 794-4947

BRANCH 19 LEGION UPCOMING EVENTS

A message to all our patrons, please be aware that some people are scent sensitive .

New fundraiser has started, 3 pole lights (2 x straight pole 1 with shelves) ,sterling silver dollar,4 tickets to KoolCats on November 28th ,tickets available at downstairs bar. 3 for $5.00.

KOOL KATS are back, Tickets available November 6th.

New Years Eve Dance, Dec. 31

KARAOKE on SUNDAYS, No cover charge. Karaoke will start at 6 PM and go till 10 PM, Come in, sing a song or just enjoy the music.

Our next progressive jackpot should start as soon as we obtain our new license .Until then Karaoke will continue on Sunday nights.

Next Executive Meeting November 24th @ 7:00 PM.

Next General Meeting, November 25th @ 7 PM .

Hope to see a lot of members attend and give us your feedback on any thoughts you may have regarding moving forward

Friday Night Mixed Dart league has now started. if looking for something fun to do on a Friday evening come on in and play as a spare, it is a fun league.

Legion Branch19 Hall is available to rent for all occasions, come check it out.

HAPPY HOUR prices from 3 p.m. Till 8 PM.

We have 2 Pool tables that are open to public daily ,with the exception of Tuesday evening (Members only).

Big screen TV, come in and watch some sporting events.

NEW YEARS EVE DANCE

R.C.L Legion Branch 008

SYDNEY MINES

December 31st

DOORS & BAR OPEN

8:00 PM - DANCE 9 - 1

Music By

FINAL CUT

$15.00 each

TICKETS ON SALE AT DOWNSTAIRS BAR

KARAOKE

Big Party Pulse Mobile DJ

BRANCH 008 LEGION

Main Street - Sydney Mines

EVERY FRIDAY NIGHT

9:00 - 1:00 - Door Prize

FREE ADMISSION

NORTH SYDNEY FIRE HALL

Pierce St. – North Sydney

THURSDAYS

Ernie, Todd & Wade

Kitchen Open 4:30

Music 5:00 - 9:00

KITCHEN OPEN

HOLY FAMILY PARISH

BINGO every Friday night 7:00 pm at the Parish Hall, Main Street, Sydney Mines.

Get set for the Christmas holidays with Home Crafters of Cape Breton

THE BIG ONE!

Christmas Festival of Crafts

"THE BIG ONE"

at Centre 200

481 George Street Sydney

Friday November 6 - 2 - 8 pm

Saturday November 7 10 - 6 pm

Sunday November 8 12 - 5 pm

Admission $3.00 per person

Children under age 12 free when accompanied by an adult

BIRTHDAY WISHES (FREE)

Send Birthday Wishes to friends and Family free of charge, just email us with the information at this address **thisweek@kleeradio.com**

BR. 008 LEGION SYDNEY MINES

EVERY WEDNESDAY - Weight Watchers Program, Upstairs Hall - 5:00 - 6:30.

BRANCH 008 LEGION - Sydney Mines is available for rental for anniversaries, adult birthday parties, reunions and weddings - Phone 902-736-3206.

NEW DECOMPRESSION TABLE RELIEVES PAIN

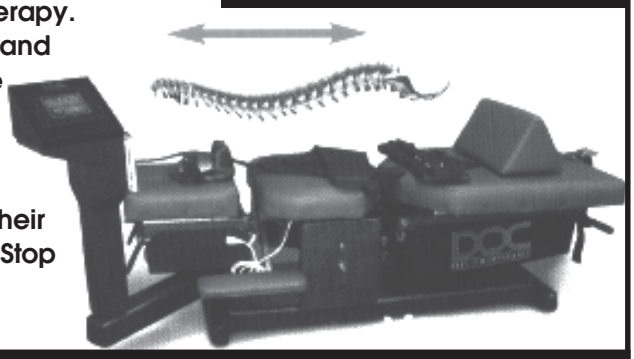
We've got your back!

Strong Chiropractic Inc.

