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FREE

THIS WEEK

CBRM COMMUNITY NEWS ITEMS

FREE

VOL. 8 - NO. 19 - MAY 9th - 2018

WEBSITE
www.kleeradio.com

AROUND THE TOWN
Local News Items

HAPPY
Mother's
DAY

We would like to take this moment to say a Happy Mother's Day to all mothers both present and past for all you have done for us as we grew up
(CONTINUED ON PAGE 4)



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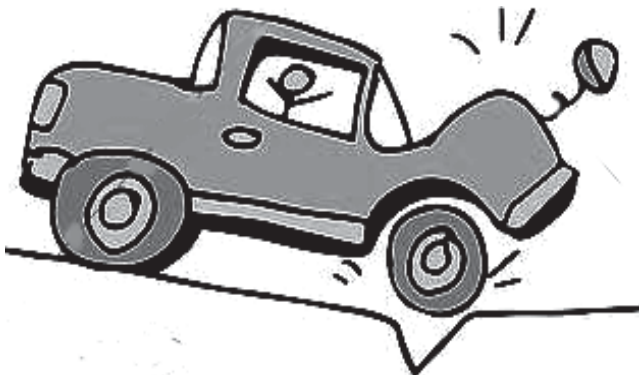
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NORTH SYDNEY

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Appointment

794-4947

NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY AFTERNOON - TIME: 2:00 pm
COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES
 Come out and spend a wonderful Sunday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$350+ on 48 #'s or play through. Loonie Game \$139.00..

BINGO					
7	25	44	57	62	
15	22	40	50	70	
11	30	46	74		
2	28	37	55	68	
10	27	39	59	75	

CHASE THE ACE

Sydney Mines Seniors & Pensioners Club - Buy your tickets all week at the Club, Florence Legion or the Florence Community Centre. You do not have to be present to win.

The draw will take place Saturday Night at the Seniors Club, Fraser Ave., in Sydney Mines at 10:00 pm. All tickets will be the same color. \$5.00 each, 3 for \$10.00 - 8 for \$20.00.

BINGO - will be held every Sunday night at the Millville Community Centre - 7 pm - Cash Prizes Only

BINGO					
7	25	44	57	62	
15	22	40	50	70	
11	30	46	74		
2	28	37	55	68	
10	27	39	59	75	

Volunteers Wanted for the upcoming Johnny Miles Festival, the first week of August.

If you would like to join this community Festival project, please email the organizers at the addresses listed below -
merdina@ns.sympatico.ca
goodsofwood@hotmail.com

CONTACT INFORMATION

GLEN GRAY, EDITOR
PH: 902-564-9022

Email Address
glengray@kleeradio.com

North Sydney Fire Hall

THURSDAY NIGHT -

After Work Party
 Kitchen open from 5:00 - 9:00 pm, music by Ernie, Todd & Wade, from 6:00 - 9:00.

FREE ADMISSION, come on out for a good evening of music and food - Special is Club and Fries **8.95**

MOTHER'S DAY DINNER-DANCE - May 12th, Dinner 5:00-7:00, Dance 9:00-1:00 - Cost \$12.00. Chicken, mashed potatoes, dessert, Tea or Coffee - Music By Firehounds DJ.



NURSE WEEK
May 7 - 11
Thank You!!

45s CARD GAME

The Bras Seniors & Pensioners Club is hosting a 45s Card Game every Thursday at their Clubrooms in Bras d'Or and Crib Game every Tuesday afternoon at 1:30 and Sundays at 2:00 pm. A light lunch will be served and there are three Jackpots to be won along with Door Prizes. It all starts at 7:30 pm.

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BRANCH 008 LEGION NEWS

Karaoke every Friday 9 - 1 with Pepper & Pearl.

BINGO every Tuesday at 7:30 o'clock. Bingo Jackpot is now built to \$1400.00+

ANNUAL SPORTS BANQUET sponsored by the Monday Night Mens Dart League, Saturday, June 16th - Dinner 7:00 - 8:00, Dance 8:00 - 1:00, music provided by DJ Tommy Capstick - Tickets \$15.00, available at the downstairs bar.

