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## THIS WEEK

**CBRM COMMUNITY NEWS ITEMS**

**FREE**

**FREE**

VOL. 7 - NO. 17 - MAY 4th - 2017

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**NORTHSIDE COMMUNITY NEWS ITEMS**

**North Sydney Fire Hall**

**THURSDAY NIGHT** - Open Mic Night with Ernie, Todd & Wade, kitchen open

**SPRING BASH** - May 19th - music by BANDIT - Dancing from 10:00 - 2:00 - Admission is just \$5.00

**BENEFIT DANCE** - May 5th from 9:00 - 1:00 - see below.

**BENEFIT DANCE**



In aid of Charlie Reid who is undergoing cancer treatments. It is at the North Sydney Firehall on Pierce Street, North Sydney.

The date is Friday May 5th from 9:00 - 1:00 am and the music by DJ. Tickets are just \$5.00 each.

**BIG BRAS D'OR** 45s Card Games Mondays at 7:00 pm. Pre School Play Group, Tuesdays 10 am - noon. For Hall Bookings - Darlene - 304-8580.

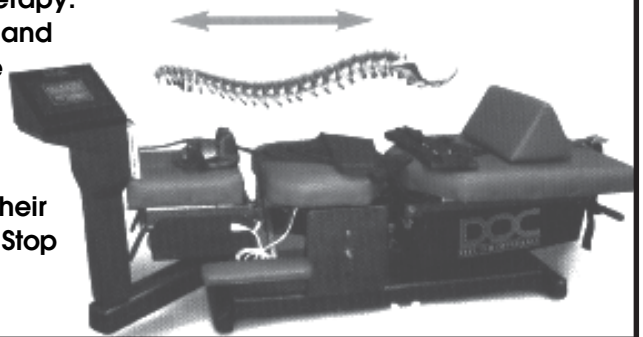
**MAY IS GAELIC AWARENESS MONTH**

**NEW DECOMPRESSION TABLE RELIEVES PAIN**

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

Music will be provided by R & B Country (Ray Petrie & Bud Harold), the same band that played this Summer at Indian Beach to rave results.

Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service is available.

**Strong** Chiropractic Inc. We've got your back!



**BIRTHDAY WISHES**

**HAPPY BIRTHDAY** to Mister President, Carl Wall, Branch 19 Legion on May 4th - from all your Legion Family.

**BEST OF CAPE BRETON CELTIC - NEWF. MUSIC**  
[WWW.KLEERADIO.COM](http://WWW.KLEERADIO.COM)

**Bingo Machine And Bingo Board For Sale**

The Sydney Mines Seniors & Pensioners Club has a Bingo Machine and Bingo Board for sale.

Interested persons can call the Hall at (902) 736-3100 and ask for President Martin Pickup.



**LOGON TODAY TO GET YOUR OWN FREEBIES**

[www.kleeradio.com](http://www.kleeradio.com)

**APRIL IS AUTISM AWARENESS MONTH**

**Sydney Mines Seniors & Pensioners Club News**

**WEDNESDAY:** 45 Card Game & Jackpot, Loonie, Mini Pot, and Even Split. - TIME: 7:30

[www.kleeradio.com](http://www.kleeradio.com)

**FREE PUBLICITY** for your event, fund raiser etc.  
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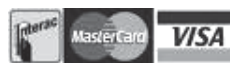


**In addition to our Delicious Pizza and Pasta Menu we are now featuring New Menu Items**

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**SAMPLE OUR NEW MENU ITEMS TODAY**



**330 Commercial St., North Sydney - 794-3191**

# C.B.R.M. COMMUNITY NEWS

## UPCOMING SENIORS EVENTS

Listed below are some of the upcoming events scheduled for the Sydney Mines Seniors & Pensioners Club, Sydney Mines

**DATE CHANGE - DUE TO HALL IN USE FOR THE ELECTION - MAY 31ST, 2017**



**TURKEY BURGER SALE \$8.00 PER TICKET**

**JUNE 2ND, 2017**

**FISHCAKES AND BEANS - 11 - 2 \$10.00 PER TICKET**

If you need anymore information on these events please call the Hall at 902-736-3100.