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

The Story Forge Writing Group
presents the second annual

NORTHSIDE Book Fair

Saturday, November 21, 2026
12 - 5 pm
Northern Yacht Club
23 Seaview Dr, North Sydney

- BOOK LAUNCHES
- BOOK SIGNINGS
- USED BOOK SWAP
- CRAFTS
- OLD FAVOURITES
- NEW RELEASES
- LOCAL AUTHORS
- GREAT GIFTS!

Set Sail for Great Reading
and enter to win a bookish gift basket, too!

Dianne Timmins
MLA for Victoria-The Lakes

1415 Highway 105,
Bras d'Or, NS B1Y 2N5
902-736-0301 (office)
902-736-0411 (fax)
diannetimminsmla@gmail.com

MIKE KELLOWAY
MEMBER OF PARLIAMENT SYDNEY — GLACE BAY

902-539-0525 mike.kelloway@parl.gc.ca

NOTE - To all clubs, associations - publicize your upcoming events in our paper at no cost - Simply email us at this address with your event **thisweek@kleeradio.com** by Monday at 5:00 pm

SUNDAY BINGO
Sydney Mines Seniors & Pensioners Club - Fraser Avenue, Sydney Mines
2:00 pm - SUNDAY
Single Door - $3.00 - Double Door $5.00 - Regular Games $100.00
JACKPOT $1,550 on 54#s or less
Toonie -$1,014 +

MONDAY FUN NIGHT - 7 PM
45S CARD GAME
WEDNESDAYS 7:30 PM
SATURDAY DANCE
BAMM NO KARAOKE JUST DANCE
8 - 112 - $5.00 AT THE DOOR

Craft Fair

Come join us for a Christmas Craft Market at Boularderie School on November 8th 10 - 4 pm. It is sure to be an amazing day filled with local talent, delicious treats, and handmade goods - $20.00 per table

If you are a crafter and are interested in becoming a vendor please fill out the following form: https://form.jotform.com/262725179468066 - or contact us at boularderiechristmascraftfair@gmail.com

Bianchini's Pizzeria
DEBIT AT THE DOOR AVAILABLE

PIZZA - SUBS - BURGERS - SALADS - DONAIRS
NACHOS - GARLIC FINGERS - WINGS

PHONE 794-3191

MON - THURS	FRI. - SAT.	SU N D A Y
11 am - 9 pm	11 am - 10 PM	3 pm - 9 pm

WE CATER TO SERVICE GROUPS AND ORGANIZATIONS WHO SELL SPAGHETTI DINNERS AS FUND RAISERS

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MLA for Northside-Westmount

FRED TILLEY
902-736-0546

1 Elliot Street, Sydney Mines, NS, B1V 2N2
TEL: - 902-736-0546 - FAX - 902-736-9213
mla@northsidewestmount.ca

Take 2

PAUL POWER

I checked out 2 productions in particular recently; 1 was a movie and the other was a limited series with both located on the East Coast. I have to say that I was disappointed by the movie "Little Lorraine"- aside from the fact that some of the locations were familiar and that there were some capable actors on-board (but when I saw 2 local comedy actors in particular I thought "jeez are they in everything?") but there just wasn't enough here to keep my interest-and the ending truly sucked. Sometimes a great song isn't enough to carry a movie plot. Without going on any further about it I would say that I think this movie is like something you'd see on a Saturday night on CBC TV (not that I watch CBC anymore). On a better note, the second production was the Netflix thriller "Below" starring Josh Hartnett, Mackenzie Davis, Charlie Heaton, Mary Walsh and Natasha Henstridge and is set in Newfoundland. The story does get a bit weird as the 6 part mini-series draws to a close but Hartnett and Heaton have great chemistry as father and son fishermen down on their luck. What caught my ear was how much the actor's take on the Newfoundland accent sounded like Irish accents, something we experienced first hand in Ireland when we would say certain words and phrases and were told that we could almost pass the muster as locals. I'm not from Newfoundland (but my maternal grandfather was) yet I do know that a hint of my East Coast accent shines through at times. To be honest my 2 favourite accents of all are the Irish and the Newfoundland ones. Also, kudos to the producers for their choice of songs for the soundtrack here. This is worth watching.