LOBSTER DRAW for the Convention Fund - 1 Dozen Lobsters and a NSLC licence Gift Card - tickets \$2.00 each - 3 for \$5.00.

OPEN VICTORIA DAY for regular hours.

MAY 12 - 2:00 pm - we are hosting a session of how to welcome newcomers to our area, stop by and visit with us.

Sydney Mines Seniors & Pensioners Club Community News

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY AFTERNOON - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 - FUN NIGHT - we invite members from other Seniors Clubs - Bingo 7:30 dabbers only - Loonie Draw \$139, Enjoy a game of SCAT - \$1.00, light refreshment, see you there.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd

Legion Lobster Dinner

Branch 19 Legion, North Sydney, Market Lobster Dinner includes salads. May 25th, Take Out Only - 11:00 - 5 PM - \$18.00. Local delivery available, tickets on sale at the bar



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

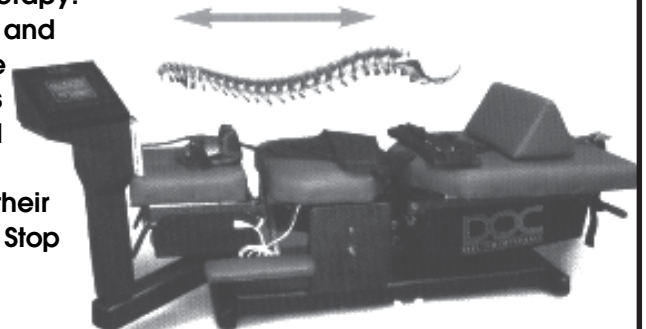
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTHSIDE COMMUNITY NEWS

Atlantic Memorial Park Project Open House

The AMP Society is inviting the public to an Open House Event to be held 7 p.m., Thursday, May 10, 2018 at Holy Family Parish Hall, Main Street, Sydney Mines. All are welcome. The Society will provide an update on the important progress towards the development of the Atlantic Memorial Park at the entrance to Sydney Harbour. The evening will also feature guest speaker Leonard Boudreau of the Cape Breton Highlanders Association, who will give a stirring account of the 1917 Battle of Vimy Ridge. "Given the strong level of support received to date, we are expecting a great turn out which will serve as a further indication of strong community support for the project. We are hoping you will make plans to spend the evening with us and provide us with your feedback while enjoying some refreshments." "Our mission is to create a sea side journey of remembrance that brings Canada's military history home"



BIRTHDAY WISHES

CARL WALL - Happy Belated 65th Birthday to Carl Wall, President of Branch 19 Legion, North Sydney. Congratulations from your friends, and Legion family



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Large Fries, Med. Gravy, 2 Med. Salad, 6 rolls
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TUESDAY BINGO GAME

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BINGO
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\$1,425.00+

BINGO Tues.
7:30 PM
Bigger Games & Prizes

SPAGHETTI DINNER

The Ross Ferry Volunteer Fire Department will host a Spaghetti Dinner on Friday, May 11th from 4:00 - 6:00 pm.

Tickets \$8.00 - call a Ross Ferry Fire person.



HOUSE CLEANERS

Two ladies willing to clean your house in the Northside area. Call Emily (902) 500-2340.

Emily (902) 500-2340.

9th ANNUAL NEW HARRIS RUN, WALK OR CRAWL

The 9th Annual New Harris Run, Walk or Crawl takes place Sunday, May 20th starting at 10 am.

The run is in memory of Adam O'Neil and the funds go to the Cape Breton Regional Hospital.

You can bring your family as well and it is a non competitive event.

For additional information you can contact Dee Dee or David at 902-539-3570 - website is www.NewHarrisRub.ca.



