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Denturist

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295-2516



FREE

THIS WEEK

CBRM COMMUNITY NEWS ITEMS

FREE

VOL. 8 - NO. 11 - MARCH 14th - 2018

WEBSITE
www.kleeradio.com

AROUND THE TOWN Local News Items

We've been very lucky to dodge the **Nor Easter** storms that have ravaged the U.S. in the past few weeks but I guess our luck has run out... Spring officially arrives in Cape Breton on **March 21st** which is not too far away, hopefully we can get through without too much snow... and, speaking of Spring, The North Sydney Garden Club invites the public to celebrate their **60th anniversary** on Saturday, April 14, from 2:00 - 4:00 pm at the CB Exhibition, Regent Street in North Sydney - lots of pictures will be on display and light refreshments will be served - **K-LEE RADIO** will broadcast live from the show with hosts Glen Gray and Robert O'Hearn.... As well, **K-LEE RADIO** would like to say a special Thank You to **Bianchini's Pizza** in North Sydney for their hospitality during our recent live broadcast from their pizzeria, we appreciate your assistance... the **Johnny Miles Festival** organizers are actively seeking volunteers to help them plan the upcoming event in August and to help with the staging of the Festival, if you would like to become a part of the Festival,

(CONTINUED ON PAGE 4)



RALPH IVEY'S

Auto Repair Ltd. and Muffler Man

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WINTER SERVICING**



IF WE CAN'T DO IT - IT CAN'T BE DONE!

93 KING STREET
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794-7500

Royal Canadian Legion
Branch 83 - Florence



POOL

TOURNAMENT

Every Wednesday

BINGO EVERY THURSDAY

8:00 pm - CASH PRIZES

SATURDAY NIGHT

KITCHEN

**PARTY with
THE CIRCLE**

from 7:00 - 10:00

BREAKFAST

EVERY SUNDAY FROM
9:00 - 12:00

Adults \$7.50 - Kids \$5.00

FLEA MARKET April 7

736-9740 - 736-2746

736-6313

CLANSMAN MOTEL



Chicken

Wing Night

SATURDAYS

Best Wings on The Northside!

**Vegan Choices
Available
Seniors &
Children's Menu**

BREAKFAST

DAILY 7 AM

TOP OF PEPPETT STREET - NORTH SYDNEY - 794-7226

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565-6798 - 736-1405

NORTHSIDE COMMUNITY NEWS ITEMS

SENIORS BINGO

The Regular SUNDAY afternoon Bingo resumes. There will be an Afternoon

BINGO					
7	25	44	57	62	
15	22	40	50	70	
11	30	46	74		
2	28	37	55	68	
10	27	39	59	75	

BINGO Game at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines.

WHEN: SUNDAY AFTERNOON

TIME: 2:00 pm

COST: - \$2.00 entry card DAUBERS ONLY - MONEY GAMES Come out and spend a wonderful Sunday afternoon and maybe win some prizes. Hope to see you all there - Jackpot \$700+ on 51 #'s or play through. Loonie Game and Jackpot Game.

CHASE THE ACE

Sydney Mines Seniors & Pensioners Club - By your tickets all week at the Club, Florence Legion or the Florence Community Centre. You do not have to be present to win.

The draw will take place Saturday Night at the Seniors Club, Fraser Ave., in Sydney Mines at 10:00 pm. All tickets will be the same color. \$5.00 each, 3 for \$10.00 - 8 for \$20.00. Estimated Jackpot \$2,300.

St. Patrick's Fun Day

Will be held at the Sydney Mines Seniors & Pensioners Club, March 16th from 1:00-4:00 Local Talent and music, light Lunch provided, no children.

HAM & SALAD DINNER

Will be held at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue, Sydney Mines, April 13th, with dessert - \$10.00 per person - Take Out 11 - 1 and Eat In 4 - 6 pm.

CONTACT INFORMATION

GLEN GRAY, EDITOR

PH: 902-564-9022

Email Address

glengray@kleeradio.com

North Sydney Fire Hall

THURSDAY NIGHT -

After Work Party Kitchen open from 5:00 - 9:00 pm, music by Ernie, Todd & Wade, from 6:00 - 9:00.