NORTH SYDNEY SENIORS & PENSIONERS CLUB

Main Street - North Sydney

Wednesdays - Doors Open at 5:30

Game Starts at 7:00 pm

ENTRY CARD $3.00
EXTRA BOOK $5.00
SPECIALS $1.00 EACH
JACKPOT - $2,600 on 54 #'s or Less
TOONIE JACKPOT - $132.00 +

IT'S YOUR CLUB - COME AND USE IT

NORTH SYDNEY SENIORS & PENSIONERS CLUB UPCOMING COMMUNITY EVENTS SCHEDULE

EVERY TUESDAY - 7:00 pm - Darts.
MONDAY - Crib Tournament - :00 - 4:00.
TUESDAY - Rummoli 2:00 - 4:00 (times subject to change)
DECEMBER 11 - Christmas Supper, Members & Guests.

DIGITAL COPIES OF ALL OUR PAST ISSUES ARE AVAILABLE FROM OUR WEBSITE
www.kleeradio.com

FLEA MARKET

Sydney Mines Seniors & Pensioners Club
2 FRASER AVENUE
SYDNEY MINES
Saturday, November 7
from 10:00 - 1:00 pm
Tables $10.00 each or 2 for $15.00
To book tables call Ann
(902) 736-9740

OUR DEADLINE FOR NEWS ITEMS IS 5:00 PM ON MONDAYS

Shear Madness Hair Designs

GIFT CERTIFICATES AVAILABLE

Come Check Us Out
Tues. & Wed. 9:00 - 5:00
Thursday 9:00 - 7:00
Friday 9:00 - 5:00
Saturday 900 - 4:00
T-ZONE VIBRATION AVAILABLE

HANDICAP ACCESSIBLE

363 MAIN STREET FLORENCE

736-7777

BRANCH 008 LEGION - SYDNEY MINES

TUESDAY NIGHT BINGO - 7:00 PM

JACKPOT $1,000.00 ON 54#S OR LESS

$25.00 ADDED EACH WEEK TO JACKPOT

NEW HOURS - Mon. - Sat. -1:00 - 12:00 - Fri. & Sat. - 1:00 - 1:00

WEIGHT WATCHERS
Wednesdays 5:00 - 6:30

KARAOKE - Every Friday 9:00 - 1:00 - Free Adm.

Karaoke
Every Friday Evening 9-1
NO ADMISSION

PHONE (902) 736-3206

BRANCH 19 - NORTH SYDNEY LEGION REMEMBRANCE DAY PROGRAM

November 11th ceremony

St. John's Anglican Church, King Street

service starts at 10:00 AM, after service a parade to Cenotaph via Pierce Street will commence once arriving at Cenotaph, laying of wreaths ceremony will be held.

Following wreath laying, lunch will be served at Legion Branch 19 .with music by 3 Way Stop from 1:00 till 6:00 PM.

If you are going through North Sydney, please stop and have a look at the Remembrance Day display in front of the North Sydney Cultural and Heritage Centre Museum and library. You will be pleasantly surprised to see silhouettes of soldiers, crosses and poppies adorning the lawn. This display is done in part by the Downtown Development Association, most notably, Mr. Paul Finney, who goes above and beyond for the community. You will notice behind the silhouette when you visit there is a beautiful white cross standing tall inside the museum also in honour of November 11th this display is done annually by former North Sydney police chief Joe Meaney who is also past chairman of the Historical Society. These gentlemen are a true testament of wanting to remember the real reason we pause and reflect on November 11th. Also, please take time for look at the many veterans banners that are on the poles throughout North Sydney. This is also an undertaking of the North Sydney Historical Society with sponsorship and help from the North Sydney Fire Department, Royal Canadian Legion Br 19 North Sydney, Marine Atlantic and the C.B.R.M and special mention to Veterans Affairs Canada for past help. This banner program would not be possible without this assistance. **We Shall Remember Them.**