**MOTHER'S DAY EVENING** - May 14th from 8 - 11 with The Family Tree Band - Door Prizes - Free Admission.

**TOMMY RICE 100th BIRTHDAY OPEN HOUSE** - May 26th - 7 pm. Come and help us celebrate Tommy's 100th Birthday. No Admission for this event

## BREAKFAST BRUNCH

Last Sunday of every month  
Big Bras d'Or Fire Hall  
**May 28th - 9 am - 12 noon**  
Sponsored By  
"Friends of the Big Bras d'Or Fire Hall"  
1390 Old Route #5, Big Bras d'Or  
Adults **\$8.00** - Children **\$4.00**  
EAT IN or TAKE OUT

## Northside Sports Hall of Fame Nomination Deadline May 16th

The Northside Sports Hall of Fame Association is reminding the public that they have until May 16, 2017 to nominate individuals and sports teams who in the past have brought fame and recognition to themselves and the Northside community. Nomination forms can be picked up at the Emera Centre Northside.



**APRIL IS AUTISM AWARENESS MONTH**

# NORTHSIDE COMMUNITY NEWS

## Hunting & Fishing Show

The Hunting & Fishing Outdoor Weekend Show will be held May 6th and 7th.

It will be held at the Sydney



Mines District Community Centre - 147 Legatto Street in

Sydney Mines.

The dates are Saturday - 10 am - 6 pm and Sunday from 10 am - 3 pm.



## BIRTHDAY WISHES

**HAPPY BIRTHDAY** to a wonderful grandmother, Mavis Stapelton, on her 70th birthday from Allison & Jim, Brodie, Emily, Faron and all your neighbour and friend.

## SPRING DANCE FUNDRAISER

The finance and property committee of St. Joseph Parish Bras d'Or, are holding a Spring Dance - Saturday, May 20 at Bras d'Or Hall on Villa Drive with Full Circle. 9:00 PM until 1:00 AM. For ages 19 and older. Cost- \$10.00 per ticket. For advance tickets call Helen at Bras d'Or Hall at 902-736-9633.



## MACS Monday Afternoon Crafts

We are a social group that meets every Monday afternoon at the Ross Ferry Fire Hall.

Bring your project (knitting, crochet etc.), all are welcome.

We meet from 1:00 - 3:00 pm. Please contact Terri for more information - 674-0148 or Terri@seasidehighspeed.com

Some News Items courtesy of **Swing Over The Mountain Newsletter**  
**h t t p : / / sotmnews.weebly.com**

For the latest and most comprehensive list of local events, logon to - [www.musiccapebreton.com](http://www.musiccapebreton.com)  
Mike Little updates his listings each week.

Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling



# FoodBank

Please take some time to remember the needs of many Cape Breton families at this time of year.

Please donate to your area Food Bank and help keep the shelves filled.



**NEW LOCATION - SEE BELOW**  
Heat & Serve Meals - Fresh Meal Selections - Frozen Selections  
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## ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206

**PEPPER & PEARL FRIDAYS - 10:00 - 2:00 AM**

**BINGO - TUESDAY - 8 PM**

**Hall Rental Available - 736-3206**

BINGO  
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**\$550.00**

BINGO Tues.  
8 PM  
Bigger  
Games &  
Prizes



# NORTHSIDE & AREA COMMUNITY NEWS ITEMS

## New Harris Run - Walk - Crawl Cancer Patient Care Fund

For the past 7 years the community has gotten together in New Harris for the Run-Walk-Crawl event as a very informal gathering to raise funds for the Cancer Patient Care Fund at the Cape Breton Regional Hospital.

The event is held in memory of Adam O'Neill and over the years, we have raised over \$22,000. All this money goes to the Cancer Patient Care Fund with no administrative costs involved.

The Cape Breton Cancer Center treats 150 patients each day. The fund provides financial support to patients for medication, travel, dental and household expenses.

This year we are asking for your support of this run. It is a family event so bring your kids, your dogs (on leash), friends or neighbours an enjoy a leisurely day in the country with amazing views of the Bras d'Or Lakes, some great homemade muffins and refreshments while supporting a good cause.

The event is scheduled for Sunday, May 21st beginning at 10 am. If you cannot attend, you can make a donation to the website below and donations of \$20.00 or more will be receipted.

Website - [www.NewHarrisRun.ca](http://www.NewHarrisRun.ca).

## Boularderie Family Honored

The Livingstone family of Boularderie was recently honored in the House Of Commons in a spec by Hon. Mark Eyking on April 11.

In his speech, MP Eyking outlined the sacrifices the fam-

ily made to their country in World War 1 with the loss of three brothers and he wanted the family recognized for their unselfish contribution to Canada's war effort.