FREE ADMISSION, come on out for a good evening of music and food thus week's Special is Clubhouse & Fries \$8.95.

St Patricks Day Dance - Mar. 17 - FULL CIRCLE - \$5.00.

GOOD FRIDAY - Fish & Chips - Take Out only - \$10.00 per person, Free Delivery, 12 - 6 pm

OPEN EASTER WEEKEND Regular hours including Good Friday and Easter Sunday



EASTER SENIORS NOTICES

PLEASE NOTE - The Regular Sunday Bingo at the Sydney Mines Seniors & Pensioners Club will **NOT** be held on Easter Sunday but will take place Easter Monday.

The Regular Sunday Tarabish Game will **NOT** be held Easter Sunday

45s CARD GAME

The Bras Seniors & Pensioners Club is hosting a 45s Card Game every Thursday at their Clubrooms in Bras d'Or.

A light lunch will be served and there are three Jackpots to be won along with Door Prizes. It all starts at 7:30 pm.



BRANCH 008 LEGION NEWS

Karaoke every Friday 9 - 1 with Pepper & Pearl. BINGO every Tuesday at 8:00 o'clock.

St. Paddy's Day Dinner and Dance - March 17th - Roast Beef Supper - \$12.00 per ticket, meal 7:00 - 8:30 - Music by Tommy Capstick.

Fish Supper - Good Friday on March 30th, tickets must be purchased early.

FREE SKATING - sponsored by Branch 008 - Saturday, March 17 - 11:00-12:30 at the Sydney Mines Community Arena.



DJ JACK COOL OLDIES SHOW

7 DAYS A WEEK

WWW.KLEERADIO.COM

Sydney Mines Seniors & Pensioners Club Community News

SUNDAY NIGHTS at 7:30 we have tarabish, everyone is welcome. 1st, 2nd and 3rd place Prizes are awarded.

MONDAY AFTERNOON - at 1:00 - Exercise Classes, everyone is welcome.

MONDAY NIGHT - at 7:30 - FUN NIGHT for members only.

WEDNESDAY - 7:30 45s Card Game 1st, 2nd, 3rd

Community Tax Assistance - March 28 from 9 - 11 am and April 4 and April 18 from 9 - 11. First come, first served.

DOWNLOAD IRISH MUSIC FROM OUR WEBSITE
www.kleeradio.com

FREE PUBLICITY for your event, fund raiser etc.
thisweek@kleeradio.com



Keith Bain

MLA -Victoria-The Lakes

1415 Highway 105, Bras d'Or, NS, B1Y 2N5

902-736-0301 (Office)

902-736-0411 (Fax)

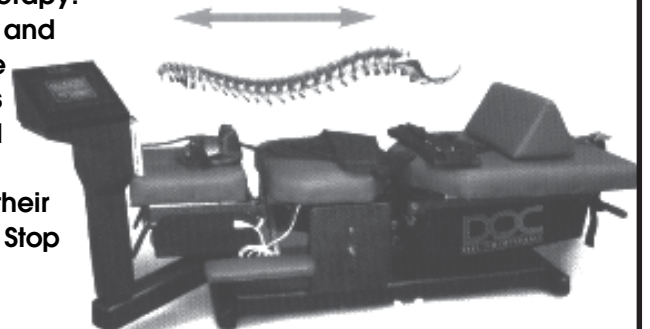
keithbainmla@bellaliant.com

NEW DECOMPRESSION TABLE RELIEVES PAIN

Darren Strong from Strong Chiropractic, announces a new, sophisticated computerized decompression table that allows the spine to be gently stretched and relaxed for spinal decompression therapy.

The pattern of alternating pulling and relaxing creates vacuum-like pressure which allows disc material that was herniated or protruded to be pulled back in the disc over time.

Patients will notice a reduction of their pain during these treatment sessions. Stop in today and ask about the new table and how you can benefit.



793 Mahon St., New Waterford - 862-9444 224 Commercial St. North Sydney - 241-9444

NORTHSIDE COMMUNITY NEWS

SATURDAY DANCE

The Sydney Mines & Pensioners Club will host a **SATURDAY DANCE** from 8:00 - 12:00 pm in their Clubrooms 6 Fraser Avenue in Sydney Mines. The cost of the Dance is just \$3.00 and it is open to the public.