GRAND OPENING NORTHSIDE FARMERS MARKET

December 4 - 4:00 pm
1 Eliot Street
Sydney Mines

FUNDRAISER DANCE

Saturday, November 21
Time - 8:00 - 12:00
A 70s Dance
BOISDALE FIRE HALL
$15.00 per person - 19+
Music By - DJ Nelson
- DOOR PRIZES -

LATE NITE OLDIES

NEW TIME SLOT

Hear Jack on K-LEE RADIO at the new time **8:30** on Fridays

www.kleeradio.com

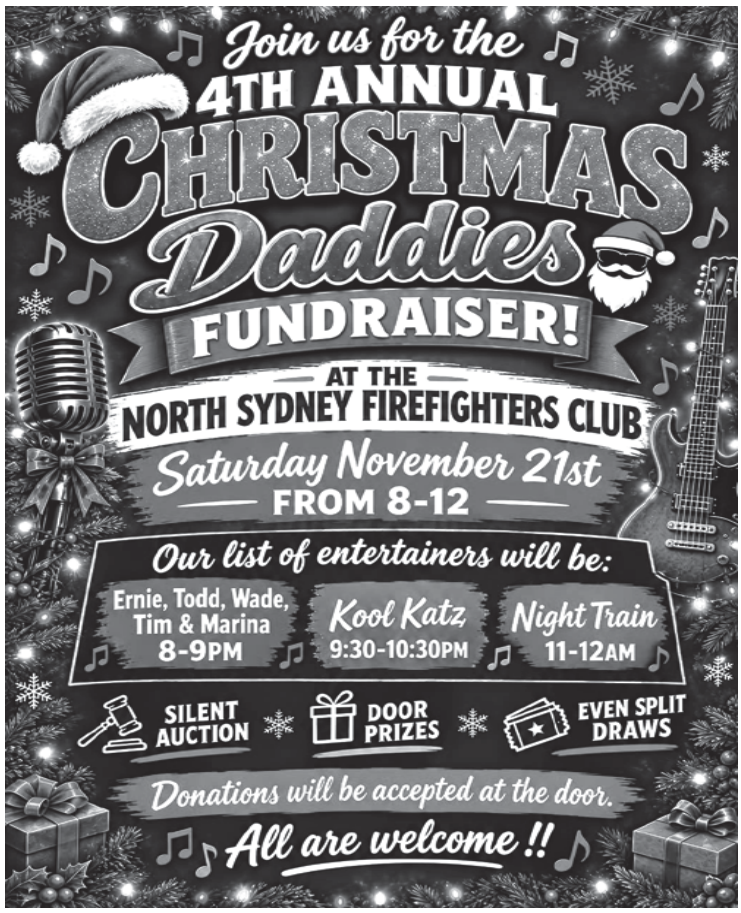
GOSPEL HOUR with Pierre Chiasson Sunday mornings at 9:00 am - Logon to our website - **www.kleeradio.com**

ERIN O'BRIEN BAND

NOVEMBER 7TH
9:00 - 12:00 pm
$10.00 At The Door
North Sydney Firemens Club
PIERCE STREET
NORTH SYDNEY

PHANTOM COUNTRY WITH YOUR HOST KENNY WALSH

Every Sunday 6:00 pm
www.kleeradio.com



UPCOMING EVENTS

a list of Community events that are happening in your community

NOVEMBER 6th, 7th 8th - Homecrafters of Cape Breton Christmas Festival of Crafts, Centre 200.

NOVEMBER 7 - Sydney Mines Seniors & Pensioners Club Flea Market, see page 4 for contact information.

NOVEMBER 7 - ERIN O'BRIEN BAND, 9:00 - 12:00 pm, $10.00 At The Door - North Sydney Firemens Club, Pierce Street, North Sydney.

NOVEMBER 8 - Christmas Craft Market, Boularderie School, 10:00 - 4:00, music, treats and handmade goods.

NOVEMBER 21 - Christmas Daddies Fundraiser from 8:00 - 12:00, North Sydney Firemens Hall, Pierce Street, North Sydney.