Check out the story in this month's edition of "Swing Over The Mountain Newsletter."

## Sydney Mines Seniors & Pensioners Club News

**WEDNESDAY:** 45 Card Game & Jackpot, Loonie, Mini Pot, and Even Split. - TIME: 7:30

## EXERCISE PROGRAM AT SENIORS CLUB

The popular Monday Exercise Program is back at the Sydney Mines Seniors & Pensioners Club beginning at 1:00 pm.

All welcome, you do not have to be a member to participate, admission is free.



## BRANCH 19 LEGION NHL HOCKEY POOL SATURDAY NIGHT

Branch 19 Legion in North Sydney are selling NHL Hockey Pools on the Saturday Night Games.

Tickets are just \$2.00 and the Jackpot is \$60.00. All non winners go into Extra Draw at the end of the season.

## Marine Park Cleanup

Please keep this date in mind for the annual Ross Ferry Marine Park Cleanup -

**MAY 13th - 10:00 am**

Lunch will be provided for the Volunteers.

## Royal Canadian Legion Branch 83 - Florence



## POOL TOURNAMENT

Every Wednesday

## BINGO EVERY THURSDAY

8:00 pm - CASH PRIZES

## SATURDAY NIGHT KITCHEN

PARTY with THE CIRCLE from 7:00 - 10:00

## BREAKFAST EVERY SUNDAY

FROM 9:00 - 12:00

Adults \$7.50

Kids \$5.00

**736-6313**

# NORTHSIDE COMMUNITY NEWS

## SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon BINGO

BINGO				
7	25	44	57	62
15	22	40	50	70
11	30	46	74	
2	28	37	55	68
10	27	39	59	75

Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY AFTERNOON

TIME: 2:00 pm

**COST:** - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Sunday afternoon and maybe win some prizes. Hope to see you all there.

SOME NEWS ITEMS in this edition for the Northside area are courtesy of "Swing Over The Mountain Newsletter" at this email - <http://sotmnews.weebly.com>



## GEAR SELF STORAGE

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# NORTHSIDE COMMUNITY NEWS ITEMS



## SYDNEY MINES LIBRARY NEWS

**LEGO** registration, every 2nd Tuesday, is ongoing and the times is 3:30 - 4:30 pm. We have openings for interested participants, please check at the desk for details.

**READING TOGETHER CLUB** - The last session for Sydney Mines and North Sydney is scheduled for May. May 9th for Sydney Mines and May 16th for North Sydney.

Adopt A Library presents Athletes For Literacy.

Win one of 5 Bags which contain an autographed item along with other goodies that include sport cards and trinkets to share with friends. For more information [www.fightingcrime.ca](http://www.fightingcrime.ca)

## Ross Ferry Canada 150 Celebration Party July 1st

In honor of Canada's 150th birthday, Ross Ferry is holding a bigger and better Canada Day celebration. We want you to join us for the party.

The day begins with a flag relay that extends the full length of Kempt Head Road from Exit 13 to Kempt Head with the flags meeting at the beautiful Ross Ferry Marine Park.

The hours will be extended to 5 pm with more activities for the families and kids, more live music, more food and treats and even an historic re-enactment of the arrival of early settlers to Ross Ferry. A Celebration to remember!!



**DJ JACK COOL OLDIES SHOW**

7:00 PM FRIDAY

[WWW.KLEERADIO.COM](http://WWW.KLEERADIO.COM)



## NORTH SYDNEY LIBRARY NEWS

**SATURDAY** - Storytime at 2:30 pm - all children welcome.

**MAY 9th** - Kathy Kompass, children's Storyteller will be here at 12:45 for children's Book Week.

**Fibre Lunch** - Thursday at 1:00 pm, stop by - all are welcome to attend.

**May 24th - K-LEE RADIO** and Robert O'Hearn will be there at 7 pm with a Gaelic event - News Stories and Music.

The Library will be closed Victoria Day, May 22.

## Memorial Hymn Sing Hymn Of Praise

A Memorial Hymn Sing will take place Sunday, May 7 at 7:00 pm at the Holy Family Parish, Main Street, Sydney Mines.

Come and enjoy an evening of singing and fellowship.

The evening of music will include hymns sung by the Congregation Holy Family Parish Choir and special guests include Richard MacAulay (flutist) and soloist Alan Gale.

If you have not yet obtained a Memorial Sheet with the selection of hymns and are interested in having a memorial of a loved one in the evening's program, contact Lorena at the church office (902) 736-8333.

