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VOLUME 4 - #45 - Feb. 6 - Feb. 13 - Florence - Bras d'Or - Pt. Aconi - Sydney Mines - North Sydney

MEMORIAL HIGH SCHOOL NS BASKETBALL TOURNEY

Basketball fans can plan on action packed Girls Provincial Basketball as Memorial High School hosts the annual Provincial Playdowns February 27, February 28 and the finals on March 1st.

Two teams will compete from Cape Breton including the host Memorial Marauders girls team.

Action gets underway on Thursday, February 27 at 2:00 pm with 4 games, 4 games on Friday and 4 games on Saturday, March 1st.

The finals will take place on Saturday at 1:00 and 3:00 pm and 10 games will be broadcast on K-LEE RADIO starting on Thursday.

Tune in to hear all the latest scores and updates each day - www.kleeradio.com

*Happy
Valentine's
Day*

We would like to wish all our readers a very Happy Valentines Day and advise you to check out the various dinners and dances that will be available on the Northside. Treat yourself and take in some of the entertainment.

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NORTHSIDE COMMUNITY NEWS

Munro Crafters Guild Fish Cake & Bean Supper

Mark this date on your calendar - February 15th from 4:00 - 6:00 pm. That's the Munro Crafters Guild Annual Fish Cake & Bean Supper at the Big Bras d'Or Fire Hall.

Tickets are \$8.00 and it is Eat In or Take Out with Tea & Dessert included.

There will also be Crafts for sale. Storm Date - Feb. 16th. For Tickets - Carolyn 674-2094, Lori 674-2046, Marilyn 674-2119. Ruth 674-2208.

45s CARD GAME

There will be a 45s Card Game every Monday Night from 7:00 - 10:00 pm at the Big Bras d'Or Fire Hall.

VALENTINES DANCE

Friday, February 14 is a special day and the North Sydney Firemens Club will be holding a Valentines Dance - Hot Roast Beef Supper with Dessert. Supper will be from 5:00-8:00 and the dance will follow from 9:00-1:00.

Music will be by Firehounds DJ Service.- \$10.00 per person, members and Guests.



Branch 008 Legion, Tuesdays, 8:00 PM.

Branch 83 Florence Legion, Thursdays - 8:00 PM.

SENIORS TARABISH

Come out and enjoy an evening of Tarabish at the Sydney Mines Seniors & Pensioners Club at 6 Fraser Avenue in Sydney Mines every Sunday beginning 7:30. Lots of good company and exciting games. All are welcome, so come out and have an enjoyable evening.

HAPPY BIRTHDAY



Happy 14th Birthday to Erica Riles on February 9th. Love, Brianna, Matthew and all your family and friends. Hope you have have a fun filled day!

FLEA MARKET SCHEDULED

A Flea Market will be held at St. Pius X Hall in Sydney Mines on February 22nd from 10:00 am - 1:00 pm.

For tables, please call 736-8333 or 736-3601.

North Sydney Community Pool

There will be an NLS/SFA Course beginning at the North Sydney Community Pool on February 9. Phone 736-1211 for additional information.

See ICE JAM Music Lineup Feb. 23 - Details Page 7

The Scottish Voice - 7:00 PM - on Sunday and Wednesday evenings. Host - Janet Stubbert playing the very best in Cape Breton and celtic music - join us here - www.kleeradio.com

NORTHSIDE COMMUNITY NEWS



- BETTY SIMPSON PHOTO

Shown above are just a few of the many hundreds of veterans and supporters who showed up to bring attention to keep the Veterans Affairs Office in Sydney open. Their efforts were in vain as the office closed and government officials stated that Veterans concerns will be handled efficiently by Service Canada personnel. Many of the Veterans disagreed after a disappointing meeting with Veterans Affairs Minister Julian Fantino. Veterans and concerned citizens have vowed to continue the fight to have the offices re-opened and pledged to make this an issue in the next federal election.

Valentines Dance

The Florence Fire Hall will be the place to be on Saturday, Feb. 8 for a Valentines Dance.

Dancing will be from 9:00-1:00 and the music will be provided by Big Mikes DJ Service. Admission is only \$5.00.