NOVEMBER 21 - Fundraiser Dance, Boisdale Fire Hall, 8:00 - 12:00, a 70s dance - 19+

NOVEMBER 21 - Northside Book Fair, 12:00 - 5:00 at the Northern Yacht Club, Seaview Drive, North Sydney.

NOVEMBER 21 - New To You Christmas Market, Bras d'Or Hall, 10:00 -2:00, see page 5 for more info.

DECEMBER 31 - New Years Eve Dance. DOORS & BAR OPEN 8:00 PM - DANCE 9 - 1, Music By FINAL CUT - $15.00 each, Tickets On Sale at Downstairs bar.

EVERY FRIDAY - 8:30 pm - Late Nite Oldies with Jack Cool airs on K-LEE RADIO.

Don't forget to apply for the Seniors Care Grant $750 and Home Heating Grant $400.

"THE CIRCLE"
FLORENCE LEGION
(UPSTAIRS)

Every Saturday
at 7:00 pm
For a variety of
great music

$3,00 COVER CHARGE

Please take the time to help out your area Food banks at this special time of the year
THANK YOU

K-LEE RADIO 24 / 7

Celebrating our 18th year of Broadcasting in Cape Breton the Best of Celtic music

VIDEOTAPES WEAR OUT!

SAVE YOUR PRECIOUS MEMORIES BEFORE IT'S TOO LATE!
WE DO PROFESSIONAL QUALITY TRANSFERS FROM TAPES TO DVD'S AND THUMBDRIVES USING PRO EQUIPMENT-NOT HOME VIDEO GEAR.

WE CAN DO VHS, 8MM VIDEOTAPEAND MINI DV TAPES
WE CAN PUT CASSETTES AND CD'S ONTO THUMBDRIVES AS WELL
GREAT PRICES
CALL PAUL AT 902 736 9402

* A Great Christmas Gift Idea!

KKP

KWIK KOPY PRINTING
CHARLOTTE STREET
SYDNEY
562-2122

HALL AVAILABLE FOR RENT - The North Sydney Seniors & Pensioners Club is available for rent for anniversaries, birthdays, showers, or funerals. To book, call John Lapare at 902-794-9436.

SOULS HARBOUR RESCUE MISSION
NOW OPEN IN SYDNEY MINES
848 Main St, Sydney Mines

Seniors Care Grant – Pg. 8

SYDNEY MINES LIBRARY

ONGOING BOOK SALE - all items are now 1.00 each

DONATIONS - requested for gently used books for our upcoming sale.

TUESDAY - no Knitting from this Tuesday.

NOVEMBER 4, 18, 25 - Coffee & Muffins, 10:30 - 12:00.

NOVEMBER 11 - Closed for Remmbrance Day.

NORTH SYDNEY LIBRARY

FIBRE LUNCH - Thursdays 1:00 pm.

NOVEMBER 9 - Ecology Action, open to the ppublic from 6:00 - 8:00 pm.

NOVEMBER 11th - Closed for Remembrance day.

Heating Assistance Rebate Program Now Open

The Heating Assistance Rebate Program helps low-income Nova Scotians with the cost of home heating. Rebates are $400 for each household. You can apply 1 October 2026 to 31 March 2027.

Apply to the Heating Assistance Rebate Program for help with the cost of home heating.

Rebate amount - You can receive $400 if you qualify for the Heating Assistance Rebate Program.

Eligible home heating costs include:

heating oil, electric heat, natural gas heat, wood, wood pellets, coal, other heating sources.

Ineligible home heating costs include:

heating that's included in rent

electricity usage that's less than 5,000 kWh per year

heating for investment or income properties

heating for seasonal or recreation properties

heating for commercial or business properties

Review detailed eligibility for home heating costs and heating bill requirements in the Home Heating Costs Factsheet.