(CONTINUED FROM PAGE 1)

and for all the prayers and good wishes and all the good advice you dispensed over the years, we hope your day is a very Special one - **Happy Mother's Day...**The Northside Guest Home, Seaview Drive, will host a **Mother's Day Tea and Bake Sale** on Saturday, May 11th from 1:00 - \$3.00. The cost is just \$5.00.... Congratulations are extended to **Kristen Morrison** for the opening of her new **Hair and Esthetics business** in North Sydney, welcome to the business community Kristen - see her story on **page 8** of this edition.... The **9th Annual New Harris Run, Walk or Crawl** takes place Sunday, May 20th starting at 10 am - The run is in memory of **Adam O'Neil** and the funds go to the Cape Breton Regional Hospital - see the story above.... Atlantic Memorial Park Project **Open House** 7 p.m., Thursday, May 10, 2018 at Holy Family Parish Hall, Main Street, Sydney Mines... See Ron Gillis **Mother's Day poem** on page 5 of this edition.... I want to single out a Sydney Mines resident and community volunteer **Kim Rideout** as she was honored in April for her Outstanding community service - Kim Rideout is a lifetime resident of Sydney Mines and an **avid volunteer** that has made an outstanding contribution to her community and the entire CBRM by giving unselfishly of her time for the past 30 years - Congratulations Kim on a well deserved honor.... The Northside Guest Home, Seaview Drive, will host a **Mother's Day Tea and Bake Sale** on Saturday, May 11th from 1:00 - \$3.00. The cost is just \$5.00.... The Florence Legion is offering a **Mother's Day Breakfast** at their Legion on Sunday...The **Ballast Grounds Fishery** is open featuring quality lobsters for Mother's Day they are also open at the **Celtic Market** location in Bras d'Or....**Songwriters Circle** - Saturday, May 26th, Emera Centre, North Sydney - Bruce Gouthro with guests Heather Rankin, Terry Kelly and Lenny Gallant. Show from 8:00 - 10:00 pm **FREE PUBLICITY** - If your Club or Organization is planning an upcoming community event and you want some Free publicity, simply email us and we'll see that it gets printed and also promoted on our radio station - email us at - thisweek@kleeradio.com.

\$40

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from 7:00 - 10:00

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EVERY SUNDAY FROM 9:00 - 12:00

Adults \$7.50 - Kids \$5.00

Chase The Ace \$4,225

Mother's Day Breakfast

736-6313



NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - Every Thursday, 1:00 - 3:00 pm.

Storytime - Saturdays at 2:30, all are welcome.

We have room in our Pre-School Storytime Program Tuesday mornings 10:30-11:00 am.

GRIEF SESSIONS - 6 weeks, Phone 578-4282 for additional information.

MAY 9th - Writers Group meets from 7:00 - 9:00 pm.

CHILDREN'S YOGA - next 3 Saturdays 10 - 11, ages 9 - 12. Patsy MacKenzie - bring a mat or towel to lie on.

CLOSED on Victoria Day. Happy Mother's Day to all our Library mothers.

BREAKFAST BRUNCH

Last Sunday of every month

Big Bras d'Or Fire Hall

MAY 27TH 2017

9 am - 12 pm

Sponsored By The Friends of the Big Bras D'Or Fire Hall

1390 Old Route #5, Big Bras d'Or Adults \$8.00 -

Children \$4.00

EAT IN or TAKE OUT

COUNTRY JAMBOREE

A Country Jamboree will be held every Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm. There is free admission and it is for 19 years and over.



Northside Guest Home Mother's Day Tea

The Northside Guest Home, Seaview Drive, will host a Mother's Day Tea and Bake Sale on Saturday, May 11th from 1:00 - \$3.00. The cost is just \$5.00.

GIRLS SOFTBALL

Sydney Mines & District Little League are offering a softball program to any Girls of industrial Cape Breton interested in playing.

The cost of registration is free and is open to girls ages 8-18. Please contact Marylyn-marylynsutherland@yahoo.com or Kenny Bradley @ 565-1330.



When I Think Mother

When I think mother, I think caring, compassion. When I think mother, I think forgiveness, understanding. When I think mother, I think father, Who, together with Mom, made me, Thank you Mom, Thank You Dad.