Music will be provided by Ray Petrie & Friends.

Come out to our Club, 6 Fraser Avenue in Sydney Mines and have a great night every Saturday. Canteen Service and Bar Service is available.

NORTHSIDE MINOR HOCKEY 50/50 DRAW

The Northside Minor Hockey Association winner of the weekly 50/50 Draw was Nichole Keeping and the amount was \$9,862. Thank you for your support.

COUNTRY JAMBOREE

A Country Jamboree will be held every Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm. There is free admission and it is for 19 years and over.



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12" Garlic Fingers
1 Litre Pop

\$27.50 TAX INCLUDED



18" PIZZA (Combo or CP)
14" Garlic Fingers
2 Litre Pop

\$33.50 TAX INCLUDED

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Med. Fries, Med. Gravy, Med. Salad, 3 rolls
PLUS TAX **\$24.95**

12 PIECE CHICKEN
Large Fries, Med. Gravy, Med. Salad, 4 rolls
PLUS TAX **\$36.45**

18 PIECE CHICKEN
Large Fries, Med. Gravy, 2 Med. Salad, 6 rolls
PLUS TAX **\$45.99**

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11:00 AM - 10:00 pm
PHONE

902-736-9496



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ROYAL CANADIAN LEGION - SYDNEY MINES - 736-3206

PEPPER & PEARL FRIDAYS - 10:00 - 2:00 AM

BINGO - TUESDAY - 8 PM

STARTING MARCH 20 - 7:30 PM

Hall Rental Available - 736-3206

BINGO
Jackpot
\$1,300.00+

BINGO Tues.
8 PM
Bigger Games & Prizes

ELLIOT STREET PLAZA



Traditional Music Night - every Thursday at the Blue Mist Beverage Room in Bras d'Or - The very best of Cape Breton fiddling. Stop by for great Cape Breton fiddling.

BIG BRAS D'OR FIRE HALL - 45s card Game 7 pm, Pre-School Play Group Tuesday 10 am - noon, Line Dancing Thursday 7 pm sharp - Fee \$5.00. Come and join the fun.



NORTH SYDNEY MINOR BASEBALL REGISTRATION for all returning and new players - Saturday, April 7, 14, 21 - 1:00-4:00 pm. at the North Sydney Fire Hall, Pierce Street, North Sydney.

North Sydney Minor Baseball will register all children who do not have an organized league in their communities - Coxheath and surrounding areas. For further information, call Gordie MacDonald 794-3889 or Joe Skinner 794-7073.



AROUND THE TOWN

(CONTINUED FROM PAGE 1)

see **page 6** for contact information, this is a great Festival for the community... 60th Anniversary of the **North Sydney Garden Club** and they will have a Flower Show, their 60th anniversary on Saturday, April 14, from 2:00 - 4:00 pm at the **CB Exhibition**, Regent Street in North Sydney, **K-LEE RADIO** will broadcast live from this event... The **Florence Legion** is sponsoring a **Flea Market** on Saturday, April 7 from 10:00 - 12:00 - 8 foot tables are \$5.00 and 6 foot tables are \$4.00 - To book a table, please call 736-9740 or 736-2746 - Canteen Services will be available....**NORTH SYDNEY MINOR BASEBALL REGISTRATION** for all returning and new players - Saturday, April 7, 14, 21 - 1:00-4:00 pm. at the North Sydney Fire Hall, Pierce Street, North Sydney... A **Country Jamboree** will be held every Saturday evening at the Army-Navy Hall in Bras d'Or from 7:00 - 10:00 pm. There is **free admission** and it is for 19 years and over... The Northside 4 **Chase The Ace Jackpot** is starting to grow at **\$28,500** ... Don't forget the **Breakfast Brunch** Last Sunday of every month - Big Bras d'Or Fire Hall, **MARCH 25TH**, 9 am - 12 pm - Sponsored By The Friends of the Big Bras D'Or Fire Hall....The Boularderie Mammo Warriors will **bake for you** and you'll be helping the Cancer Patient Fund - It all takes place at Fitzgerald's Restaurant in Bras d'Or on **Saturday, March 31st**...Join us at the **Mayflower Mall** on Saturday March 17 from 11am to 3 pm to see what camp programs are **available to your child** this summer, see **page 6** for details... I would like to take this time to wish all those who are of Irish descent a very **Happy St. Patrick's Day** on Saturday, March 17th... **FREE COOKING CLASSES** - Sponsored by the Seniors Council, Big Bras d'Or Community Centre, Sunday, April 8th from 1:00 - 5:00 pm at the **Ross Ferry Fire Hall** - April 15th - 1:00 - 5:00 pm - Cook Healthy and easy food with chef Lars Willum... **Rockstar Karaoke** - Robs Underground Entertainment - Sydney Mines - Thursday, **March 8th** at 8:00 PM... We'd like to welcome a new community sponsor to our paper, **Hair Masters**, located at 26 Archibald Avenue in North Sydney, see **page 8** for full story... **FREE PUBLICITY** - If your club or organization is looking for some Free promotion, simply email us the details and we'll see that they get into our paper - email us with your event info - thisweek@kleeradio.com



