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THIS WEEK

CBRM COMMUNITY NEWS ITEMS

FREE

FREE

VOL. 7 - NO. 41 - OCTOBER 19th - 2017

WEBSITE www.kleeradio.com

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ROWN RUSTPROOFING

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126 SEAVIEW DRIVE NORTH SYDNEY Phone For An Appointment

794-4947

NORTHSIDE COMMUNITY NEWS ITEMS



BRANCH 008 NEWS ITEMS

CHASE THE ACE - The Jackpot is now at \$28,056 with 18 cards left.

REMEMBRANCE DAY OFFICE POPPY WREATH



Office is open Monday to Saturday from 10:30 to 4:00

Regular Wreaths45.00

Wreaths \$75.00 Limited # of Crosses\$40.00 The Cadets will canvas the town on Saturday, October 8th at 10 am.

Branch 008 members are needed to canvass stores starting Friday, October 27th. Please come in and sign up for 2 hours of your time.

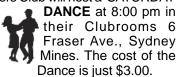
Flag Raising Ceremony -Tursday, October 26th at 10 am.

Come in and check out the schools for their services.

Veteran Hospital Service, Friday, November 10th at 6:00

SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a SATURDAY



Music will be provided by R & B Country (Ray Petrie & Bud Harold), the same band that played this Summer at Indian Beach to rave results.

Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com

pm, Branch 008 turn for Service. Parade Lineup 10:30, parade

to Cenotaph, Service at 11 o'clock, light lunch to follow at 12:30 - 2:00 pm. Music from 3:00 to 2:00 am.

Guest Speaker is MLA Eddie Orrell.

North Sydney Fire Hall

THURSDAY NIGHT - Open Mic Night with Ernie, Todd & Wade, kitchen open

TRAGICALLY HIP TRIBUTE -Tickets on sale now \$15 Advance, \$20 at the door -October 20th with Firehounds DJ between sets.

OCT. 27 - HALLOWEEN **DANCE** - 9 - 2, great Prizes

KIDS HALLOWEEN DANCE -October 29th - Secondary School 2:00-4:00 - Middle School 5:30-7:30 - High School 8:00-10:00 pm - Adm. \$3.00.

PRIZES - 1st Place \$50.00 -2nd Place \$25.00 - 3rd Place \$15.00.

TRAFFIC ADVISORY NORTH **SYDNEY**



Be advised that a 4 way stop has been added to the intersection of Blowers Street and Pierce Streets - Stay alert!

VENDOR'S FALL FAIR

As we look around we can all see the colourful fall colours that surround us to tell us that fall is definitely here. With all the leaves coming down it's a never ending job of raking. So why not take a break from your fall duties and join us for a Vendors Fall Fair at the John J. Nugent Fire



Hall here in Sydney Mines. On Saturday, 28th. October Andrew's Presbyterian Church will be hosting a Vendor's Fall Fair at the Sydney Mines Fire Hall from 10 p.m. to 2 p.m.

"In April of this year St. Andrew's Stewardship Committee decided to try something new and did a Spring Fling" said Rita Johnston. "It was a great success and over a hundred people attended". "So when some of the vendors from the Spring Fling contacted me to ask if they could have another one in the fall, we decided to do it all over again."

We have a lot of Vendors attending our Fall Fair like Avon, Epicure, Voxxlife, 5th Avenue Jewellery, Local Knitting, Sea glass Art, Tupperware and much, much more. Also the ladies of St. Andrew's will be busy baking up a storm for their Bake Table which will feature everything from cookies, loaves, cakes, tea biscuits and more.

Admission will be \$2 and you will receive a ballot to enter a draw for a basket of goodies composed of products from all of the vendors. We will also be serving complimentary tea and coffee that will warm you on a cold fall day.

So give yourself a break and come and join us at the John J. Nugent Fire Hall in Sydney Mines for our VENDOR'S FALL FAIR on Saturday, October 28th, at 10 a.m. to 2 p.m. You will definitely find something you will like.