K-LEE RADIO  
C. B. MUSIC



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SOME NEWS ITEMS in this edition for the Northside area are courtesy of "Swing Over The Mountain Newsletter" at <http://sotmnews.weebly.com>

## New Park Presentation

The Board of Directors for the Atlantic Memorial Park will be holding a community presentation and question and answer period at the Joan Harris Pavilion in Sydney on Thursday May 11 at 7.00 PM.

All are welcome. The presentation will be of great interest to all residents of the CBRM including local businesses that stand to gain from the anticipated economic spin offs resulting from the establishment of the Park.

The Atlantic Memorial Park Sydney Harbour a feature commemorative monument in a spectacular oceanside setting dedicated to the Battle of Vimy Ridge.

\* Significant Canadian Military Contributions highlighted

\* Features the significant Military/Minining/Steel contributions to the historic Sydney Harbour

\* A 1<sup>st</sup> Nations Replica Encampment.

## ROSS FERRY NEWS



Huge Thanks from the MammoWarriors for a wonderful Bake Sale With Flowers. What fun you made it and together we raised \$1,900 for the Cancer Patient Care Fund.

A Night At The Nunnery was very special and we are grateful for your support. We couldn't do it without each and every one for you.

**SAVE THIS DATE** - The MammoWarriors Spring Luncheon will be held une 11th this year at the Boularderie School. Please save this date. We want to cook for you!!

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**BINGO** - Every Sunday  
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<b>BINGO</b>
7 25 44 57 62
15 22 40 50 70
11 30 46 74
2 28 37 55 68
10 27 39 59 75

munity Centre beginning at 7:00 pm. Cash Prizes Only.

**CLANSMAN MOTEL**



*Chicken Wing Night*  
**SATURDAYS**

**Best Wings on The Northside!**

**TOP OF PEPPETT STREET - NORTH SYDNEY - 794-7226**  
**JUST 2 KILOMETRES FROM THE NORTH SYDNEY FERRY TERMINAL**

**Vegan Choices Available**  
**Seniors' & Children's Menu**

**BREAKFAST**

**DAILY 7 AM**

**Join us - CLANSMAN MOTEL - May 10th - Radio Remote Show - 1:00 - 4:00 pm - music - Stories - Giveaways**



## 2016 TAX TIPS FROM CH ACCOUNTING & TAX

### TAX TIPS FOR CANADIAN SENIORS

**Pension income splitting** – If you receive a pension, you may be eligible to split up to 50% of your eligible pension income with your spouse or common-law partner.

**Guaranteed income supplement** – If you receive the guaranteed income supplement or allowance benefits under the old age security program, you can renew your benefit by filing your return by the filing deadline.

**Registered retirement savings plan (RRSP)** – Deductible RRSP contributions can reduce your tax bill. You have until December 31 of the year in which you turn 71 to contribute to your RRSP.

**Registered disability savings plan (RDSP)** – This savings plan can help families save for the financial security of a person who is eligible for the disability tax credit. RDSP contributions are not tax deductible and can be made until the end of the year in which the beneficiary turns 59.

**Goods and services tax/harmonized sales tax (GST/HST) credit** – You may be eligible for the GST/HST credit, a tax-free quarterly payment that helps you offset all or part of the GST or HST you pay. To receive this credit, you must file an income tax and benefit return every year, even if you did not receive income. If you have a spouse or common-law partner, only one of you can receive the credit. The credit will be paid to the person whose return is assessed first.

**Medical expenses** – You may be able to claim the total eligible medical expenses you or your spouse or common-law partner paid for you, your spouse or common-law partner, or you or your spouse's or common-law partner's children who were born in 1999 or later, provided the expenses were made over any 12-month period ending in 2016 and were not previously claimed. This can include amounts claimed for attendant care or care in an establishment.

email us - [thisweek@kleeradio.com](mailto:thisweek@kleeradio.com)

If you like **Sudoku Puzzles**, logon to our website and enjoy a **Daily Puzzle** along with a new **Daily Crossword Puzzle** - Logon Features at - [www.kleeradio.com](http://www.kleeradio.com)

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**SENIORS RADIO**

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UPCOMING K-LEE RADIO REMOTES

May 10th at the Clansman Motel - 1:00 - 4:00

JOIN US FOR THE FUN!!