For tickets you can call 574-3335, 371-5976 or 565-0608.

REMINDER TO PARENTS

The kitchen at the North Sydney Firefighters Club on Pierce Street in North Sydney is now open for kids lunches Monday, Wednesday & Fridays from 11:00 - 2:00.

If you wish to send Birthday Wishes, just email us at - thisweek@kleeradio.com



A & K LICK A CHICK will re-open Wednesday, February 12th.

A 45's Card Game will be held every Thursday - 8:00 pm at the Southside Boularderie Fire Hall.

Indoor Yard Sale



North Sydney Firemen's Club Sunday, Feb 9, 10:00-2:00 Admission \$2.00 Fundraiser for Girl's Smash 15 U Volleyball team



ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206

HAPPY HOUR - 8:00 - 11:00

KARAOKE 8:00 - 2:00 AM

BINGO - TUESDAY - 8 PM

Hall Rental Available - 736-3206

KIDS DANCES Feb. 7 Feb. 21

BINGO				
7	25	44	57	62
15	22	40	50	70
11	30	46	74	
2	28	37	55	68
10	27	39	59	75

BINGO Tues. 8 PM Bigger Games & Prizes

NORTHSIDE COMMUNITY NEWS ITEMS

Thursday Night Dances To Continue

The popular Thursday Night dances will continue at the North Sydney Firemens Hall as in the past. There will be NO Open Mike but the dancing will continue.

The time is still from 8:00-12:00 and the kitchen will be open from 4:00 - 10:00 pm.

C. B. Richmond Federation Of Agriculture News Items

The Cape Breton County Exhibition presents a SOCK HOP for kids ages 7-12 on Saturday February 28th from 7:00 pm to 8:30pm at the Exhibition Grounds 105 Regent Street, North Sydney. Admission \$3.00 canteen service available.

Music by SolidGold DJ Service. For more information please contact Maureen at 794-7633.

YOGA will be rescheduled for Tuesday and Thursdays at the Exhibition Gymnasium from noon til 1:00 pm. There will be no evening sessions going forward.

Don't forget that the auditorium is available for seminars, meetings, or other community events.

Even though the snow is still covering the ground, there is

still some very good manure available on a first come, first served basis especially now that Spring gardening will be here sooner than we think.

A Free Food Safety & Preservation Course fo Direct Marketers will be held at the Grand Lake Road Fire Hall on Thursday, Feb. 13.

The course will help increase awareness of food safety principles for producing foods sold directly to consumers. The Course is designed to provide small and medium scale value-added food marketers with knowledge of food safety principles.

There is no charge for this course.

VARIETY CONCERT

Sunday, February 16th at the North Sydney Firemens Club starts at 2:00 pm.

Admission is \$10.00, Children 12 and under \$5.00. There will also be a 50/50 Draw, Fudge & Refreshments.

The concert will feature singers, dancers, fiddles and musicians and is sponsored by the Scholarship Committee for Miss Teen Cape Breton. Railroad Sound Production - For tickets call 794-3722.

VALENTINE'S DAY GALA

Tickets on sale soon or book a table of 10 by calling 794-8870. Saturday Feb. 15th John Nugent Center with music by Kintyre - \$100 per couple - 4 course meal . Amazing Prizes - including a trip anywhere WestJet flies and a trip to Montreal with Via Rail. Sponsored By - Northside/Harbourview Hospital Foundation and is hosted by Bill Bradley.

Public Gospel Services

Being held at the Clansman Motel, Sundays (until Feb 9) at 4 pm, chalet 308-downstairs. All welcome

Happy Birthday Connor



Best Wishes for a Happy Birthday to my grandson, and your Northside This Week delivery person, Connor MacLeod.

All the best Connor from your Mom, Dad, Kate, Joan, Emily and your friends at school.

I hope you enjoy your special day - February 9.

NORTHSIDE COMMUNITY NEWS ITEMS

Breakfast Brunch February 23rd, 2014

9:00am - 12:00pm

Sponsored by: "Friends Of The Big Bras d'Or Fire Hall" 1390 Old Route #5,

Big Bras d'Or -

Adults: \$7.00 Children: \$3.00

Eat-in or Take out

www.kleeradio.com

Yoga classes will be held on Thursdays from 7:00 - 8:00 pm at the former St. Stephens Church in Florence.