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

C.B.R.M. COMMUNITY NEWS

Upcoming Theatre Pub OCT 21 - Joel Young is back at 4 pm - Full Circle hits the stage at 10 pm

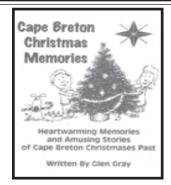
OCT 28 - It's our Halloween celebration with The Ashbys at 4 pm and then Bad Kitty Parties at 10 pm

NOV 04 - Doug Johnson is on at 4 pm - The PRIVA-TEERS are on stage at 10pm (Tickets are \$15 and on sale now at the Pub)

BREAKFAST BRUNCH

Last Sunday of every month
Big Bras d'Or Fire Hall - OCT. 28
9:00 am - 12 noon - Sponsored By
"Friends of Big Bras d'Or Fire Hall"
1390 Old Route #5 - Big Bras d'Or
Adults \$8.00 - Children \$4.00
EAT IN or TAKE OUT

Some News Items courtesy of Swing Over The Mountain Newlsletter - email - http://sotmnews.weebly.com



JUST IN TIME FOR CHRISTMAS - Just **\$4.95** Buffetts Office Supplies North Sydney The Perfect Stocking Stuffer



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12 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad, 4 rolls

PLUS TAX \$34.9



18 PIECE CHICKEN

Large Fries, Med. Gravy, Med. Salad, 6 rolls

PLUS TAX **\$42.25**

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SOME NEWS ITEMS IN THIS
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WINGS & BEER \$10

ALL DAY/NIGHT - TUES & FRI "BEST WINGS IN CAPE BRETON"

THIS SATURDAY NIGHT, OCT. 21 @ 10PM

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PEPPER & PEARL FRIDAYS - 10:00 - 2:00 AM

BINGO - TUESDAY - 8 PM

Hall Rental Available - 736-3206

BINGO Jackpot \$**750.00**+ BINGO Tues. 8 PM Bigger Games & Prizes

NORTHSIDE & AREA COMMUNITY NEWS ITEMS

BIG BRAS d'OR FIRE HALL

45s Card Game will be back on Monday, September 11th at 7:00 pm. Pre-School Play Group Tuesdays from 10 am til noon.

Line Dancing - Thursday 7:00 pm sharp - 8 pm, Fee \$5.00.

This will run through October so that you still have lots of time to make it stick.

562Cabot Squadron Air Cadets in North Sydney is now accepting new members!

We meet every Tuesday from 6:15 pm-8:30 pm in the Ferrisview Elementary School Gym. Feel free to stop by for more information or to sign up or call (902)567-7692!

EMERA CENTRE NEWS



New Years Dance - CLOCK-WORK from 10 - 2 am - Finger Foods available.

NOV. 25th - Privateers - High Society - 10 - 2am - \$17.50

OCTOBER IS NATIONAL LIBRARY MONTH

CONTACT INFORMATION

GLEN GRAY, EDITOR PHONE 902-564-9022

Email Address

glengray@kleeradio.com

Send Your Birthday Wishes To Us At

thisweek@kleeradio.com

For the latest and most comprehensive list of local events, logon to www.musiccapebreton.com Mike Little updates his listings each week.

Heart & Stroke Foundation EXERCISE CLASS

Every Monday at 1:30 at the Sydney Mines seniors & Pensioners Club, 6



Fraser Avenue, Sydney Mines.

MUNRO CRAFTERS **ANNUAL CRAFT SALE**

The Munro Crafters Guild Annual Craft Sale will be held at the Bras d'Or Fire Hall on Saturday, November 4th from 10 am - 5 pm and on Sunday, November 5th from 11 am - 4 pm.

CRAFTERS MEETING - The Munro Crafters Guild members will meet at the Crafters Classroom at the Boularderie School at 2 pm. **NOTE** the change in

BOULARDERIE FOOD BANK

The shelves are getting bare at the Food Bank and donations may be dropped off at any of the Churches on Boularderie Island or the Boularderie School.

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SENIORS BINGO

The Regular SUNDAY after- B I N G O 7 | 25 | 44 | 57 | 62 noon Bingo re- 15 22 40 50 70

sumes. There will 11 30 46 74 be an Afternoon 2 28 37 55 68 BINGO Game at 10 27 39 59 75

the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY AFTERNOON

TIME: 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Sunday afternoon and maybe wine some prizes. Hope to see vou all there.

NORTHSIDE MINOR **HOCKEY 50/50 DRAW**

The Northside Minor Hockey Association winner of the weekly 50/50 Draw was Melanie & Dianne and the amount was \$10.070. Thank you for your continued support.