[www.kleeradio.com](http://www.kleeradio.com)

# C.B.R.M COMMUNITY NEWS



## CONGRATULATIONS C. B. WEST MIDGET TEAM

Cape Breton Hockey was in the limelight this past weekend as the Cape Breton West Team won the National Midget Tournament in B. C.

The Islanders completed a come-from-behind-win when Logan Chisholm scored in overtime to give his team a 5-4 win over Quebec champions Saint-Francois Blizzard in the gold medal game of the Telus Cup in Prince George, B.C.

Chisholm also scored the tying goal in the third period to force overtime. Stephen Fox scored twice for the Islanders earlier in the game, with tournament MVP Jacob Hudson adding the other.

"We're just so proud of this group and it's not just the players," said Hockey Nova Scotia executive director Darren Cossar. "It's the coaches, the volunteers, the parents, all of their sacrifices

and commitments over the years [have] culminated in a really special moment for hockey in Nova Scotia."

I watched the Final game on TSN and the overtime was particularly just as exciting as the Stanley Cup Playoffs. I want to add my own personal congratulations to all the team players, coaches and support personnel who made this victory possible.

You are great goodwill ambassadors for Cape Breton.

**FERAL & ABAN-DONED CATS SOCIETY 50/50 DRAW WINNER** - Shonagh Peck of Sydney Mines is the winner of April 50/50 with a prize of \$1,671.00! Thank you for your support,



## BIRTHDAY WISHES

**HAPPY BIRTHDAY** - I would like to wish Happy Birthday to Mary Charlene Woodfine from your friend Ann Jobe.



**SYDNEY MINES & DISTRICT LITTLE LEAGUE 50/50-DRAW WINNER** -

Last week's winner was A & M Naddof and the amount was \$4,807. We thank you for your support

**MOTHER'S DAY - MAY 14**



## BIRTHDAY WISHES

Please wish my husband, Carl, a very Happy Birthday on May 11th - Love Louise, Jeremy and Heather.

**HAPPY BIRTHDAY** - Tanya Campbell on May 13th. Lots of Love from Paul, Brielle, Julian and Shay.

## Armstrong Memorial Branch #19



**ROYAL CANADIAN LEGION NORTH SYDNEY**  
Archibald Avenue - North Sydney

**Crib Game - Thursdays - 7:00 pm**

**Chase The Ace Jackpot - \$9,284 - 42 Cards**

**We are Open Victoria Day - May 22**

**794-4816 - 794-7482 - Members & Guests**

## NORTHSIDE COMMUNITY NEWS ITEMS

### BENEFIT VARIETY CONCERT

Sponsored by Victory Park Society Inc. a Community-minded Non-Profit organization. Singers, Musicians, Fiddlers, Dancers, Refreshments and Fudge Sales 50/50 DRAW -

For further info Phone (902-794-3772) PERFORMERS INCLUDE: Lynda Maxwell, Emily Dingwall, Alan Gale, Doug MacPhee, Shawn MacDonald, Matt Earhart, Beth Johnston Dancers, Stepdancers, Keltic Steppers and More.

Sunday, May 21, 7:00 - 10:00

ST. JOSEPH CHURCH, PIERCE ST. NORTH SYDNEY

We'll see you there, thanks for your support.



For the latest and most comprehensive list of local events, logon to - [www.musiccapebreton.com](http://www.musiccapebreton.com)

Mike Little updates his listings each week.



# KWIK KOPY PRINTING

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## CONTACT INFORMATION

**GLEN GRAY, Editor**  
Phone - 902-564-9022

Email Address

[glengray@kleeradio.com](mailto:glengray@kleeradio.com)

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Fraser Ave. - Sydney Mines



# NORTHSIDE COMMUNITY NEWS

## COMMUNITY NEWS EVENTS



**BRANCH 008  
LEGION  
SYDNEY MINES**

**MINI TATTOO** to be held June 4th - \$10.00 each from 2:00 o'clock. Tickets on sale now.

Celebrate with us for Canada's 150th Anniversary.

Three branches on the Northside will be holding a Mini Tattoo at the Emera Centre.

Tickets are on sale at all 3 Branch Legions on Friday. All acts will be featured in next week's paper.

We hope you join us - you will

not be disappointed. There will be seating for 700 and the price is \$10.00.

We have a Mother's Day Basket Draw valued at \$500.00 - tickets are \$2.00 each or 3 for \$5.00. This Fundraiser goes to our Children's Wish Run with our Troops.