(©) Ron Gillis

BRAS d'OR FIRE HALL - 45s Card Game at 7:00 pm - Pre-School Play Group Tuesdays at 10 am til noon - Line Dancing Thursday 7 pm sharp, \$5.00, come and join the fun.

www.kleeradio.com

NORTHSIDE COMMUNITY NEWS

Boularderie Lakeview Choir

The Choir will appear on May 27th at St. Andrew's Church, Sydney Mines and at St. James Church in Bras d'Or on June 24th.

The Choir will also be special guests at CBU Boardmore Theatre's "Here Comes Summer" on June 8th at 7:30 pm.

RUG HOOKERS MEET - The Boularderies Rug Hookers meet every Monday afternoon at the Boularderie School. New members are welcome.

Big Bras d'Or Fire Hall

45s Card Game 7:00 pm. Pre School Play Group Tuesdays 10 am - noon.

Line Dancing to be held on Thursdays - 7 pm - 8 pm sharp.

Fee \$5.00 - Come and enjoy the Fun!!

NORTH SYDNEY FIBRE LUNCH

Wilfred Oram Centennial Library - North Sydney - Thursday, May 10th at 1:00 PM - 3:00 PM - Drop in with your fibre craft project and join us every Thursday for conversation and a cup of tea.

Everyone is welcome.

UPCOMING NORTH SYDNEY GARDEN CLUB SHOWS

PERRENIAL PLANT SALE - Thursday, May 24 at 6:30 pm at the Exhibition Auditorium, Regent Street, North Sydney. Prices are low, so please come early. We sell out fast. Most plants \$2.00.

ROSE & FLOWER SHOW - Tuesday, July 10th at the Branch 19 Legion, Archibald Avenue, North Sydney.

YOUR FREE SODUKO WEEKLY PUZZLE

			4			8
7		6	2		1	
2			1		3	
				1		
	5		9			2
	3		8	6		9
		7			9	
		4				
				5		8

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

COMMUNITY NEWS EVENTS



SYDNEY MINES LIBRARY NEWS

We are looking for Pre School participants - every 2nd Wednesday at 10:30 am, ages 2 to 4.

LEGOS is open every 2nd and 4th Tuesday - 3:30.

Pre School Program begins May 9th, Wednesday mornings - 10:30 am for ages 3 - 5 years Please pre-register 736-3219.

AFTER SCHOOL CRAFTS every Thursday 3:30-4:30 pm.

CLOSED for Victoria Day Holiday, reopen regular hours on Tuesday.

HAPPY MOTHER'S DAY to all our library mothers, we wish you a pleasant and enjoyable special day.

MAY IS GAELIC MONTH

NORTHSIDE COMMUNITY NEWS

ANNUAL CBRM VOLUNTEER AWARDS HONOUR TO SYDNEY MINES COMMUNITY VOLUNTEER

Inspiring was the word of the evening as the Cape Breton Regional Municipality (CBRM) Recreation Department honoured volunteerism in the community with the annual volunteer awards during April's meeting of Municipal Council. The Anne Holland Award for Individual Volunteer of the Year was awarded to Sydney Mines resident Kim Rideout, the Gary McDonald Award for Volunteer Group or Project was awarded to the Cape Breton Firefighters Burn Care Society, and the Youth Volunteer Award was awarded to Ryan Burt of Sydney.

Kim Rideout is a lifetime resident of Sydney Mines and an avid volunteer that has made an outstanding contribution to her community and the entire CBRM by giving unselfishly of her time for the past 30 years.

Kim's volunteer efforts include community festivals, Christmas parades, fundraisers, and activities for seniors and youth throughout the community. Her efforts have been vital to the groups she has supported, whether it was helping to write funding applications, plan events, or tie up year end details.

Kim has been the first person to offer a hand in any community project, and her volunteerism has greatly improved life and recreational activities throughout the CBRM.

SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.



Music will be provided by Ray Petrie & Friends.

Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

SONGWRITERS CIRCLE

A Songwriters Circle will take place at the Emera Centre, Saturday, May 26 - 8 - 10 pm.