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Robs Underground Entertainment - Sydney Mines,
MARCH 15 - Shawn Cox Trio @The Underground
7:00 pm - ST. PATRICK'S DAY PARTY
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NORTH SYDNEY LIBRARY NEWS

FIBRE LUNCH - Every Thursday, 1:00 - 3:00 pm.

Storytime - Saturdays at 2:30, all are welcome.

CHRONIC PAIN GROUP meets March 15th from 2:00 - 4:00 pm - all are welcome.

FUN CRAFT WITH THE PEEPS - Ages 6 and up use marshmallow "Peeps" with various craft projects. It takes place on Friday, March 16 from 1:30-3:30, all supplies provide. Registration required for this program.

MARCH 21 - World Water Day, 10 am - ACAP Mascot will be on hand with water bottles and t-shirts.

BABIES & BOOKS - March 23 - 10 am, infant to 18 months.

Back Room is available for non profit groups free of charge.

BREAKFAST BRUNCH

Last Sunday of every month
Big Bras d'Or Fire Hall
MARCH 25TH, 2017
9 am - 12 pm

Sponsored By The Friends of the Big Bras D'Or Fire Hall
1390 Old Route #5, Big Bras d'Or
Adults \$8.00 - Children \$4.00

EAT IN or TAKE OUT

Bowl For Kids

Big Brothers/Big Sisters of Cape Breton's Bowl/Billiard for Kids will be held March 8th on the Northside. Details to come! For more information call 902-564-5437

Easter Bake Sale With Flowers - March 31

The Boularderie Mammo Warriors will bake for you and you'll be helping the Cancer Patient Fund.

It all takes place at Fitzgerald's Restaurant in Bras d'Or on Saturday, March 31st.

Happy St. Patrick's Day
March 17th
from
KLEE RADIO



HOCKEY NIGHT at the Branch 008 Legion, Sydney Mines will be held March 17th at 8:00 pm. Fish Supper - ticket only, buy early.

Buy a pool for a chance to win a Montreal or Toronto jersey.

The winner will be the last second of the winning goal in Regulation Time.

Come out and enjoy a night of rivalry and fun.

60th Anniversary Flower Show In North Sydney - April 14th

The North Sydney Garden Club invites the public to celebrate their 60th anniversary on Saturday, April 14, from 2:00 - 4:00 pm at the CB Exhibition, Regent Street in North Sydney.

Lots of pictures will be on display and light refreshments will be served.

K-LEE RADIO will broadcast live from the EX with music, information and Trivia Giveaways, with hosts Glen Gray and Robert O'Hearn.

All are welcome, drop in to chat with club members, old and new.



The Florence Legion is sponsoring a Flea Market on Saturday,

April 7 from 10:00 - 12:00.

8 foot tables are \$5.00 and 6 foot tables are \$4.00.

To book a table, please call 736-9740 or 736-2746.

Canteen Services will be available.