**If your community group or business would like to have K-LEE RADIO broadcast from your event/business, contact us - 564-9022 or at - thisweek@kleeradio.com**

# NORTHSIDE COMMUNITY NEWS

## RAISE THE ROOF DANCE

A Fund Raising Dance - Raise The Roof, will be held on Saturday, May 20th with dancing from 9:00 - 1:00.

Music will be provided by FULL CIRCLE.

The dance is sponsored by the St. Joseph Parish Council.

**OLDIES SHOW  
FRIDAY, 7:00 - 9:00  
DJ JACK COOL  
www.kleeradio.com**

## Sunday Morning Gospel Radio Show Aims 9 am

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional and contemporary Gospel songs to listen to as you have your Sunday Brunch - Logon. [www.kleeradio.com](http://www.kleeradio.com)

## Theatre Pub & Grill Opens May 6 In North Sydney

The Theatre Pub & Grill, a new live music venue in North Sydney—former site of The Deono movie theatre, Mainstreet Lounge or The Phoenix, depending on your vintage—will open its doors on May 6th at 11:00 PM and the Tom Fun Orchestra is coming out of their cave to help celebrate. You should come too, probably.

The recipient of multiple ECMAs and Music Nova Scotia Awards, The Tom Fun Orchestra is a Cape Breton musical institution that has spent years touring around the world on the merit of two critically acclaimed albums, Earthworm Heart (2012) and You Will Land With a Thud (2008).

Self-described as the world's first Cluster Rock Ensemble, an ambiguous title for a sound that embodies the band's celebratory ethos of camaraderie and nomadic hedonism; The Tom Fun Orchestra offers an uninhibited, wildly energetic live show that is truly a sight to behold.

## Nova Scotia Provincial Election Candidates - Northside

The following candidates names have been taken from the party websites - May 30th Election -

**NORTHSIDE-WESTMOUNT** - Eddie Orrell PC, John Higgins LIB, Ronald Crowther NDP

**VICTORIA - THE LAKES** - Pam Eyking LIB, Keith Bain PC, Lisa Bond NDP

## A & A's ODD JOBS

- \* Lawn Maintenance
  - \* Garbage Removal
  - \* Light Carpentry
  - \* Clean Basements, Barns - Attics
- Snow Removal in Winter Months



537-0190 - 794-1238

## BY PAUL POWER



**MIKE + THE MECHANICS** – “Let Me Fly” - Mike + The Mechanics landed hard on the music charts in 1985 with their first mega-hit single “Silent Running”, from their debut album. The hit song “All I Need Is A Miracle” (with lead vocals by bandmember Paul Young) and “Taken In” (from the same album) soon followed



way for huge successes for the new band formed by Mike Rutherford (bass player for the band Genesis) and Paul Carrack (of the bands Ace, Squeeze, Roxy Music) who the BBC once described as “The Man with the Golden Voice”, while Record Collector said “If vocal talent equalled financial success, Paul Carrack would be a bigger name than legends such as Phil Collins or Elton John. 1988 saw the band release the “Living Years” album, which of course contained the touching and personal ballad “The Living Years”, becoming a chart hit around the world. Alas, even though the band put out five more albums it seemed like Mike + The Mechanics dropped off the radar screen. That takes us to here: this album starts off with its namesake song; “Let me Fly” which is almost

spiritual-like in its delivery of a positive message of hope, inspiration and direction. When the back-up choral group comes in on the chorus the song is reminiscent of a Foreigner song (think of “I Wanna Know What Love Is”) yet the number does stand on its own merits. The song “Wonder” is like a cross between a Bruce Hornsby and a Don Henley number-and that’s a good thing, and surprisingly “Are You Ready” really reminds one of “Silent Running”-the band’s first big hit from 1985, it is a great song and

without a doubt the best song on the whole album. The only time M+TM really rock out here are on the songs “The Best Is Yet To Come”, which bears a slight resemblance to a Bon Jovi number (it is a pretty good song) and “Don’t Know What Came Over Me” which has a nice 1980’s soft rock vibe to it. However, out of 12 songs on this album half of them are kind of bland, whitewashed ballads that really do nothing to carry the band’s reputation or legacy forward. Unfortunately “I’ll Be There For You” sounds like an updated theme song for the TV series “Baywatch” and “High Life” is just...well...kind of sucky. Even worse is the track named “Love Left Over” which sounds like R Kelly meets ‘Bro Country’-it’s been done before by singers in both genres, and better at that. Unfortunately, as an album, “Let Me Fly” will not fly off the shelves.