No registration is required and for further information you can contact Patsy at 674-2374.

50/50 DRAW WINNER

The winner of the North Sydney & District Minor Hockey Association 50/50 Draw is Shawn Lever and the amount was \$7,595.



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1/4 Chicken Dinner or Spaghetti Baked Supreme ea. - \$10.00 PLUS TAX

FRIDAY NIGHT IS WING NIGHT

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ALL YOU CAN EAT BUFFET

Monday - Friday from 12 pm - 2 pm

ADULTS \$10.99 - KIDS - \$5.99

SUNDAY YOU CAN EAT BUFFET

4:30 pm - 7:30 pm - ADULTS \$11.99 - KIDS - \$5.99

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SYDNEY MINES LIBRARY NEWS

The Sydney Mines Library will be hosting a Creative Writing Activity for all ages 10 and older on Saturdays beginning February 1st through March 8th, 2014 - 2:00-3:00 pm.

Youth are welcome to come have fun developing comic strip ideas or storytelling to be published into a collection to share with each other.

Please register by calling 736-3219.

We have a variety of Valentines Books available to take home.

Please support our Knit-A-Thon by donating wool that can be made into scarves, mitts or gloves for the needy. You can drop off your donations to the Library.

Shuffleboard Players



First Sociable Afternoon, Feb. 15th, all Shuffleboard Players welcome!!

Come to the Fox Den, at 451 Prince St., Sydney, must be 19 years and over.

Get together for some fun and competition.

Happy Hour from 2:00-3:00, for more info and Sign Up, call 539-7199 or visit this site - www.foxdensydney.com

Happy Valentine's Day

My Precious Patricia. - Every day is like Valentines Day when I'm with you. Our first Valentine's Day together, but far from being the last.

All my Love Kitten.

Happy Valentines Day to Russ, hope you have a good day - from Kim & J. D.

Best Wishes for a Super Valentines Day to JD from Mom & Dad.

All the best on this Valentines day from Russ, JD and Kim.

Happy Valentines Day to Drake Bradbury, wishing you a Day of Fun from Aunt Debbie and Uncle George.

Wishing a Special Valentines Day to Lilly and Bella from Nanny & Poppa.

Special Valentines Day Wishes to Scott Andrews, see you soon!! - Love from Pam.

To Brielle on this Valentines Day, a special wish for a very special person - Papa & Nanny.

To all my friends at the North Sydney Library, may this Valentines Day be a special one for all you do for us!

Happy Valentines Day to Joan, Carmel, Betty Ann and Bernadette "The Twisted Sisters", enjoy your special day!



BRANCH 008 NEWS ITEMS

UPCOMING EVENTS - VALENTINES - Feb. 15 - Supper Dance - Roast Beef, \$12.00 each - Pam & Tim entertaining.

Feb. 23rd - Ice Jam, Watch for our ad.

Feb. 28 - Darts - Legion Men's Zone Shoot.

MARCH 1ST - - Teams
MARCH 2 - Legion Men's Zone Doubles.

MARCH 15 & 16 - DARTS - Legion Provincial Team from Nova Scotia - Breakfast from 7:00 -9:00 am - \$4.00 each.

APRIL 18 - Fish Supper \$10.00.

APRIL 19 - Easter Supper Dance - Chicken - \$12.00 each - FIRST CHOICE providing entertaining.

MAY 10 - Mother's Day Supper & Dance - \$12.00 - FIRST CHOICE providing the music.

BINGO every Tuesday - 8 pm

KARAOKE - Fridays at 9 pm

North Sydney Museum Open For Exhibits

The North Sydney Museum is open for the next 8 weeks from Monday to Friday - 9:00-4:00 pm. Stop by for a visit and check out the exhibits.