MOTORISTS - Watch for enthusiastic students on March Break



NORTHSIDE COMMUNITY NEWS

NORTH SYDNEY FIBRE LUNCH - Wilfred Oram Centennial Library - North Sydney - Thursday Mar 15 at 1:00 PM - 3:00 PM - Drop in with your fibre craft project and join us every Thursday for conversation and a cup of tea. Everyone is welcome.

ROCKSTAR KARAOKE - Robs Underground Entertain-

ment - Sydney Mines - Robs Underground Entertainment Thursday, March 15 at 8:00 PM Drop by and play some tunes.

MARCH 16 - Shawn Cox Trio @ The Underground after work party Friday at 7:00 PM



www.kleeradio.com

YOUR FREE SODUKO WEEKLY PUZZLE

	6				7
	7	1			3
1					8
8			4	5	2
			3		8
	5		6		
4	2	7			
	5		9		3 6

You can also get your Daily Soduko Puzzle and Crossword Puzzle by logging on to - www.kleeradio.com and clicking on the FEATURES Page. Also included is a DAILY FREE SOFTWARE giveaway. Logon today to get yours FREE!!

Please join us at the Clansman Motel Dining Room on Thursday, March 15th for a pre-St. Patrick's Day show featuring the very best of Irish and Celtic Music.

Glen Gray and Robert O'Hearn will host the show from 1:30 - 4:00 pm with lots of trivia Giveaways for St. Patrick's Day. We invite you to stop by for a delicious meal and join in the fun and Irish music!!



TATTOO EXPO Aug. 5 & 6th



Armed Maiden Tattoo Parlor is proud to present Cape Breton's very First Annual Maiden Cape Breton Tattoo Expo.

It will be held August 5th and 6th at the Emera Centre in North Sydney.

This is a family friendly event that is being held over 2 days and will include live tattooing, celebrity tattoo artists, contests, awards, entertainment and food/beverages ages 19+ on site.

Camp Day at the Mall

Join us at the Mayflower Mall on Saturday March 17 from 11am to 3 pm to see what camp programs are available to your child this summer.

This inaugural event, organized by the Camping Association of NS & PEI, will help you see what your local options are, allow you to meet some of the people who run the camps, join mailing lists for news about registration, and possibly even register on the spot!

Camps attending include:

- Camp Bretondean**
- Camp MacLeod**
- Cape Breton Bible Camp**
- Coastal Roots Camp**
- YMCA Day Camp**

HOUSE CLEANERS - Two

ladies willing to clean your house in the Northside area. Call Emily (902) 560-2340



NORTHSIDE COMMUNITY NEWS

FREE COOKING CLASSES -

Sponsored by the Seniors Council, Big Bras d'Or Community Centre, Sunday, April 8th from 1:00 - 5:00 pm at the Ross Ferry Fire Hall.

April 15th - 1:00 - 5:00 pm - Cook Healthy and easy food with chef Lars Willum.

Email address to register larswillum@ns.sympatico.ca or phone Lars (902) 674-0895 to register.

Rockstar Karaoke - Robs Underground Entertainment - Sydney Mines - Thursday, March 15th at 8:00 PM

AFTER WORK PARTY:

Dickey Finney, Kyle Laffin, Dave MacNeil - Emera Centre - N. S. Credit Union Community Room - Friday, Mar. 16, - 6:00 - 10:00



VOLUNTEERS
Volunteers Wanted for the upcoming Johnny Miles Festival, the first week of August.

The Committee is busy now with preparations for this community event and are asking the public for new volunteers members to assist with the planning and operation of the festival.

If you would like to join this community Festival project, please email the organizers at the addresses listed below -

mardina@ns.sympatico.ca
goodsofwood@hotmail.com

HAPPY ST. PATRICK'S DAY MARCH 17th from K-LEE RADIO



email us - thistweek@kleeradio.com

If you like **Sudoku Puzzles**, logon to our website and enjoy a **Daily Puzzle** along with a new **Daily Crossword Puzzle** - Logon Features at - www.kleeradio.com

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EXERCISE CLASS

Monday at 1:00 pm, no charge and open to the public at the Sydney Mines Seniors & Pensioners Club, 6 Fraser Avenue.



Northside 4 Chase The Ace Jackpot is now at \$28,500.