FREE PUBLICITY for your event, fund raiser etc. thisweek@kleeradio.com

www.kleeradio.com

Royal Canadian Legion **Branch 83 - Florence**



P00L

TOURNAMENT

Every Wednesday

EVERY THURSDAY 8:00 pm - CASH PRIZES SATURDAY NIGHT **KITCHEN**

PARTY with THE CIRCLE from 7:00 - 10:00

BREAKFAST

EVERY SUNDAY FROM 9:00 - 12:00

Adults \$7.50 - Kids \$5.00

Election Officers Oct. 18 MIXED DARTS Sun. 6:30

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NORTHSIDE COMMUNITY NEWS ITEMS



NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - Every Thursday, 1:00 - 3:00 pm, everyone welcome.

STORYTIME Returns Saturday at 2:30.

BABIES & BOOKS - Fridays from 10 11 - newborn to 17 monrths.

PRE SCHOOL STORYTIME - ages 3 - 5, 10:30 - Registering Now 794-3272.

READING TOGETHER CLUB for grades 2 - 3 and 4 - 6
registerng now

TODDLER TIME - Wednesdays, 18 months - 3 years.

BOOK CLUB October 18 at 2:00 pm.

VIMY RIDGE presentation October 26th.

CRAVING CHANGE WORK-SHOP - A How to Workshop for

changing your relationship with food. Understand why you eat

Hosted by Primary Health Care Dietitian Natasha Osmond, RD. - October 20th Learn the 7 stategies for relapse prevention.

SEEKING HUMAN KIND-

NESS - Join us as we share the realities facing vulnerable members of our community and the service providers who work with them.

Wednesday, October 25th - 6:30-8:30 pm. For more information phone the Ally Centre (902) 567-1766.

Cape Breton's Call To Arms And The Cape Breton Highlanders Association

Leonard Boudreau, former Battalion Adjutant with the 2nd Battalion, Nova Scotia Highlanders (Cape Breton) and President of the Cape Breton Highlanders Association will talk about the involvement of Cape Bretoners during WW1 and WW2 including the important Battle of Vimy Ridge 100 years ago,

Learn about the role played by the Cape Breton and Nova Scotia Highlanders during both wars and what has been accomplished through the association they formed upon the return from the battlefields of Italy and Norhtern Europe.

North Sydney Library, 309 Commercial St. Thursday, October 26th - 6:30-8:00 pm.

LET'S TALK MEMORY LOSS

 Do you have questions about Alzheimer's disease or other dementias?

Have you or a family member recently received a dementia diagnosis? If you answered yes to either of the above questions, then this session is for you.

Join us to exchange information and develop friendships with other people on the dementia journey.

The sessions will take place at the Northside Guest Home, 11 Queen Street, North Sydney, on Thursday October 19th at 7:00 pm.

Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2NS 902-736-0301 (Office) 902-736-0411 (Fax)

keithbainmla@bellaliant.com

Disc Golf Comes to the CBRM October 25th At Sydney's Rotary Park - Free To Play Public Course

The game of disc golf has experienced exponential growth over the last 10 years with over 1 million players in North America alone and over 50,000 courses. On Wednesday, October 25th the CBRM Recreation Department will unveil a new free to play public course, the first of it's kind in the area, at Rotary Park in Sydney. With the addition of the course, which shares space with the off leash dog park and leads into the Green Link Trail

system, the site will become a multifaceted recreational area for residents and visitors of all ages.

Similar to the traditional game of golf, disc golf lends itself to many teachable principles from etiquette to trigonometry. It is also a game that is playable by individuals of varied athletic abilities, during all seasons, and for virtually no cost at all.

On Wednesday, October 25th, professional disc golfer and course designer Ben Smith will be on site to demonstrate proper throwing techniques, rules of the game, and give patron the opportunity to play the course with a professional guide. Ben has designed 12 permanent courses in the Maritimes over the last 10 year and is the top ranked disc golfer in Nova Scotia.