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North Sydney Fire Hall

THURSDAY - WINGS & THINGS
with WADE & TODD - 8:00 PM

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KITCHEN OPEN THURSDAYS 4:00 - 10:00

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BY PAUL POWER

FRANK SINATRA - "Sinatra, With Love" - With Valentine's Day just 1 week away it seemed like a great time to write about something appropriate for that day, so here it is; Frank Sinatra was at the forefront of the golden age of American popular music and his legacy is well-represented here with this new release that combines 16 songs from Frank's Capital and Reprise days. The "Chairman of the Board" croons and swings on some of his most romantic numbers. Here's the full song list; "Moonlight Becomes You", "Love Is Here To Stay", "Just One Of Those Things", "Misty", "Nice 'N' Easy", "It Could Happen To You", "The Way You Look Tonight", "Love Looks So Well On You",

"(Love Is) The Tender Trap", "I Love You", "The Look Of Love", "Something's Gotta Give", "From This Moment On", "Wave", "It Had To Be



You" and "My Foolish Heart". Obviously this collection isn't so much a 'greatest hits' package-more of a 'from the heart' collection, representing some of the best romantic compositions and arrangements by Cole Porter, George Gershwin, Johnny Mercer, Billy May and Nelson Riddle, and who better than

"Ol' Blue Eyes" himself to deliver them. Francis Albert Sinatra had a 60 year career, nabbing 31 gold albums, 9 platinum albums, 3 double-platinum albums and 1 triple-platinum album from the RIAA (Recording Industry Association of America) and way too many honours and awards to mention here. Let's just say that his life's work represented some of the best in the big band/jazz/American standards field that the world has ever heard, or ever will hear.

Be sure to check here next week for part 2 of the Valentine's Day reviews that will feature the new collection just released from Dino Paul Crocetti. Now I'll bet some of you already know who that is, and if you think you don't know who it is-believe me you do, just under his pseudonym. Until next week....

NORTHSIDE NEWS

Indian Beach Upgrade Meeting Scheduled

A Public Meeting to discuss proposed upgrades to Indian Beach has been scheduled for Tuesday, February 11th at the North Sydney Pensioners Club in North Sydney.

The meeting will get underway at 7:00 pm and the public is cordially invited to attend this information session.

The 7th Annual KnitFit Community Knit-a-thon!

Sat Feb 22nd, 10 am - 5 pm at the McConnell Library, Sydney and 2-4 pm at New Waterford Library.

Donations of yarn and supplies, as well as finished knitted or crocheted items welcome at all library branches.

Items are donated to local charities that provide free clothing to families, and pledges support children's

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For the latest and most comprehensive list of local events, logon to www.musiccapebreton.com

Mike Little updates his listings each week to keep you

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CBRM VOLUNTEER AWARDS

The Cape Breton Regional Recreation Department invites nominations for its special volunteer awards being presented at the April meeting of the CBRM Council.

The special volunteer awards include the Gary McDonald Memorial Award in recognition of an outstanding community project, the Anne Holland Memorial Award in recognition of an outstanding community volunteer, and the Youth Volunteer Award for an outstanding youth volunteer. Deadline for nominations is March 15.

Criteria for the awards can be found at any of the area recreation offices of the Cape Breton Regional Municipality or on CBRM's website at <http://www.cbrm.ns.ca/volunteer-week.html>

For more information, contact the CBRM Recreation Department at 563-5510 or email recreation@cbrm.ns.ca.

St. Paddy's Day Boiled Dinner & Entertainment

WHEN: - Monday, March 17th

WHERE: - Sydney Mines Seniors & Pensioners Club, 6 Fraser Ave., Sydney Mines

TIME: 2:00 - 4:00 pm

COST: - \$10.00 per person

EAT IN OR TAKE OUT

For Tickets Please Phone: Serella:578-4485 or Florence: 736-0551

All are Welcomed and I can guarantee that you will have a wonderful meal and Fantastic Entertainment (R&B Country) Ray Petri and Bud Harrold.

NORTHSIDE SHORTS

Boularderie Walking



The Boularderie Blazers Indoor walking Program is FREE and it is on Tuesdays & Thursdays 5:45-7:15 pm at the gym Boularderie School.

Participants must bring indoor footwear and it's open for community use.

For further information please contact Vince at 295-3661, 295-0387.