Draw is on Sunday

SEE THIS WEEK'S TAX TIPS ON PAGE 8

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Sunday Morning Gospel Radio Show Airs 9 am

For those of you who like to start Sunday morning off with some inspirational music, we have just the thing for you.

Tune in on Sunday mornings at 9 am when host Pierre Chiasson presents a one hour show of the best in traditional and contemporary Gospel songs to listen to as you have your Sunday Brunch - Logon to us at www.kleeradio.com

For the latest and most comprehensive list of local events, logon to - www.musiccapebreton.com

Mike Little updates his listings each week.



Mark Eyking MP
Sydney - Victoria



500 Kings Road, Sydney
902.567.6275
mark.eyking.c1@parl.gc.ca

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Take 2
 with Paul Power

My "Take 2" column is all about finding lesser known, not mainstream, occasionally bizarre, weird or just wonderful eye-treats for the viewing screen of your choice, and last week I mentioned I was going to look at what to many is the worst movie ever made-"The Room".

It was released in 2003 and was written, directed, and produced by Tommy Wiseau-who also acts in the lead role of Johnny, along with Gregory Sestero (Mark) and Juliette Danielle (Lisa). The storyline is about a love triangle between Johnny, his fiancée Lisa and his best friend Mark. So, after hearing about this flick I thought; let's have a gander".



So, how is this movie? It's a massive pile of-'rhymes with hit'. The movie is definitely a vanity project for Wiseau, which is ironic because he is the worst thing about the film. His acting is atrocious; Wiseau has a nervous-like giggle that he ends sentences with, especially when the actor's reaction should be upset or concern. That's made all the worse by Wiseau's accent (at times he claimed that he's from France, and from New Orleans but others have stated that he is from an Eastern block country-which would explain the accent) not that others from those countries sound bad, but Wiseau definitely does.

The dialogue from the other actors is terrible, and this gives the movie the feel of an 'after school' flick, or a 1970's drive-in film that has some gratuitous nudity and a choppy narrative, as

other characters come and go, leaving the viewer thinking "WTF?"

Based on a stage play that takes place in one room-the film's actual "room" is so phony looking that you can see where imitation marble columns don't even touch the walls behind them, and in one scene the wall shakes when the door is closed! The movie's ending is so cheesy that I wanted to check the end credits to see if Kraft sponsored it.

Wiseau did submit the completed film to Paramount Pictures-and it normally takes about 2 weeks for the studio to get back to a producer-they rejected the movie within 24 hours.

I'll let you in on a little secret; this column is a bit of a ruse. I wanted to write about James Franco's latest movie "The Disaster Artist" (which is mostly about Wiseau and this movie) but knew that I should watch "The Room" first. "The Disaster Artist" movie is also based on the memoir written by Gregory Sestero about his life, time with Wiseau and the making of "The Room".

However, in the end Tommy Wiseau gets the last laugh as his movie became a cult-classic, with late night screenings where some audience members show up dressed as their favourite actors-similar to "The Rocky Horror Picture Show", and an A-List Hollywood actor is now portraying him. So next week it's "The Disaster Artist". Happy viewing!

NORTHSIDE COMMUNITY NEWS

SYDNEY MINES LIBRARY NEWS

We are looking for Pre School participants - every 2nd Wednesday at 10:30 am, ages 2 to 4.

LEGOS is open every 2nd and 4th Tuesday.

Last Babies & Books is Thursday, 10:30 am - ages infant to 17 months - will restart April 12th

AFTER SCHOOL CRAFTS every Thursday 3:30-4:30 pm

Playing the very best in Cape Breton, Celtic and Newfoundland Music - 24 Hours A Day - 7 Days a Week - tune in at - www.kleeradio.com

A Night Out Of The Nunnery

This event will be held on April 21 from 7:00 - 10:00 pm at the Emera Centre, North Sydney.

It will be the same intimate, laugh-filled evening with entertainment, auctions and Chef Mike Black's fabulous hor d'ouvres.

Tickets go on sale March 31 at 9 am at the Easter Bake Sale with Flowers, Fitzgerald's Restaurant.