YOUR FREE SODUKO WEEKLY PUZZLE

		5				1		
3				9			6	
			6	2			7	
6	2		3		1			
1	5	7	9	4	6			
				7				
2							9	
				6				1
4				1	2			

A Daily Crossword Online Puzzle available at - www.kleeradio.com click on FEATURES link

AROUND THE TOWN

NORTHSIDE COMMUNITY NEWS EVENTS

GLEN GRAY - EDITOR

Halloween is over and **Remembrance Day** is fast approaching, soon it will be Christmas once again, I can't wait - my favorite time of the year.... Lots of community activities are now being scheduled and I'm already getting New Years Eve Dance notices, let's take a look at what's coming up on the Northside.... the **Northside Book Fair** is taking place on Saturday, November 21 at the Northern Yacht Club on Seaview Drive, North Sydney from 12:00 - 5:00, a good opportunity to stock up on some Christmas gifts..... **FLEA MARKET** - Sydney Mines Seniors & Pensioners Club, 2 Fraser Avenue, Sydney Mines on Saturday, November 7, from 10:00 - 1:00 pm - Tables $10.00 each or 2 for $15.00, see page 4 for table contact information..... **Northside New To You Christmas Market,** Saturday, November 21 - 10 - 2:00 pm, Bras d'Or Hall - Villa Drive Admission $2.00 - 12 and Under Free..... **FUNDRAISER DANCE,** Saturday, November 21, Time - 8:00 - 12:00 - A 70s Dance BOISDALE - DOOR PRIZES..... **ERIN O'BRIEN BAND -** NOVEMBER 7TH - 9:00 - 12:00 pm - $10.00 At The Door, North Sydney Firemens Club, Pierce Street, North Sydney..... **Paul Power** is offering a Tape Transfer to CD service and this might make a perfect gift for those "hard to shop for", all the favorite memories on a convenient CD disk, see Paul's ad on **page 6** for details..... Two **Christmas Concerts** featuring the Cape Breton Chorale - The first concert will be held **Friday, Dec 18th, 7 P.M.** at the Church of Christ the King, 19 Trinity Ave, Sydney $30 - the second concert, "Christmas with the Cape Breton Chorale" will take place on Sunday, **December 20th - 3:00 PM,** St. John the Baptist Anglican Church, 24 King St., North Sydney - $30 - ticket information on page 8 of this edition.... and since we are heading towards the Christmas season, **K-LEE RADIO** will begin its Christmas music format on December 1st and you can download your own Christmas music from our website **- www.kleeradio.com** - just click on the **PODCAST** link and scroll through the list of free music you can download..... nice to see **veterans banners** on the various poles around the Northside, this helps to let people know the contributions that our Veterans have made, be sure to support the various Legions by buying and displaying **a poppy** and attending ceremonies on Remembrance Day..... Home Crafters of Cape Breton **Christmas Festival of Crafts** "THE BIG ONE" at Centre 200, 481 George Street Sydney, Friday November 6 - 2 - 8 pm, Saturday November 7 10 - 6 pm Sunday November 8 12 - 5 pm..... **NOTICE** - to all Church groups, Legions, Seniors Clubs, Fire Halls and Community associations, if you want free publicity for your upcoming event, in printed edition and digital edition - simply email **thisweek@kleeradio.com**

Cape Breton Chorale

Two Christmas Concerts Planned

The highly acclaimed chorale group, Cape Breton Chorale, has two Christmas Concerts planned for your entertainment. The first concert will be held Friday, Dec 18th, 7 P.M. at the

Church of Christ the King

19 Trinity Ave, Sydney $30
Tickets at 902-270-2591,
at On the Same Page Bookstore, 311 Charlotte. St.
at capebretonchorale.com and at the door

The second concert

"Christmas with the Cape Breton Chorale"

will take place on
Sunday, December 20th - 3:00 PM

St. John the Baptist Anglican Church

24 King St., North Sydney - $30
Tickets at 902-270-2591 at
Escape Outdoors 299 Commercial St., North Sydney
at capebretonchorale.com and at the door.