"We are really excited to be able to offer another fun free healthy activity to the patrons of the CBRM", says CBRM Recreation Program Coordinator Jonathan Penny. "The site is perfect for disc golf; it is owned and operated by the municipality making it feasible to offer the opportunity to play at no charge. Being on a bus route, and with our soon to be implemented disc golf equipment loan program, it should remove any barriers and make the sport accessible for anyone in the area to play. We are very lucky to have a professional like Ben consult and be part of the whole process, including our course opening."

The opening of the course will take place on Wednesday, October 25th, with public sessions from 9:30 am – 1:30 pm. Official opening will take place at 11am. Restrooms are not available on site, and patrons are encouraged to dress for the weather.

BROOKS LOOP FUN RUN - On Saturday October 21st, 2017 runners are invited to attend the first ever Brooks Loop Fun Run. The run will take place on Saturday October 21st, 2017. Registration for the race will take place at 9:00 am at the Membertou Health and Wellness Centre 95 Maillard St, Membertou. The run starts at 10:00 am, and will be free of charge.

The Brooks Loop network of trails is an initiative of the Baille Ard Recreation Association, Membertou, CBRM Active Transportation, and Heart and Stroke Walk About. For more information contact David Gabriel (902) 565-6171 or visit: bailleardnaturetrails.com/on-the-trails



COMMUNITY NEWS EVENTS

ROBS UNDERGROUND

2 Eliot Street, Sydney Mines

After Work Party 6:00 - 9:00 with Alton MacKinnon -DJ from 10:00 - 2:00 on Saturday, Open Mike Thursday, 8:00 - 11:00 pm.



Help Mabel Celebrate 80 Years

Join us for Tea and Sandwiches on Sunday, November 12th at the Big Bras d'Or Fire Hall from 2:00 - 4:00 pm celebrate Mabel MacEachern's 80th Birthday

See Page 8 for **FREE LAPTOP GIVEAWAY** at **Participating Sponsors**



Community Hymn Sing

A Northside Community Hymn Sing, hosted by Carman United Church Clyde Avenue Sydney Mines, will be held November 5th at 7:00pm . \ Music and special selections by Chalk Dust. Come along and sing your favourite hymns, with fellowship and refreshments to follow. No admission.



DJ JACK COOL **OLDIES SHOW**

7 DAYS A WEEK WWW.KLEERADIO.COM

Christmas **Craft Sale**

Christmas at the "EX" will take place at the Cape Breton Exhibition Grounds on November 4 from 10 - 6 and November 5th from 11 - 4.

The Exhibition is located at 105 Regent Street in North Sydney.

CHRISTMAS BAZAAR & TURKEY BURGER SALE will take place on Saturday, October 28th from 9 am -



2:00 pm at the St. John's Anglican

ment on 28 King Street in North Sydney.

This is an Eat In or Take Out event and includes a Turkey Burger, Salad, Tea or Coffee and Dessert for just \$7.00.

Call 794-3392 to get your ticket. There will also be a Silent Auction and Bazaar. Doors Open at 9:00 am.

Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling

Traditional Music Night

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Sydney Mines Seniors & Pensioners Club News

WEDNESDAY: 45 Card Game & Jackpot, Loonie, Mini Pot, and Even Split. - TIME: 7:30

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Sunday Morning Gospel Radio Show Airs 9 am

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional and contemporary Gospel songs to listen to as you have your Sunday Brunch - Logon. www.kleeradio.com

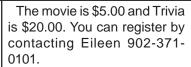


Horror Movie Trivia

The movie "My Bloody Valentine" was shot in Sydney Mines in the 70s.

View the movie and the play the trivia at 8:15.

Children under 12 must be accompanied by an adult.



The movie and trivia will take place at the John J. Nugent Fire Hall in Sydney Mines, Friday, October 20th - 5:30 - 10:00



Marilyn Manson – "Heaven Upside Down" - I'm sure that some evangelical end-of-theworld'ers will look at what's going on around the globe lately and say that the last harbinger of the coming apocalypse is the fact that Marilyn Manson just released a new album. I've read a lot of things written over the years about Brian Warner (his real name) including his autobiography and there's no

denving the fact Marilyn that Manson is shocking, dark, visceral and incredibly controversial. However, to let that stand in the way of listening to this album would be

shame because this is Marilyn Manson's most accessible album ever; there are times when the songs are more like mainstream industrial rock-but don't be fooled by that-there are no kitten or cuddly puppy songs on this album, it is not warm and fuzzy. It is a politically-charged, angry, aggressive and visceral collection that goes for the auditory throat.