The cost is \$40.00, women 19 and over. The Boularderie MammaWarriors are raising money for the Cape Bfeton Cancer Patient Fund.

K-LEE RADIO AT FLOWER SHOW - The North Sydney Garden Club will hold their Anniversary Open House at the "EX", North Sydney on April 14th and K-LEE RADIO will be there to broadcast - stop by!!

 **Canadian Cancer Society** **Société canadienne du cancer** **March Is Colorectal Cancer Awareness Month**
 VISIT - <http://www.colorectal-cancer.ca>

Armstrong Memorial Branch #19
 **ROYAL CANADIAN LEGION NORTH SYDNEY**
Archibald Avenue - North Sydney
Ladies Darts Monday at 7:00 pm
Cribbage Game Thursday - 7 pm
794-4816 - 794-7482 - Members & Guests

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TAX TIPS 2017

Direct Deposit is Faster!

The Government of Canada is switching to direct deposit for all payments that it issues. Direct deposit is convenient, reliable, and secure, and it saves taxpayers money!

When you are filing your taxes this season, bring in your banking information. Your account information is on your personal cheques or online account. If you can't find the information, call or visit your financial institution and request your direct deposit information.

If you provide your banking information before you file your taxes, we can submit it with your taxes and it will take effect immediately. With eFile and Direct Deposit you can have your money in your bank account in about 6 business days. The tax returns are automatically deposited into your account.

Future CRA payments, including GST refunds will also be direct deposited to the same banking account until such time as you request to stop, or provide alternate banking information.

If you receive at least one of the following payments from the CRA, you can sign up for direct deposit:

- income tax refund
- goods and services tax/harmonized sales tax credit and any similar provincial and territorial payments
- Canada child benefit and any similar provincial and territorial payments
- working income tax benefit
- deemed overpayment of tax

For more information about Direct Deposit or eFile, please speak to your tax professional.



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Hair Masters North Sydney 33 Years Anniversary

It's not often I visit a Hair Salon but Tuesday was a landmark day for me when I stopped by to interview Angela Iannetti in North Sydney.

She has been in the Hair Dressing field for 33 years and now celebrates 23 years at her current location on Archibald Avenue, North Sydney.

Angela outlined her business that includes the usual hair services but she also operates a School of Cosmetology where she teaches 6 students in courses such as Esthetics, Hair Dressing, Nail Technology and Full Cosmetology and Hair Replacement at reasonable prices.

It became evident as we talked that she has a deep and abiding love for the teaching aspect of the business and in the past provided training to students not conversant with English and worked out lesson plans and used translators to allow the student to finish the course with top marks.

She likes to keep the class size at a moderate 6 student limit so that she can work one on one with the students from all over Cape Breton Island.

The length of the various programs run from 12 weeks for Nail Technology to 69 weeks for Cosmetology.

Applicants can apply for funding for these courses through various agencies in Cape Breton.

Tammy Russell-Bradbury whom I met there as well, is planning to offer a mobile cosmetology service when she completes the course.

The mobile idea sprang from a conversation she had with their friend, Nancy Smith, from the North Shore Community Health Centre. The service seemed a natural addition to the services

already being offered.

Cape Breton has a huge aging population and it is not often convenient for seniors to travel especially in rural areas.

Angela has been teaching since 1984 and holds a valid Nova Scotia Teachers Licence and is certified by the Cosmetology Association of Nova Scotia.

Her School is the only full time school operating a Cosmetology Program and her school also includes instruction

in men's hair styling and barbering techniques.

She uses all high end beauty products and her students have the very latest in products and an updated resource library.

Angela also adds community outreach service with projects such as the North Shore service and Under 1 Umbrella community volunteer services. Her school also supplies cookies shaped like poppies for Remembrance Day and this has blossomed to about 400 participants.

The students in the various courses participate in placement programs at local establishments and recently one of her students Lisa Walters, who graduated went immediately to the Curl Up and Dye Salon. Another student, Kristen Morrison is planning to open her own shop in the near future.

None of this success would be possible without the vision and determination required to succeed in today's competitive business environment.

Angela Iannetti has that in spades and you will see for yourself when you visit her at 26 Archibald Avenue in North Sydney