It's not to early to start gathering your Christmas Music and carols. K-LEE RADIO has produced 2 Christmas Podcasts for you - below is a sample of K-LEE RADIO CHRISTMAS PODCAST #1

It's Beginning to Look A Lot Like Christmas - Mike Wadden, Beach Boys - Frosty The Snowman, Rudolph The Red Nosed Reindeer - Gene Autry, Rockin' Around The Christmas Tree - Jimmy Rankin, Silent Night Roger Wittaker, Jingle Bells - Michael Buble, I Saw Mommy Kissing Santa Claus - Arthur Godfrey, Barra MacNeils - Carol of The Bells, White Christmas - Bing Crosby, Rita MacNeil - The Holly, Mary's Boychild Jesus Christ - Harry Belafonte, There's No Place Like Home For The Holidays - Perry Como, Hark The Herald Angels Sing - The Burke Family, Santa Claus Is Coming To Town - Burl Ives, Silver Bells - Dean Martin, I Saw Three Ships - J. P. Cormier, Good King Wensceslas - David Francey, Let It Snow - Jimmy Rankin, Rudolph The Red Nosed Reindeer - Gene Autry, Sleigh Bells Ring - Dolly Parton, Feliz Navidad - Boney M - Logon to our website **www.kleeradio.com** and click on the **"PODAST"** link, scroll down near the bottom.

COMMUNITY RESOURCES

NORTHSIDE SOUP KITCHEN - is open every Monday and Tuesday 11 am - 1 pm located at 127 Brook Street, North Sydney - (902) 794-0555

FREE MEALS - NORTH SYDNEY - 1st Thursday of the month, 12 until quantities last, St. John's Anglican Church, 28 King Street

2nd Thursday of the month, 12 until quantities last - St. John's Anglican Church, 28 King Street.

3rd Thursday of the month, 12 until quantities last - St. John's Anglican Church, 28 King Street

4th Wednesday of each month 12 until quantities last - St. Joseph's Church, 34 Archibald Avenue.

NORTH SYDNEY FOOD BANK open Friday from 9:00-12:00, closed last Friday of each month, 25 Wilke Avenue, North Sydney.

SOULS HARBOUR providing food, clothing shelter and programs - 848 Main Street, Sydney Mines

SYDNEY MINES FOOD BANK, daily drop in Friday 12 - 3:00.

COMMUNITY CARES YOUTH OUTREACH, King Street, Sydney Mines, (902) 544-0043.

? DID YOU KNOW?

You can download a Digital Copy of our weekly paper? Just logon to our website at -

www.kleeradio.com

NORTHSIDE THIS WEEK

PUBLISHED EVERY WEDNESDAY
IN PRINT AND DIGITAL FORMAT - DOWNLOAD YOUR FREE DIGITAL COPY FROM

WWW.KLEERADIO.COM

SENIORS CARE GRANT OPEN – $750.00

The Seniors Care Grant helps low-income seniors with the cost of household services (like lawn care, snow removal, grocery delivery, transportation, small home repairs and phone service), healthcare services (like physiotherapy and mental health support) and home heating. Grants are $750 for each household. You can apply binning September 1.

ELIGIBLE HOUSEHOLD AND HEALTHCARE SERVICES AND HOME HEATING COSTS

Eligible household and healthcare services and home heating costs include services that help you stay in your home including:

cooking and meal preparation (excluding the cost of food)

grocery and meal delivery (excluding the cost of food)

healthcare services for your health and wellness (like foot care, physiotherapy and mental health support)

home heating (like furnace oil, natural gas, propane, firewood, wood pellets and electricity)

home heating repairs and regular heating maintenance

home cleaning, organizing and help with downsizing or moving

laundry

medication and prescription delivery (excluding the cost of medications and prescriptions)

outdoor work (like driveway maintenance, landscaping, lawn care, snow removal, stacking wood and tree removal)

phone, cellphone and internet services, small home repairs (like windows, doors, roof, plumbing, electrical, decks, fencing, siding and painting)

transportation (like taxis, ride shares, shuttles and other methods of transportation) and public and community transit (like the bus, Access-A-Bus and ferry)