FLY TYING CLASSES - Fly Tyng classes are beginning on Monday evenings at 7:00 P.M. at the Minor base ball building Pitt St., Sydney Mines.

New and experienced tyers welcome - NO FEES.

Come and enjoy a wonderful hobby.



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Sydney Mines Seniors & Pensioners Club News

WEDNESDAY: 45 Card Game & Jackpot, Loonie, Mini Pot, and Even Split. ♠♥♦♣ - TIME: 7:30

SATURDAY: OPEN MIKE

TIME: 8:00-12:00 pm

Music by Ray Petrie & Bud Harrold - R & B Country

COST: \$2.00 - Members and Guests are Welcome to come out and have a wonderful Evening. Canteen Available.

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EXERCISE CLASSES

Exercise classes for the Sydney Mines Seniors & Pensioners Club, will be held every Tuesday at 1:00 pm **EXCEPT** the **FIRST** Tuesday of every month when it will be held in the evening at 6:00 p m.

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Armstrong Memorial Branch #19

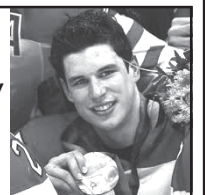


ROYAL CANADIAN LEGION
NORTH SYDNEY

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Ticket Information Coming Soon



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UPCOMING EVENTS

BARTOWN SOCIETY PUBLIC MEETING

The Bar Town Society will hold a public meeting Wednesday, February 19th at 7:00 pm in the North Sydney Library.

Election Of Officers for the coming year will take place at this meeting and the public is asked to attend to bring their ideas and support to continue the work of this society.

This is the 40th year of operation and your support in any capacity will be greatly appreciated.

Seniors Beginner Line Dancing At Exhibition

Would you like to add life to your years and years to your life?

Come and join us in a Beginners Ballroom Linedance lass for Seniors.

A beginners class gives you an opportunity to learn at a slow pace and to develop a love of dance.

Line dancing consists of dance steps, in lines (without a partner) to such dances as the waltz, cha cha, mambo, rumba etc. We will begin with the basic steps of some of these dances.

To be eligible you must be a senior, be able to walk in place, walk backward and forward, to the left and right side, count to four, love to socialize and be able to laugh at your self That's all that is required !!!!!

Beginning line dancing is a safe and simple way to exercise mind, brain and body as you learn the very basics steps of line dancing.

Line Dancing is FUN! FUN! FUN,! you don't need a partner, and it's an easy way to stay healthy, both mentally and physically.

Why not give it a try??

WHERE: The Exhibition Ground in North Sydney

WHEN: Thursday P.M 1:30 To register call Yvonne at 794-4086. Classes are FREE!

ICE JAM 2014

Ice Jam 2014 will be held this year on February 23rd at the Branch 008 Legion in Sydney Mines. There will be lots of local entertainment, Door Prizes and a Silent Auction. Listed below is the lineup of musical talent with something for everybody.

2:00 - DRIVIN

3:00 - Ian Robertson & Willie Ryan

4:00 - Troy Young

5:00 - Gone Country

6:00 - Pretty Archie

7:00 - Kintyre Lite

8:00 - Bandit

9:00 - Hat Trick

10:00 - Alter Ego

11:00 - Lit Up



The Kitchen at the Legion will be open for your dining pleasure. This is a great way to beat the Winter Blues!!

Ice Jam is co-sponsored by the Johnny Miles Festival Society and Branch 008 Legion in Sydney Mines.

Ice Jam is also a part of the 125th anniversary of the incorporation of the town of Sydney Mines.

Admission for all this great talent is just \$7.00, a great bargain!!!

Long John Jaunt Feb. 22

The Third Annual JJ McDermott Long John Jaunt will take place February 22.

This is a half marathon distance which starts at the Boularderie Elementary School.

The race site opens at 10 am. The storm date will be the next day, Sunday, Feb. 23, same time and location. To register - <http://www.webscorer.com/register?raceid=16050>.

NORTH SYDNEY LIBRARY NEWS

The Babies & Books Program continues on Fridays from 10:00 - 11:00. The program is designed to introduce children from newborn to 18 months to reading. Pre-registration is suggested for this program.