Bruce Gouthro will host with special guests Heather Rankin, Terry Kelly and Lennie Gallant.

email us - thistweek@kleeradio.com

If you like **Sudoku Puzzles**, logon to our website and enjoy a **Daily Puzzle** along with a new **Daily Crossword Puzzle** - Logon Features at - www.kleeradio.com

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EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.



Northside 4 Chase The Ace Jackpot is now built to \$51,000. Draw - Sunday

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Sunday Morning Gospel Radio Show Airs 9 am

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional and contemporary Gospel songs to listen to as you have your Sunday Brunch - Logon to us at www.kleeradio.com

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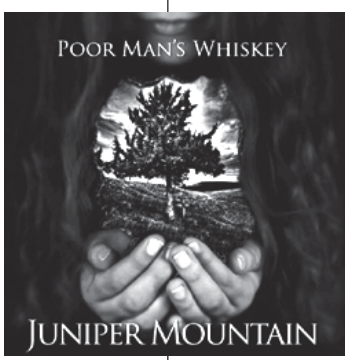
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MUSIC NOTES
 BY PAUL
 POWER
Poor Man's Whiskey – "Juniper Mountain" - Sometimes all it takes to peak my musical curiosity is a band's name-and when I first heard of these guys I thought 'cool name-let's check out their music', so I did. I don't usually write about Bluegrass music, even though some family members are big fans of that genre-so I do know of some bluegrass bands, but in this case I was going in blind-or should I say tone deaf?

Poor Man's Whiskey is a quintet from Northern California and their website says the following; "Northern California's outlaw music bards bring a reputation for high-energy live shows and an incomparable fusion of bluegrass/old time, southern rock, and old school jam to stages and festivals worldwide". Poor Man's Whiskey consists of Josh Brough (banjo, keyboards, harmonica, vocals), Jason Beard (guitar, mandolin), Aspen Stevenson (bass), George Smeltz (drums, suitcase) and David Noble (guitar and vocals). It must be convenient when a bandmember can use a suitcase for traveling AND as musical instrument!

Something about their songs caught my ear on first listen; "Abigail" starts with a very



atmospheric intro that ushers in a traditional sounding bluegrass number, and the songs "Wyoming" and "With All My Heart" walk a more traditional bluegrass path as well.

However, there are 2 songs here that are quite unique; "Man from Killarney" has a heavy Irish influence that places this great number squarely on the Bluegrass/Celtic fence (FYI-Irish, Scottish and English traditional music had a big influence on early Appalachian/Bluegrass music) plus I am partial to the name, having been to Killarney and falling in love with the place. The second unique track is "High on the Mountain" which has a big blues element that also reminds me of the early Eagles songs-it's a

great number that makes you think of bourbon and moonshine at the same time-whatever your fancy is, this song has a drizzle of both. The guitar work is amazing on this number as well. That Eagles influence also shows up big time on the song "Wallflowers".

Overall, this album was a nice surprise-and it's album number 8 for Poor Man's Whiskey who also released their interpretation of Pink Floyd's "Dark Side Of The Moon" a few years ago, calling it "Dark Side Of The Moonshine". When it comes to Poor Man's Whiskey-pour me a big glass.

NORTHSIDE COMMUNITY NEWS

Mother's Day High Tea

The 4th Annual Mother's Day High Tea will be held Saturday, May 12 at Munro Academy.

Enjoy a cup of Irish tea, sweets, fresh fruit and sandwiches - gluten free option.

167 Campbell Road, Balls Creek - \$15.00 per ticket and the time is from 1:00 pm -3:00 pm. For tickets contact Munro Academy 270-7771.

Atlantic Memorial Park Fundraisers Announced

Two fund raisers for the Atlantic memorial Park have been announced. On Saturday, May 26th 7:00 - 1:00 - Dance from 9:00 - 1:00 at Branch 008 Legion, Sydney Mines.

The second event will be held on Saturday, June 2 from 7:00 - 1:00 - Dance 9:00 - 1:00 at Doolys Billiards, North Sydney.

Music for this event will be provided by Bob MacDionad and The Crew.