The album starts off with the song "Revelation #12", as Marilyn and his band burn through this introduction to what is to follow-and that journey is not for the faint of heart. "We Know Where You (expletive) Live" was the first single released, and even Manson said that he was surprised the record label released it because of the controversial lyrics that touch on drone warfare, global

surveillance and political corruption. It is raw and edgy.

There's a clever play on words for the name of one song here; "Say10", which has a droning 1980's-like synth intro and deepy atmospheric whisperlike vocals by Marilyn, as he ushers in this deep, dark and disturbing opus. FYI-the music video features Johnny Depp. That twisted take on religion (or lack thereof) continues on "Je\$u\$ Cri\$i\$" and "Heaven Upside Down" (of which Marilyn Manson said it was up to the listener to decide what it means) all push the envelope, and challenge the listener into

a forced realization of just how clever Marilyn Manson really is, and how dangerously intelligent as well. Musically the track "Blood Honey" really sounds like a Linkin Park song-that is if Linkin Park were recording during a

halloween-induced nightmare. Marilyn and his band go even deeper on the hard driving song "Saturnalia", which touches on the loss of a loved one (his father), astrology and mythology.

The album closes off with the track "Threats Of Romance" and on this one it's easy to imagine Alice Cooper singing this song. I would not be surprised at all to hear this number on some of the more progressive/current rock radio stations in Canada. It really is a surprise to hear something this close to 'normal' from Marilyn Manson.

They say that there's a fine line between genuis and insanity, and as impressed and intrigued as I was before with the monster Brian Warner created (or became), this album shines a new light on Marilyn Manson-even if it that light has a blood red hue to it.

NORTHSIDE COMMUNITY NEWS



SYDNEY MINES LIBRARY NEWS

We are looking for Pre School participants - every 2nd Wednesday starting October 11th - at 10:30 am.

LEGOS will be starting every 2nd and 4th Tuesday - October 10th at 3:30 and registering now.



Reading Together Club for grades 2 - 3 and 4 - 6 will be held the last 2 Tuesdays of the month for Sydney Mines and North Sydney Librairies.

A few spots left for Book Club, 1st Tuesday every month.

Registration for Babies & Books is on now, every Thursday, 10:30 am - ages infant to 17 months - please call 902-736-3219 to register.

Pre School Storytime for 2 - 4 every 2nd Wednesday 10:30. CRAFTS every Thursday 3:30 pm, ages 5 and up.



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Community News and Local Live Radio Remotes

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Armstrong Memorial Branch #19



ROYAL CANADIAN LEGION NORTH SYDNEYArchibald Avenue - North Sydney

CHASE THE ACE JACKPOT - \$28,056 CRIB GAME - Every Thursday - 7:00 PM

REMEMBRANCE DAY - Flag Raising October 26th at the Cenotaph

POPPYCAMPAIGN - Friday, October 27th TOWN POPPY BLITZ - November 4th - 10 am November 11th - Breakfast for Participants ONLY 8:00 - 9:30

Parade Fall In 10:15 SERVICE at St. John's Anglican Church

794-4816 - 794-7482 - Members & Guests

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Sat., Oct. 21 - BANDIT - 10:00 - 2:00 - \$5.00 Cover



OCT. 27th & 28th IALLOWEEN PARTY

DJ - PRIZES AWARDED \$5.00 - Monies all go towards Prizes





CLANSMAN MOTEL

Dress For The Cause October 20th - 2 - 4 pm CAUS



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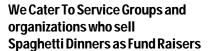
TUESDAYS Buy one dessert pie and get a half dozen tea biscuits FREE! - WEDNESDAYS - Buy one dozen squares and get a half dozen FREE!

THURSDAYS - Buy half dozen pork pies get a half dozen cookies FREE! - Every week until Christmas, with the purchase of \$10 or more, you will receive a ballot for a chance to win a \$50 credit towards your holiday baking order. Each of the 10 draws - one per week - will only include entries from that particular week.

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FRI. - SAT. 11 am - 12 am

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Large Fries, Med. Gravy, Med. Salad, 4 rolls PLUS TAX

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