Donations are still being accepted for the annual Knit-A-Thon where volunteers knit scarves, gloves and mittens for needy families.

We wish to thank those donors who have already given us wool.

There are lots of Valentine

books at the Library, come and see our selection.

UPCOMING EVENTS

FRIDAY - FEB. 11 - 9:00 AM - 10:30 AM Golden Steppers Walking Club - Emera Centre Northside - North Sydney
10:00 AM - 11:00 AM Toddlers' Skating - Sydney Mines Community Centre
12:00 PM - 2:30 PM Adult Skating - Sydney Mines Community Centre
1:00 PM - 2:00 PM Open Hockey - Emera C

2014 TAX TIPS FROM H & R BLOCK

As the New Year gets underway, many Canadians are already planning to move to a new province or territory for work or school before the end of the year. Although a move already involves a lot of work and coordination, think too about the tax implications before you file your return.

The basic rule is you need to move at least 40 kilometres for work reasons before you can claim moving expenses. In most cases, there has to be change of work location in order to claim the moving expenses. However, the Tax Court has ruled that you may be able to make the claim if you receive a promotion and need to move closer to the office.

Students may be eligible to claim moving expenses as long as they are full-time students, have received an amount from a taxable scholarship, bursary, fellowship or research grant that year, and moved at least 40 kilometres closer to their new educational institution. Since most scholarships and bursaries are now non-taxable, this provision now applies mainly to students with research grants.

As always, you should keep all your receipts for eligible moving expenses, which include:

- Transportation and storage costs, including packing and hauling rentals
- Travel expenses including meals and accommodation
- Temporary living expenses up to a maximum of 15 days

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Celtic Country Market

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Wednesday SPECIAL Meat or Chicken Pie
 • 6 White Rolls
 • Gravy
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Potatoes **10lbs \$3.49**

Carrots **2lbs \$1.19**

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And of course our **reknown Bake Shop** Pies, Cookies, Squares, Breads & Rolls

Buy One Dozen (12) Squares at regular price and get a half dozen (6) **FREE**

Celtic Country Market
1415 Trunk 105, Bras d'Or • 544-1144
NOT REDEEMABLE FOR CASH OR OTHER ITEMS - EXPIRES SATURDAY, MARCH 1, 2014

WEDNESDAY ONLY!

Buy two (2) single loaves of regular white bread at regular price and get the third single white bread **FREE**

Celtic Country Market
1415 Trunk 105, Bras d'Or • 544-1144
NOT REDEEMABLE FOR CASH OR OTHER ITEMS - EXPIRES SATURDAY, MARCH 1, 2014

THURSDAY ONLY!

Buy one (1) cream pie (lemon, coconut or butterscotch) at regular price and get the second cream pie (lemon, coconut or butterscotch) **HALF PRICE**

Celtic Country Market
1415 Trunk 105, Bras d'Or • 544-1144
NOT REDEEMABLE FOR CASH OR OTHER ITEMS - EXPIRES SATURDAY, MARCH 1, 2014

FRIDAY ONLY!

Buy a beef or chicken pie at regular price and get an 8 ounce gravy **FREE**

Celtic Country Market
1415 Trunk 105, Bras d'Or • 544-1144
NOT REDEEMABLE FOR CASH OR OTHER ITEMS - EXPIRES SATURDAY, MARCH 1, 2014

SATURDAY ONLY!

Buy one large scented candle and get a small one **FREE**

Celtic Country Market
1415 Trunk 105, Bras d'Or • 544-1144
NOT REDEEMABLE FOR CASH OR OTHER ITEMS - EXPIRES SATURDAY, MARCH 1, 2014

ANY DAY!

Buy a 2kg pail of Pork Riblets for \$9.95 and get a stew pack **FREE**

Celtic Country Market
1415 Trunk 105, Bras d'Or • 544-1144
NOT REDEEMABLE FOR CASH OR OTHER ITEMS - EXPIRES SATURDAY, MARCH 1, 2014

ANY DAY!

Buy a coffee or tea and a square for \$2.50 and get the second coffee or tea and square **FREE**

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