50/50 Draws will be held throughout the evening along with a Loonie Raffle Draw and

a Merchandise Auction.

For tickets - Cyril Aker at 577-7577, Brian Ferguson at 322-8509 and Bob Blinkhorn 544-0008.

May Is Gaelic Month

The province officially launched Gaelic Nova Scotia Month with a flag raising at Province House in Halifax on Tuesday.



Gaelic Affairs Minister Randy Delorey also announced that a new Gaelic licence plate will be available later in May for those who wish to promote their Gaelic heritage.

The month also includes more than 50 events, presentations, gatherings and activities. To learn more about them and Gaelic in Nova Scotia, go to gaelic.novascotia.ca, email gaelicinfo@novascotia.ca or call 1-888-842-3542.

Armstrong Memorial Branch #19

ROYAL CANADIAN LEGION NORTH SYDNEY
 Archibald Avenue - North Sydney
Playoff Hockey Pools On Sale
Market Lobster Supper - pg. 2
We are OPEN Victoria Day
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NEW BUSINESS OPENS IN NORTH SYDNEY



RIBBON CUTTING - BARTOWN BEAUTY, NORTH SYDNEY - Shown above is Owner/Operator Kristen Morrison as she cuts the ribbon on her new North Sydney Business Bartown Beauty. Included in the picture are Angela Iannetti, Lisa Walters and Tammy Bradbury.

Kristen Morrison is not daunted by challenges as she plunges into the world of entrepreneurship with the opening of her new business at the Black Spoon Market in North Sydney.

She is a recent graduate of the Hair Masters School of Cosmetology operated by Angela Iannetti.

When I asked her about starting her own business, she indicated that she wanted to practice her complete training that she acquired by completing her Cosmetology Program rather than focus or specialize on 1 or 2 areas of the training.

She trained at the School as well as local businesses during the Work Placement component of the course. This influenced her decision to offer a complete selection of services in her new business.

Included at Bartown Beauty are: Color Services, Hair Treatments, Nail Care, Gel Nails, Skin Care and Makeup. Kristen has also partnered with Coastal Beauty to offer their clientele a complete selection of professional hair care products.

In her well designed business brochure, Kristen states, "I wanted to create a beautiful, warm and inviting space where I can give you my complete undivided attention - a unique experience with one operator can satisfy all of your salon and spa needs."

And when you visit her at 7 Convent Street, North Sydney - the Black Spoon Market, you'll see what she means as soon as you enter her decorated shop.

Congratulations are extended to Kristen for taking the initiative to offer this service and you can check the contact information below. Gift Certificates are available and what a great way to treat Mom this Mother's Day!!

You can contact Kristen at - (902) 595-0828, on Facebook @Bartown Beauty, on Instagram @bartownbeauty or by email - bartownbeauty@hotmail.com.

Hours of Operation - Tuesday - Thursday 9:00 - 5:00, Friday 9:00 - 7:00, Saturday 10:00 - 5:00 - CLOSED Sunday and Monday.

C.B.R.M. COMMUNITY NEWS



If your Group or Club is sponsoring a Community Event and would like to have us at K-LEE RADIO broadcast it for you, email us with your request and we'll make arrangements thisweek@kleeradio.com

SONGWRITERS CIRCLE

Saturday, May 26th, Emera Centre, North Sydney - Bruce Gouthro with guests Heather Rankin, Terry Kelly and Lenny Gallant. Show from 8:00 - 10:00 pm

DART SHOOT SUCCESSFUL

Last month's Dart Shoot was a great success. Thank you to the community and to the volunteers. Money raised went to the Cancer Society.

PAINTING NIGHT

For information for the next Painting Night at the Millville Community Centre, check us out on Facebook at <http://facebook.com/Millville-Community-Center-163307435112/>

SYDNEY MINES LITTLE LEAGUE 50/50 DRAW

The Sydney Mines Little League Winner of weekly 50/50 Draw was Daryl Hillier and the amount - was \$6,280. Thank You for your support.



Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.



SOME NEWS ITEMS IN THIS ISSUE COURTESY OF <http://sotmnews.weebly.com>

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